



Erik Schlimmer
EXPERIENCER
THERAPY



1
00:00:07,910 --> 00:00:04,950
[Music]

2
00:00:09,669 --> 00:00:07,920
[Applause]

3
00:00:11,170 --> 00:00:09,679
[Music]

4
00:00:13,950 --> 00:00:11,180
okay

5
00:00:29,589 --> 00:00:13,960
[Applause]

6
00:00:33,510 --> 00:00:30,550
hey

7
00:00:35,750 --> 00:00:33,520
this is another episode of ufo garage

8
00:00:39,670 --> 00:00:35,760
i'm ben and i'm joe and this is where we

9
00:00:41,830 --> 00:00:39,680
talk about ufos aliens and all things

10
00:00:44,389 --> 00:00:41,840
weird

11
00:00:45,590 --> 00:00:44,399
heck yeah welcome back it's another

12
00:00:46,869 --> 00:00:45,600
thursday

13
00:00:50,069 --> 00:00:46,879

how you doing

14

00:00:51,910 --> 00:00:50,079

hey man i'm doing good i'm feeling funky

15

00:00:53,670 --> 00:00:51,920

i'm feeling

16

00:00:57,189 --> 00:00:53,680

i'm really excited honestly this has

17

00:00:59,750 --> 00:00:57,199

been an exciting week for ufos and uaps

18

00:01:02,950 --> 00:00:59,760

and like it's been interesting right

19

00:01:04,390 --> 00:01:02,960

govern government stuff and

20

00:01:07,910 --> 00:01:04,400

you know there's words there's better

21

00:01:08,630 --> 00:01:07,920

words for that but doing like things

22

00:01:15,030 --> 00:01:08,640

like

23

00:01:16,149 --> 00:01:15,040

hearings

24

00:01:17,510 --> 00:01:16,159

wow

25

00:01:19,749 --> 00:01:17,520

yeah the subcommittee stuff did you

26

00:01:21,910 --> 00:01:19,759

watch any of it i did i watched a little

27

00:01:24,230 --> 00:01:21,920

bit of it yeah you don't you don't wanna

28

00:01:26,469 --> 00:01:24,240

know what i think dude

29

00:01:29,270 --> 00:01:26,479

i can already tell it's a little sour or

30

00:01:33,830 --> 00:01:31,590

i mean it's not like totally sour it's

31

00:01:34,870 --> 00:01:33,840

first it's sweet no first it's sour then

32

00:01:36,710 --> 00:01:34,880

it's sweet

33

00:01:38,710 --> 00:01:36,720

it's like a sour patch kid

34

00:01:40,230 --> 00:01:38,720

you gotta think on it for a little bit

35

00:01:42,149 --> 00:01:40,240

and then you're like okay it was a

36

00:01:43,270 --> 00:01:42,159

little sweet it was a little it was a

37

00:01:45,429 --> 00:01:43,280

little sweet

38

00:01:47,109 --> 00:01:45,439

we had fun we had fun didn't it's candy

39

00:01:51,030 --> 00:01:47,119

we had a good time we had a good time

40

00:01:51,040 --> 00:01:54,789

i mean that's kind of what

41

00:02:00,149 --> 00:01:56,870

that's the whole problem right

42

00:02:05,429 --> 00:02:00,870

when

43

00:02:06,469 --> 00:02:05,439

did you did you notice that moment where

44

00:02:20,550 --> 00:02:06,479

they were like

45

00:02:26,630 --> 00:02:23,510

never heard

46

00:02:28,949 --> 00:02:26,640

oh he was a really important person nope

47

00:02:31,589 --> 00:02:28,959

sorry yeah you know edgar mitchell

48

00:02:33,910 --> 00:02:31,599

fast or not uh yeah i don't even i don't

49

00:02:34,830 --> 00:02:33,920

know oh no no that actually oh i was i

50

00:02:36,790 --> 00:02:34,840

thought you were talking about the

51
00:02:38,470 --> 00:02:36,800
bakery like the whole time in their head

52
00:02:39,670 --> 00:02:38,480
they were like yeah we know exactly what

53
00:02:41,030 --> 00:02:39,680
you're talking about that was a

54
00:02:42,390 --> 00:02:41,040
different department so i'm going to

55
00:02:46,790 --> 00:02:42,400
tell you no because it's not my

56
00:02:48,070 --> 00:02:46,800
department yeah no we had no

57
00:02:51,830 --> 00:02:48,080
we didn't even

58
00:02:53,030 --> 00:02:51,840
like hey

59
00:02:54,229 --> 00:02:53,040
that's what they should have done like

60
00:02:55,670 --> 00:02:54,239
hey

61
00:02:57,350 --> 00:02:55,680
dude

62
00:02:59,910 --> 00:02:57,360
okay

63
00:03:02,149 --> 00:02:59,920

i was like i was nervous like for them

64

00:03:03,430 --> 00:03:02,159

like my stomach started to hurt

65

00:03:04,790 --> 00:03:03,440

yeah like when he kept trying to show

66

00:03:06,070 --> 00:03:04,800

the video

67

00:03:08,470 --> 00:03:06,080

and the guy that was like pausing the

68

00:03:10,070 --> 00:03:08,480

video kept missing the ufo

69

00:03:11,589 --> 00:03:10,080

and he was like well and they were like

70

00:03:12,470 --> 00:03:11,599

is this the best you got and he was like

71

00:03:14,790 --> 00:03:12,480

well

72

00:03:17,030 --> 00:03:14,800

i mean yeah but wait wait until you see

73

00:03:18,390 --> 00:03:17,040

it hold on wait till you see it and then

74

00:03:19,830 --> 00:03:18,400

like they just rambled for a little bit

75

00:03:21,830 --> 00:03:19,840

he was like oh did you see it they were

76

00:03:23,350 --> 00:03:21,840

like no we didn't see it what made me

77

00:03:24,789 --> 00:03:23,360

feel better about my

78

00:03:26,869 --> 00:03:24,799

i mean i'm pretty good at computers but

79

00:03:29,030 --> 00:03:26,879

like just the live like on and on

80

00:03:30,869 --> 00:03:29,040

switching and playing like internet

81

00:03:33,030 --> 00:03:30,879

issues like dude i totally get where the

82

00:03:34,789 --> 00:03:33,040

frustration is like like i was watching

83

00:03:36,710 --> 00:03:34,799

yesterday's uh

84

00:03:38,630 --> 00:03:36,720

episode i guess right i mean it's pretty

85

00:03:41,110 --> 00:03:38,640

much an episode but they were showing a

86

00:03:42,630 --> 00:03:41,120

video it was like a five minute silence

87

00:03:44,949 --> 00:03:42,640

and all you could hear like the audio

88

00:03:46,869 --> 00:03:44,959

had just broken for everyone so it was

89

00:03:49,509 --> 00:03:46,879

just like one dude with a button and he

90

00:03:50,949 --> 00:03:49,519

just kept

91

00:03:53,190 --> 00:03:50,959

he was like he was like sorry i usually

92

00:03:56,070 --> 00:03:53,200

do this on a high-powered cia quantum

93

00:03:58,390 --> 00:03:56,080

computer and uh i wasn't ready for the

94

00:04:00,949 --> 00:03:58,400

for the courtroom laptop he was like do

95

00:04:03,270 --> 00:04:00,959

it

96

00:04:05,350 --> 00:04:03,280

i did kind of i felt bad for him for for

97

00:04:06,789 --> 00:04:05,360

some of the the technical issues but he

98

00:04:08,229 --> 00:04:06,799

was like you're making me look dumb in

99

00:04:10,630 --> 00:04:08,239

front of my friends

100

00:04:12,789 --> 00:04:10,640

not in front of me friends mom stop it

101
00:04:15,270 --> 00:04:12,799
he was like i'm trying

102
00:04:16,710 --> 00:04:15,280
and i mean dude the pressure's on it's

103
00:04:18,629 --> 00:04:16,720
not like you're giving a presentation in

104
00:04:21,189 --> 00:04:18,639
front of your your your

105
00:04:23,030 --> 00:04:21,199
i don't know college classroom

106
00:04:25,270 --> 00:04:23,040
like it's like the world like this is

107
00:04:27,590 --> 00:04:25,280
the most interesting topic in the world

108
00:04:29,430 --> 00:04:27,600
i think i think it was just like it was

109
00:04:31,270 --> 00:04:29,440
just weird right because it's like okay

110
00:04:33,990 --> 00:04:31,280
guys this is the first time you're gonna

111
00:04:35,590 --> 00:04:34,000
talk to the public in 50 years about

112
00:04:39,110 --> 00:04:35,600
this this subject

113
00:04:40,230 --> 00:04:39,120

no pressure they had like this crazy

114

00:04:42,390 --> 00:04:40,240

video

115

00:04:45,749 --> 00:04:42,400

and they were like

116

00:04:47,670 --> 00:04:45,759

like we want this entire thing to be

117

00:04:49,350 --> 00:04:47,680

about transparency and then they're like

118

00:04:52,230 --> 00:04:49,360

all right the session's over we'll

119

00:04:53,749 --> 00:04:52,240

continue the session off air

120

00:04:55,909 --> 00:04:53,759

they like kept talking about the cool

121

00:04:56,950 --> 00:04:55,919

[h__h] yeah like that's what i wanted to

122

00:04:58,469 --> 00:04:56,960

hear

123

00:04:59,510 --> 00:04:58,479

was the cool [h__h] all they all they did

124

00:05:01,270 --> 00:04:59,520

was say like

125

00:05:03,430 --> 00:05:01,280

remember earlier when we told you we

126

00:05:06,070 --> 00:05:03,440

were seeing something

127

00:05:07,670 --> 00:05:06,080

we're totally seeing stuff

128

00:05:09,029 --> 00:05:07,680

we'll be back after these messages and

129

00:05:12,870 --> 00:05:09,039

then that's what the whole thing was it

130

00:05:16,230 --> 00:05:12,880

was like almost two hours of yeah

131

00:05:21,430 --> 00:05:18,629

you know i i it's so hard to do

132

00:05:25,430 --> 00:05:21,440

everything perfect especially especially

133

00:05:27,830 --> 00:05:25,440

especially when you're like in a uh um

134

00:05:28,629 --> 00:05:27,840

a role of authority

135

00:05:30,310 --> 00:05:28,639

like

136

00:05:32,710 --> 00:05:30,320

everything's under a microscope you

137

00:05:34,870 --> 00:05:32,720

can't do everything perfect but i think

138

00:05:37,189 --> 00:05:34,880

i think overall like the the

139

00:05:39,670 --> 00:05:37,199

representation i mean like the judges

140

00:05:41,029 --> 00:05:39,680

have a heart a hard uh job there because

141

00:05:43,510 --> 00:05:41,039

like everybody's watching their facial

142

00:05:46,230 --> 00:05:43,520

expression like waiting like oh

143

00:05:47,670 --> 00:05:46,240

oh did his eyebrows raise oh oh or

144

00:05:49,270 --> 00:05:47,680

do you think sometimes it's hard because

145

00:05:51,110 --> 00:05:49,280

like sometimes they're like i don't know

146

00:05:52,230 --> 00:05:51,120

they won't tell me

147

00:05:54,469 --> 00:05:52,240

they have to like come up with some

148

00:05:56,870 --> 00:05:54,479

excuses like well

149

00:05:58,950 --> 00:05:56,880

there's just you know the air but it

150

00:05:59,830 --> 00:05:58,960

belongs to us so

151
00:06:02,070 --> 00:05:59,840

you know

152
00:06:03,909 --> 00:06:02,080

dude that's that's one of the the parts

153
00:06:05,670 --> 00:06:03,919

that really got me man is like some of

154
00:06:08,070 --> 00:06:05,680

the reasons why

155
00:06:09,909 --> 00:06:08,080

they haven't come out and and given some

156
00:06:11,830 --> 00:06:09,919

of this information and and that you

157
00:06:13,189 --> 00:06:11,840

know the people representing us the

158
00:06:15,029 --> 00:06:13,199

people that are they're like well why

159
00:06:19,270 --> 00:06:15,039

haven't you said anything and everybody

160
00:06:22,950 --> 00:06:21,430

whatever agency they're like well we

161
00:06:25,749 --> 00:06:22,960

can't tell you because the way that we

162
00:06:28,469 --> 00:06:25,759

found out or like the way that we saw it

163
00:06:30,950 --> 00:06:28,479

for whatever sensor if anybody found out

164

00:06:33,430 --> 00:06:30,960

that we're using windows 98 you know

165

00:06:35,670 --> 00:06:33,440

we'll get hacked so like i

166

00:06:38,309 --> 00:06:35,680

it's it's a tough it's a

167

00:06:39,189 --> 00:06:38,319

hard place man i know yeah it's like you

168

00:06:41,270 --> 00:06:39,199

just

169

00:06:43,430 --> 00:06:41,280

it's national security that's the end of

170

00:06:46,390 --> 00:06:43,440

it you know marshall sher carter

171

00:06:48,790 --> 00:06:46,400

uh well speaking of speaking of uh

172

00:06:51,189 --> 00:06:48,800

national security national national

173

00:06:52,230 --> 00:06:51,199

security and the most interesting topic

174

00:06:54,070 --> 00:06:52,240

in the world

175

00:06:56,150 --> 00:06:54,080

uh we have a guest tonight his name is

176

00:06:59,350 --> 00:06:56,160

eric schimmer

177

00:07:00,550 --> 00:06:59,360

uh i'm stoked dude to talk to somebody

178

00:07:01,350 --> 00:07:00,560

that has

179

00:07:03,749 --> 00:07:01,360

uh

180

00:07:06,950 --> 00:07:03,759

that is in a field a respectable field

181

00:07:09,350 --> 00:07:06,960

dealing with um with experiencers uh

182

00:07:11,110 --> 00:07:09,360

yeah and so i'm excited man let's

183

00:07:13,430 --> 00:07:11,120

welcome on the guest

184

00:07:16,309 --> 00:07:13,440

eric

185

00:07:17,749 --> 00:07:16,319

good evening gentlemen nice suit jackets

186

00:07:19,830 --> 00:07:17,759

thank you thank you

187

00:07:21,670 --> 00:07:19,840

we saw that you were coming in hot so

188

00:07:24,550 --> 00:07:21,680

ben and i were like hey

189

00:07:27,270 --> 00:07:24,560

i own one of these that i got for

190

00:07:29,350 --> 00:07:27,280

halloween four years ago and then a pair

191

00:07:30,870 --> 00:07:29,360

of khakis that my mom bought for me when

192

00:07:33,670 --> 00:07:30,880

somebody died

193

00:07:36,150 --> 00:07:33,680

like no years ago what happened is

194

00:07:37,830 --> 00:07:36,160

eric messaged us in the private chat

195

00:07:41,350 --> 00:07:37,840

and it says great to see you two got

196

00:07:41,360 --> 00:07:45,909

i'm sitting here like

197

00:07:51,670 --> 00:07:48,070

well you notice i didn't say nice suits

198

00:07:53,510 --> 00:07:51,680

i just said nice new jackets yeah

199

00:07:55,350 --> 00:07:53,520

missing some components yeah that's all

200

00:07:57,029 --> 00:07:55,360

we got i don't even know if i could fit

201

00:07:58,629 --> 00:07:57,039

in those khakis anymore

202

00:08:01,270 --> 00:07:58,639

no i still have them to be honest with

203

00:08:02,710 --> 00:08:01,280

you never worn them

204

00:08:04,869 --> 00:08:02,720

either way it's great to be here thanks

205

00:08:06,869 --> 00:08:04,879

for having me hey yeah man i'm excited

206

00:08:09,830 --> 00:08:06,879

to to kind of get into this and kind of

207

00:08:11,670 --> 00:08:09,840

see how you got into this and like you

208

00:08:13,270 --> 00:08:11,680

know it's it's always it's always random

209

00:08:15,430 --> 00:08:13,280

usually when people kind of end up into

210

00:08:17,270 --> 00:08:15,440

this kind of stuff you know he's like

211

00:08:19,110 --> 00:08:17,280

who would have thought but then you know

212

00:08:20,790 --> 00:08:19,120

like once you get into it and you start

213

00:08:22,790 --> 00:08:20,800

you start actually thinking about it you

214

00:08:24,629 --> 00:08:22,800

know you get a you start to gain a whole

215

00:08:26,710 --> 00:08:24,639

new perspective on the on the whole

216

00:08:29,110 --> 00:08:26,720

topic and it's it's it's pretty

217

00:08:31,029 --> 00:08:29,120

interesting so so how about you man how

218

00:08:32,630 --> 00:08:31,039

did you kind of fall into this is this

219

00:08:34,070 --> 00:08:32,640

something you've always been into or is

220

00:08:37,029 --> 00:08:34,080

it kind of just

221

00:08:38,790 --> 00:08:37,039

you know plopped in your lap

222

00:08:40,870 --> 00:08:38,800

uh

223

00:08:43,750 --> 00:08:40,880

no my history with this field doesn't

224

00:08:45,350 --> 00:08:43,760

really go back far uh i really started

225

00:08:47,670 --> 00:08:45,360

looking into it about

226

00:08:50,550 --> 00:08:47,680

maybe 18 months ago

227

00:08:52,550 --> 00:08:50,560

uh when i was in college i actually met

228

00:08:55,430 --> 00:08:52,560

stan friedman because he came to my

229

00:08:57,110 --> 00:08:55,440

college and spoke and i was kind of into

230

00:08:58,790 --> 00:08:57,120

uaps back then of course everybody was

231

00:09:01,430 --> 00:08:58,800

calling them ufos

232

00:09:06,150 --> 00:09:01,440

and uh it's pre-internet this was like

233

00:09:08,949 --> 00:09:06,160

in 2000 and uh maybe 1999 and there was

234

00:09:10,389 --> 00:09:08,959

a local paper where you'd find out where

235

00:09:11,829 --> 00:09:10,399

the concerts were and stuff like that

236

00:09:13,910 --> 00:09:11,839

and it said stan friedman's coming to

237

00:09:16,070 --> 00:09:13,920

town and i had heard of him i actually

238

00:09:16,949 --> 00:09:16,080

knew who he was and i went and saw him

239

00:09:18,790 --> 00:09:16,959

speak

240

00:09:20,790 --> 00:09:18,800

at the ballroom uh this is where i was

241

00:09:24,070 --> 00:09:20,800

getting my master my bachelor's degree

242

00:09:26,310 --> 00:09:24,080

in upstate new york saw him speak and

243

00:09:28,310 --> 00:09:26,320

totally cool you know i like stanton

244

00:09:29,670 --> 00:09:28,320

friedman because he had he looked like a

245

00:09:31,350 --> 00:09:29,680

mad scientist

246

00:09:33,350 --> 00:09:31,360

you know yeah like he's

247

00:09:35,030 --> 00:09:33,360

just glare in his eyes his hair was

248

00:09:37,110 --> 00:09:35,040

always kind of messy and his suit cost

249

00:09:38,389 --> 00:09:37,120

like you know nineteen dollars

250

00:09:41,430 --> 00:09:38,399

and uh

251

00:09:46,310 --> 00:09:41,440

totally cool dude what's that uh sharp

252

00:09:47,110 --> 00:09:46,320

you know oh yeah very very sharp uh and

253

00:09:49,110 --> 00:09:47,120

uh

254

00:09:51,110 --> 00:09:49,120

i met him afterwards and just came up to

255

00:09:53,030 --> 00:09:51,120

him and that's what i do if a speaker is

256

00:09:54,550 --> 00:09:53,040

really good i'll just come up shake

257

00:09:55,430 --> 00:09:54,560

their hand say hey thanks for a great

258

00:09:57,509 --> 00:09:55,440

evening

259

00:09:59,990 --> 00:09:57,519

and i saw are you a student here and

260

00:10:01,910 --> 00:10:00,000

just really approachable

261

00:10:03,430 --> 00:10:01,920

mellow dude you know for a guy who goes

262

00:10:04,550 --> 00:10:03,440

around speaking and he's a nuclear

263

00:10:07,990 --> 00:10:04,560

physicist

264

00:10:10,630 --> 00:10:08,000

surprisingly just mellow normal guy

265

00:10:12,790 --> 00:10:10,640

and then that was it and nothing

266

00:10:15,670 --> 00:10:12,800

happened after that i didn't read any

267

00:10:18,550 --> 00:10:15,680

books and wasn't an interest of mine i

268

00:10:19,430 --> 00:10:18,560

had other interests at the time uh but

269

00:10:22,069 --> 00:10:19,440

then

270

00:10:24,630 --> 00:10:22,079

uh june i think it was june

271

00:10:26,710 --> 00:10:24,640

2020 or june 2019

272

00:10:29,350 --> 00:10:26,720

bob lazar appeared on

273

00:10:31,509 --> 00:10:29,360

joe rogan's podcast and i occasionally

274

00:10:32,949 --> 00:10:31,519

tune in to joe rogan i had never heard

275

00:10:35,750 --> 00:10:32,959

of bob lazar

276

00:10:37,590 --> 00:10:35,760

and he was there with jeremy corbell

277

00:10:40,230 --> 00:10:37,600

and you know anybody who's seen the

278

00:10:41,750 --> 00:10:40,240

lazar interview you're just like

279

00:10:44,310 --> 00:10:41,760

all right there's one or two things

280

00:10:45,110 --> 00:10:44,320

going on this guy this is totally made

281

00:10:47,269 --> 00:10:45,120

up

282

00:10:49,350 --> 00:10:47,279

or if this is true this

283

00:10:51,670 --> 00:10:49,360

is blowing my mind

284

00:10:53,670 --> 00:10:51,680

and i watched it twice in a row

285

00:10:56,389 --> 00:10:53,680

and everybody has their own opinion i

286

00:10:57,829 --> 00:10:56,399

believe bob lazar i think his story is

287

00:10:59,829 --> 00:10:57,839

totally legit

288

00:11:02,389 --> 00:10:59,839

after that i learned about the nimitz

289

00:11:04,949 --> 00:11:02,399

encounter with david fravor

290

00:11:07,509 --> 00:11:04,959

and fravor you must believe you know

291

00:11:10,069 --> 00:11:07,519

super high caliber guy has no reason to

292

00:11:11,430 --> 00:11:10,079

make it up waited until he was retired

293

00:11:13,110 --> 00:11:11,440

to talk about it

294

00:11:15,430 --> 00:11:13,120

and as they say the rest is history

295

00:11:17,750 --> 00:11:15,440

since then i've been devouring

296

00:11:20,710 --> 00:11:17,760

journal articles layperson articles

297

00:11:22,949 --> 00:11:20,720

anything i could find on twitter a bunch

298

00:11:25,350 --> 00:11:22,959

of books watching podcasts appearing on

299

00:11:27,110 --> 00:11:25,360

podcasts i'm totally immersed and could

300

00:11:29,269 --> 00:11:27,120

not be happier

301
00:11:30,949 --> 00:11:29,279
that's awesome dude yeah so we actually

302
00:11:33,269 --> 00:11:30,959
we actually got a guy in the chat right

303
00:11:34,389 --> 00:11:33,279
now mr jim goodall who's who's

304
00:11:36,470 --> 00:11:34,399
like

305
00:11:38,069 --> 00:11:36,480
really good friends with bob lazar he's

306
00:11:40,150 --> 00:11:38,079
like yeah yeah

307
00:11:43,190 --> 00:11:40,160
i believe him

308
00:11:45,829 --> 00:11:43,200
yeah what a what a fascinating story and

309
00:11:47,269 --> 00:11:45,839
you know i i couldn't really think of a

310
00:11:49,350 --> 00:11:47,279
reason

311
00:11:51,430 --> 00:11:49,360
why he would make it up you know from a

312
00:11:53,350 --> 00:11:51,440
therapist perspective you would probably

313
00:11:56,069 --> 00:11:53,360

make it up if you had some kind of

314

00:11:58,310 --> 00:11:56,079

personality disorder like histrionics

315

00:12:00,949 --> 00:11:58,320

where you just need a lot of attention

316

00:12:02,389 --> 00:12:00,959

or narcissism where i need to always be

317

00:12:03,990 --> 00:12:02,399

better than everybody else so i'll just

318

00:12:05,670 --> 00:12:04,000

tell the best story in the universe that

319

00:12:06,710 --> 00:12:05,680

nobody will believe

320

00:12:07,990 --> 00:12:06,720

and

321

00:12:09,670 --> 00:12:08,000

you know the other reason would be

322

00:12:11,990 --> 00:12:09,680

financial motivation but i'm under the

323

00:12:14,310 --> 00:12:12,000

impression he hasn't made a lot of money

324

00:12:16,069 --> 00:12:14,320

so it seems like pretty innocent reasons

325

00:12:18,389 --> 00:12:16,079

to share this story so

326

00:12:19,910 --> 00:12:18,399

i'm on board with lazar could be proven

327

00:12:21,269 --> 00:12:19,920

false but for right now i think it's

328

00:12:22,069 --> 00:12:21,279

true

329

00:12:25,110 --> 00:12:22,079

wow

330

00:12:26,550 --> 00:12:25,120

yeah all in all it's a it's a

331

00:12:28,870 --> 00:12:26,560

i mean let's be honest it's just like a

332

00:12:30,870 --> 00:12:28,880

really cool story and it is one of those

333

00:12:33,990 --> 00:12:30,880

like stories that definitely will hook

334

00:12:35,190 --> 00:12:34,000

you you're like wait a second what you

335

00:12:36,790 --> 00:12:35,200

know

336

00:12:39,269 --> 00:12:36,800

so what i did

337

00:12:41,430 --> 00:12:39,279

what i'm so interested dude is your your

338

00:12:43,670 --> 00:12:41,440

perspective eric uh being a licensed

339

00:12:46,230 --> 00:12:43,680

therapist i mean you've you you're

340

00:12:47,910 --> 00:12:46,240

probably pretty caught up on psychology

341

00:12:49,829 --> 00:12:47,920

and like knowing

342

00:12:51,110 --> 00:12:49,839

the ways of the mind you hit on a few

343

00:12:52,949 --> 00:12:51,120

things with like the difference between

344

00:12:54,870 --> 00:12:52,959

a narcissist and you said some other

345

00:12:56,949 --> 00:12:54,880

term that i'm not familiar with yeah

346

00:12:59,590 --> 00:12:56,959

it's a rare word histrionics it has

347

00:13:02,550 --> 00:12:59,600

nothing to do with history it's just

348

00:13:04,629 --> 00:13:02,560

flamboyant behavior it's the loud person

349

00:13:06,470 --> 00:13:04,639

in the restaurant it's the one who's

350

00:13:08,310 --> 00:13:06,480

always saying woe is me

351

00:13:10,069 --> 00:13:08,320

anything for attention and they're

352

00:13:11,590 --> 00:13:10,079

always blowing things out of proportion

353

00:13:12,550 --> 00:13:11,600

histrionics

354

00:13:14,310 --> 00:13:12,560

damn

355

00:13:17,430 --> 00:13:14,320

i'm like self-diagnosing right now i'm

356

00:13:19,670 --> 00:13:17,440

like i know well check check

357

00:13:20,790 --> 00:13:19,680

i remember that one time

358

00:13:32,710 --> 00:13:20,800

yeah

359

00:13:34,310 --> 00:13:32,720

i'm so excited to just learn more about

360

00:13:36,710 --> 00:13:34,320

that i'm i've always been very

361

00:13:38,710 --> 00:13:36,720

interested in psychology and just like

362

00:13:41,030 --> 00:13:38,720

what makes us tick and everybody's a

363

00:13:42,949 --> 00:13:41,040

little different and we're kind of all

364

00:13:44,629 --> 00:13:42,959

categorized into

365

00:13:48,230 --> 00:13:44,639

different types of thinking and acting

366

00:13:50,629 --> 00:13:48,240

and interacting with our our reality and

367

00:13:53,110 --> 00:13:50,639

because i'm so focused and and what me

368

00:13:55,590 --> 00:13:53,120

what joe and i do is uh interview people

369

00:13:58,069 --> 00:13:55,600

that have had experiences it often has

370

00:14:00,790 --> 00:13:58,079

it does have a lot to do with the mind

371

00:14:04,069 --> 00:14:00,800

so i'm very interested in your thoughts

372

00:14:06,310 --> 00:14:04,079

on uh on how the phenomenon and

373

00:14:08,150 --> 00:14:06,320

experiencers how does like i'm just

374

00:14:09,910 --> 00:14:08,160

putting a puzzle piece together

375

00:14:12,550 --> 00:14:09,920

what is uh what's the kind of the first

376

00:14:15,430 --> 00:14:12,560

puzzle piece that you have put together

377

00:14:18,389 --> 00:14:15,440

between the link between uh experiencers

378

00:14:22,949 --> 00:14:20,389

yeah and it is

379

00:14:26,150 --> 00:14:22,959

like you said it's extremely

380

00:14:28,790 --> 00:14:26,160

complex and it's very challenging for a

381

00:14:31,750 --> 00:14:28,800

therapist so i currently work with

382

00:14:33,910 --> 00:14:31,760

two experiencers which is pretty good i

383

00:14:35,829 --> 00:14:33,920

have a caseload typically of about 40 or

384

00:14:37,910 --> 00:14:35,839

45 clients

385

00:14:41,189 --> 00:14:37,920

and they found me on twitter which was

386

00:14:44,389 --> 00:14:41,199

the whole point of me creating my uap

387

00:14:45,590 --> 00:14:44,399

therapist persona a few months ago

388

00:14:48,150 --> 00:14:45,600

so

389

00:14:50,230 --> 00:14:48,160

it's a it's a i'll give you an example

390

00:14:53,509 --> 00:14:50,240

about how this is

391

00:14:56,150 --> 00:14:53,519

very difficult for a therapist

392

00:14:58,710 --> 00:14:56,160

to sort through okay so i'll i'll give

393

00:15:00,230 --> 00:14:58,720

you a real life example of a former

394

00:15:03,350 --> 00:15:00,240

client okay

395

00:15:05,750 --> 00:15:03,360

this client was very superstitious

396

00:15:07,430 --> 00:15:05,760

and he had what we call magical thinking

397

00:15:09,189 --> 00:15:07,440

so magical thinking

398

00:15:12,949 --> 00:15:09,199

and we have another term similar is

399

00:15:15,269 --> 00:15:12,959

fortune telling where events will happen

400

00:15:18,310 --> 00:15:15,279

and to me and you it's it's just a

401
00:15:20,069 --> 00:15:18,320
benign event it doesn't really mean

402
00:15:21,990 --> 00:15:20,079
anything it could be random chance it

403
00:15:23,829 --> 00:15:22,000
could be nothing special at all like

404
00:15:25,590 --> 00:15:23,839
maybe two white cars are driving down

405
00:15:28,310 --> 00:15:25,600
the highway side by side

406
00:15:29,430 --> 00:15:28,320
but some people will think this has some

407
00:15:32,230 --> 00:15:29,440
kind of

408
00:15:35,829 --> 00:15:32,240
special meaning which leads to other

409
00:15:38,389 --> 00:15:35,839
events which have additional meaning so

410
00:15:39,990 --> 00:15:38,399
in this case a client came to my office

411
00:15:42,790 --> 00:15:40,000
and they were

412
00:15:44,069 --> 00:15:42,800
i can tell exactly the client's mood

413
00:15:45,670 --> 00:15:44,079

when i see him in the waiting room you

414

00:15:47,269 --> 00:15:45,680

could just tell by the facial expression

415

00:15:48,870 --> 00:15:47,279

in their body language and he seemed

416

00:15:51,829 --> 00:15:48,880

kind of

417

00:15:52,710 --> 00:15:51,839

shaken i said hey what's going on

418

00:15:55,350 --> 00:15:52,720

and

419

00:15:57,430 --> 00:15:55,360

as he walked to the office you know as

420

00:15:59,670 --> 00:15:57,440

you come up to an intersection there's a

421

00:16:00,710 --> 00:15:59,680

little walk dude he says oh go go ahead

422

00:16:01,829 --> 00:16:00,720

and walk and you probably won't get it

423

00:16:04,310 --> 00:16:01,839

run over

424

00:16:06,389 --> 00:16:04,320

he got four of those in a row

425

00:16:08,790 --> 00:16:06,399

okay so he walked up and it was just

426

00:16:10,870 --> 00:16:08,800

time to cross to me and you it's like

427

00:16:13,670 --> 00:16:10,880

well i don't know i mean

428

00:16:15,189 --> 00:16:13,680

it probably doesn't happen very often

429

00:16:17,350 --> 00:16:15,199

but it's totally

430

00:16:18,710 --> 00:16:17,360

possible okay but that

431

00:16:21,189 --> 00:16:18,720

he thought had some kind of special

432

00:16:24,790 --> 00:16:21,199

meaning for him specifically

433

00:16:27,189 --> 00:16:24,800

which led him to pass certain people on

434

00:16:29,350 --> 00:16:27,199

the sidewalk down the road

435

00:16:31,509 --> 00:16:29,360

that he would have missed

436

00:16:33,670 --> 00:16:31,519

if he had one of the signs telling him

437

00:16:35,509 --> 00:16:33,680

to stop so you can see that one event

438

00:16:37,910 --> 00:16:35,519

leads to another event and now meeting

439

00:16:40,150 --> 00:16:37,920

these people has meaning and this that

440

00:16:42,310 --> 00:16:40,160

that that that and maybe if he didn't

441

00:16:44,629 --> 00:16:42,320

interact with the people

442

00:16:46,230 --> 00:16:44,639

um he would order dinner that night and

443

00:16:48,550 --> 00:16:46,240

it would be burned

444

00:16:49,590 --> 00:16:48,560

because he didn't interact with them as

445

00:16:51,430 --> 00:16:49,600

he should

446

00:16:53,350 --> 00:16:51,440

is that an example or is that something

447

00:16:55,749 --> 00:16:53,360

very specific that he actually brought

448

00:16:57,829 --> 00:16:55,759

up like yeah that that that's absolutely

449

00:17:00,069 --> 00:16:57,839

true yeah so that actually happened

450

00:17:01,990 --> 00:17:00,079

right yeah so it's about almost like

451
00:17:04,630 --> 00:17:02,000
predicting future events and then you

452
00:17:05,510 --> 00:17:04,640
have this magical thinking

453
00:17:06,549 --> 00:17:05,520
so

454
00:17:14,470 --> 00:17:06,559
that

455
00:17:15,590 --> 00:17:14,480
it just wasn't a random event the people

456
00:17:17,350 --> 00:17:15,600
we met

457
00:17:19,110 --> 00:17:17,360
didn't know him they wanted nothing to

458
00:17:20,390 --> 00:17:19,120
do with him and sometimes dinner gets

459
00:17:22,470 --> 00:17:20,400
get burned

460
00:17:24,870 --> 00:17:22,480
that's it right it has no meaning right

461
00:17:28,069 --> 00:17:24,880
but working with somebody with

462
00:17:30,230 --> 00:17:28,079
a uap experience they'll tell me about

463
00:17:32,230 --> 00:17:30,240

the experience i have no reason not to

464

00:17:33,909 --> 00:17:32,240

believe them right so it would be

465

00:17:35,669 --> 00:17:33,919

important for a therapist to be very

466

00:17:37,990 --> 00:17:35,679

suspicious and then you have to prove to

467

00:17:40,549 --> 00:17:38,000

me it happened right which by the way a

468

00:17:42,789 --> 00:17:40,559

lot most therapists will do because they

469

00:17:45,270 --> 00:17:42,799

don't know anything about uaps right

470

00:17:47,110 --> 00:17:45,280

right so if somebody has an interaction

471

00:17:48,630 --> 00:17:47,120

with the uap

472

00:17:51,590 --> 00:17:48,640

and then

473

00:17:54,390 --> 00:17:51,600

they maybe have an intense dream

474

00:17:56,230 --> 00:17:54,400

about apocalyptic earth

475

00:17:59,110 --> 00:17:56,240

and nuclear war

476
00:18:02,150 --> 00:17:59,120
and then they wake up with this strong

477
00:18:03,669 --> 00:18:02,160
feeling they know something is in their

478
00:18:06,310 --> 00:18:03,679
bedroom

479
00:18:07,750 --> 00:18:06,320
i don't have the luxury of just

480
00:18:09,110 --> 00:18:07,760
dismissing it

481
00:18:11,990 --> 00:18:09,120
because

482
00:18:14,470 --> 00:18:12,000
the field of uaps is so

483
00:18:16,230 --> 00:18:14,480
weird right

484
00:18:18,950 --> 00:18:16,240
seeing a uap

485
00:18:21,430 --> 00:18:18,960
could lead to an apocalyptic vision

486
00:18:22,870 --> 00:18:21,440
which could lead to thinking that

487
00:18:25,270 --> 00:18:22,880
somebody's in

488
00:18:26,710 --> 00:18:25,280

your home like some kind of being or

489

00:18:28,549 --> 00:18:26,720

some kind of force so it's very

490

00:18:31,830 --> 00:18:28,559

difficult for me

491

00:18:33,430 --> 00:18:31,840

to sort out coincidences

492

00:18:34,470 --> 00:18:33,440

from

493

00:18:37,350 --> 00:18:34,480

um

494

00:18:40,150 --> 00:18:37,360

from future events stemming

495

00:18:42,549 --> 00:18:40,160

from a uap experience and i hope i

496

00:18:45,669 --> 00:18:42,559

explain that well it's just there's so

497

00:18:47,029 --> 00:18:45,679

many additional facets to uaps you know

498

00:18:49,750 --> 00:18:47,039

if somebody says and this has been

499

00:18:52,630 --> 00:18:49,760

reported well i saw uap and then in my

500

00:18:54,310 --> 00:18:52,640

bedroom i saw a dark shadow that walked

501
00:18:56,870 --> 00:18:54,320
through the wall right i've heard

502
00:18:58,789 --> 00:18:56,880
stories like that right

503
00:19:03,990 --> 00:18:58,799
i don't know

504
00:19:06,310 --> 00:19:04,000
if it happened so it's very difficult

505
00:19:08,830 --> 00:19:06,320
for me in this position to sort out

506
00:19:11,110 --> 00:19:08,840
imagination from reality

507
00:19:13,110 --> 00:19:11,120
yeah that's going to be a tough thing

508
00:19:14,950 --> 00:19:13,120
because well you kind of have to take

509
00:19:16,789 --> 00:19:14,960
yourself out of that as a professional

510
00:19:18,310 --> 00:19:16,799
like hey so tell me like instead of

511
00:19:19,909 --> 00:19:18,320
saying hey prove it to me like you said

512
00:19:21,350 --> 00:19:19,919
earlier you can't just say hey prove it

513
00:19:23,830 --> 00:19:21,360

to me

514

00:19:25,830 --> 00:19:23,840

uh how do you approach uh approach that

515

00:19:28,150 --> 00:19:25,840

and dig deeper and and get to those

516

00:19:29,110 --> 00:19:28,160

those those deeper uh details that are

517

00:19:31,990 --> 00:19:29,120

they're like

518

00:19:33,909 --> 00:19:32,000

uh i guess i guess the question is like

519

00:19:35,430 --> 00:19:33,919

are you coming at it from a place of

520

00:19:36,950 --> 00:19:35,440

understanding because you're curious

521

00:19:39,190 --> 00:19:36,960

yourself or like

522

00:19:41,909 --> 00:19:39,200

you're you're almost like

523

00:19:43,350 --> 00:19:41,919

hey i think there's a reason why you're

524

00:19:44,390 --> 00:19:43,360

uh experiencing the things that you're

525

00:19:46,230 --> 00:19:44,400

experiencing in the way that you're

526

00:19:47,750 --> 00:19:46,240

experiencing because of of something

527

00:19:49,830 --> 00:19:47,760

that's in a book and i know exactly how

528

00:19:52,870 --> 00:19:49,840

to diagnose you or or is it something

529

00:19:54,789 --> 00:19:52,880

that we just don't know about yet

530

00:19:57,430 --> 00:19:54,799

right so there's approach that i can use

531

00:19:58,950 --> 00:19:57,440

and and i'm simply looking for evidence

532

00:20:01,190 --> 00:19:58,960

you know it's kind of like being in

533

00:20:02,549 --> 00:20:01,200

court right so if somebody goes to court

534

00:20:03,909 --> 00:20:02,559

and they say hey i think this guy's

535

00:20:06,230 --> 00:20:03,919

following me

536

00:20:08,470 --> 00:20:06,240

the judge doesn't say oh okay and write

537

00:20:10,470 --> 00:20:08,480

a temporary restraining order he says

538

00:20:12,549 --> 00:20:10,480

well why do you think you need to give

539

00:20:14,149 --> 00:20:12,559

me some evidence yeah and so the

540

00:20:17,270 --> 00:20:14,159

treatment model we use looking for

541

00:20:19,830 --> 00:20:17,280

evidence is cognitive behavioral therapy

542

00:20:21,430 --> 00:20:19,840

so if somebody says something to me

543

00:20:23,510 --> 00:20:21,440

that they think

544

00:20:25,110 --> 00:20:23,520

or they believe

545

00:20:27,430 --> 00:20:25,120

basically i'm going to say it's kind of

546

00:20:29,510 --> 00:20:27,440

like a courtroom but much gentler they

547

00:20:31,669 --> 00:20:29,520

say you got to give me some evidence

548

00:20:34,390 --> 00:20:31,679

and so cognitive behavioral therapy is

549

00:20:35,510 --> 00:20:34,400

facts evidence reasoning

550

00:20:36,710 --> 00:20:35,520

logic

551
00:20:39,830 --> 00:20:36,720
intellect

552
00:20:41,830 --> 00:20:39,840
we take out all the feeling i believe no

553
00:20:43,669 --> 00:20:41,840
no we're going to put that over there i

554
00:20:45,909 --> 00:20:43,679
think i feel

555
00:20:49,350 --> 00:20:45,919
let's put those by the side and we just

556
00:20:51,350 --> 00:20:49,360
need facts evidence reasoning logic and

557
00:20:54,230 --> 00:20:51,360
intellect okay

558
00:20:56,070 --> 00:20:54,240
so i may pick up on something

559
00:20:57,270 --> 00:20:56,080
that the client

560
00:21:01,029 --> 00:20:57,280
thinks

561
00:21:03,830 --> 00:21:01,039
is connected to an event or believes

562
00:21:06,630 --> 00:21:03,840
maybe almost in a superstitious way

563
00:21:08,549 --> 00:21:06,640

of why things happen

564

00:21:10,870 --> 00:21:08,559

and to a trained therapist working with

565

00:21:13,510 --> 00:21:10,880

so many people via cognitive behavioral

566

00:21:15,510 --> 00:21:13,520

therapy you can do a pretty good job of

567

00:21:19,430 --> 00:21:15,520

sorting the wheat from the chaff right

568

00:21:21,669 --> 00:21:19,440

the beliefs from the facts but again

569

00:21:23,750 --> 00:21:21,679

this uap stuff i mean the the more i

570

00:21:25,909 --> 00:21:23,760

study it probably like you guys

571

00:21:28,470 --> 00:21:25,919

the more confused i get

572

00:21:31,350 --> 00:21:28,480

the less i knew

573

00:21:33,909 --> 00:21:31,360

it's almost like the more i knew 100

574

00:21:35,909 --> 00:21:33,919

yeah it's ridiculous because

575

00:21:37,830 --> 00:21:35,919

you know at first i was thinking uh all

576

00:21:39,270 --> 00:21:37,840

right uaps are from another planet far

577

00:21:41,430 --> 00:21:39,280

far away all right that's totally

578

00:21:42,950 --> 00:21:41,440

believable but then we have this theory

579

00:21:44,630 --> 00:21:42,960

no no no there are humans from the

580

00:21:46,390 --> 00:21:44,640

future which is the theory i'm going

581

00:21:48,230 --> 00:21:46,400

with and i'm like all right that's

582

00:21:49,990 --> 00:21:48,240

really weird but you still got me on

583

00:21:51,029 --> 00:21:50,000

board with this and now people are

584

00:21:52,549 --> 00:21:51,039

saying oh yeah it's probably from

585

00:21:54,630 --> 00:21:52,559

another dimension and i'm just like

586

00:21:55,750 --> 00:21:54,640

where does this end it's getting really

587

00:21:57,510 --> 00:21:55,760

wacky

588

00:21:58,870 --> 00:21:57,520

yeah and you know it's weird because

589

00:22:01,110 --> 00:21:58,880

like i feel like a lot of people get

590

00:22:04,390 --> 00:22:01,120

hung up you know even i get hung up on

591

00:22:06,310 --> 00:22:04,400

that like uh like was it uh i think john

592

00:22:08,549 --> 00:22:06,320

mack had said you know when he was being

593

00:22:09,750 --> 00:22:08,559

interviewed about you know the sessions

594

00:22:13,590 --> 00:22:09,760

and stuff that he's done with

595

00:22:15,669 --> 00:22:13,600

experiencers and he's like look

596

00:22:17,750 --> 00:22:15,679

i don't know if it's happening but i

597

00:22:21,510 --> 00:22:17,760

believe that what they're

598

00:22:23,029 --> 00:22:21,520

experiencing is 100 percent real and

599

00:22:24,789 --> 00:22:23,039

like he was just like kind of stuck he's

600

00:22:27,190 --> 00:22:24,799

like i can't [h__\h] prove it it's just

601
00:22:29,270 --> 00:22:27,200
like but like i believe that they

602
00:22:31,350 --> 00:22:29,280
believe whatever is happening to them is

603
00:22:33,510 --> 00:22:31,360
happening to them and what do you do

604
00:22:36,149 --> 00:22:33,520
with something that only wants to

605
00:22:38,470 --> 00:22:36,159
interact when it feels like interacting

606
00:22:39,669 --> 00:22:38,480
you know it's like it's like a really

607
00:22:42,070 --> 00:22:39,679
tough

608
00:22:43,830 --> 00:22:42,080
thing to have to like deal with and

609
00:22:46,390 --> 00:22:43,840
it seems like well yeah that's

610
00:22:47,590 --> 00:22:46,400
convenient right but at the same time

611
00:22:49,029 --> 00:22:47,600
like

612
00:22:50,950 --> 00:22:49,039
people have been experiencing this for a

613
00:22:52,870 --> 00:22:50,960

long time like how many people does it

614

00:22:54,470 --> 00:22:52,880

have to happen to like how many of like

615

00:22:55,990 --> 00:22:54,480

the reports do you have to get before

616

00:22:58,470 --> 00:22:56,000

like you know there's just too many

617

00:23:00,070 --> 00:22:58,480

people for it to be crazy you know

618

00:23:02,789 --> 00:23:00,080

yeah and

619

00:23:03,990 --> 00:23:02,799

thankfully and it makes my job a lot

620

00:23:07,669 --> 00:23:04,000

easier

621

00:23:10,310 --> 00:23:07,679

the experiences that i work with

622

00:23:12,390 --> 00:23:10,320

the the theme i get or they'll say it

623

00:23:13,909 --> 00:23:12,400

you know literally they'll say it

624

00:23:15,669 --> 00:23:13,919

is

625

00:23:17,110 --> 00:23:15,679

i can't believe i finally get to tell

626

00:23:19,909 --> 00:23:17,120

somebody

627

00:23:22,230 --> 00:23:19,919

that that's what they want is

628

00:23:23,830 --> 00:23:22,240

validation right and a good therapist

629

00:23:27,270 --> 00:23:23,840

just goes uh-huh

630

00:23:28,470 --> 00:23:27,280

uh-huh and then what okay and then wait

631

00:23:30,390 --> 00:23:28,480

wait you kind of lost me in the story

632

00:23:33,029 --> 00:23:30,400

then could you repeat that okay and

633

00:23:35,510 --> 00:23:33,039

we're kind of going along right because

634

00:23:36,870 --> 00:23:35,520

what they've done is they've probably

635

00:23:39,669 --> 00:23:36,880

confided

636

00:23:41,029 --> 00:23:39,679

in friends or family okay and they're

637

00:23:44,149 --> 00:23:41,039

and they're gonna get

638

00:23:45,990 --> 00:23:44,159

probably two outcomes one is

639

00:23:48,310 --> 00:23:46,000

they think they're crazy right that

640

00:23:50,549 --> 00:23:48,320

never happened and they'll come up with

641

00:23:53,110 --> 00:23:50,559

these pretty lame theories about what

642

00:23:55,990 --> 00:23:53,120

actually happened okay so they feel

643

00:23:57,269 --> 00:23:56,000

dismissed which is really it really

644

00:23:58,950 --> 00:23:57,279

burns them

645

00:24:01,510 --> 00:23:58,960

because maybe they've took

646

00:24:03,350 --> 00:24:01,520

like a year to build up the courage and

647

00:24:05,190 --> 00:24:03,360

the bravery to be like that's it you

648

00:24:08,230 --> 00:24:05,200

know i'm going to tell somebody and they

649

00:24:10,549 --> 00:24:08,240

get shot down okay yeah if they are

650

00:24:14,470 --> 00:24:10,559

believed and i see this with

651
00:24:15,269 --> 00:24:14,480
all my clients not related to uap stuff

652
00:24:18,630 --> 00:24:15,279
is

653
00:24:20,710 --> 00:24:18,640
family members and friends mean well

654
00:24:23,269 --> 00:24:20,720
and they also say dumb things

655
00:24:25,350 --> 00:24:23,279
right so you may say

656
00:24:26,470 --> 00:24:25,360
um

657
00:24:28,149 --> 00:24:26,480
you know

658
00:24:31,430 --> 00:24:28,159
uh

659
00:24:33,669 --> 00:24:31,440
my girlfriend broke up with me and

660
00:24:36,470 --> 00:24:33,679
i'm heartbroken and what do they say

661
00:24:39,110 --> 00:24:36,480
you'll find somebody else

662
00:24:41,190 --> 00:24:39,120
or maybe they say that six months after

663
00:24:42,950 --> 00:24:41,200

the breakup and the friend or family

664

00:24:44,630 --> 00:24:42,960

member will say you can't dwell on it

665

00:24:47,190 --> 00:24:44,640

and by the way the proper response to

666

00:24:50,470 --> 00:24:47,200

that is says who

667

00:24:53,909 --> 00:24:50,480

because people are very uncomfortable

668

00:24:56,310 --> 00:24:53,919

around misery especially other people's

669

00:24:59,430 --> 00:24:56,320

misery right yeah i like when you're

670

00:25:02,149 --> 00:24:59,440

happy don't cry you need to move on

671

00:25:06,310 --> 00:25:02,159

right so even if somebody is

672

00:25:08,870 --> 00:25:06,320

believed for their uap experience

673

00:25:10,870 --> 00:25:08,880

people mean well but it often comes

674

00:25:12,310 --> 00:25:10,880

across as dismissive

675

00:25:14,230 --> 00:25:12,320

right i've got a ques i've got a

676
00:25:16,789 --> 00:25:14,240
question man because this would help me

677
00:25:18,789 --> 00:25:16,799
a lot i mean i think both joey and i

678
00:25:20,789 --> 00:25:18,799
because we've talked to hundreds of of

679
00:25:22,230 --> 00:25:20,799
people that are like

680
00:25:23,510 --> 00:25:22,240
you know sometimes it's it's we're the

681
00:25:26,950 --> 00:25:23,520
only people they've ever told and it's

682
00:25:29,110 --> 00:25:26,960
like live on our show it's very like i i

683
00:25:31,110 --> 00:25:29,120
i just applaud the bravery of

684
00:25:32,950 --> 00:25:31,120
a lot of our uh i guess

685
00:25:34,549 --> 00:25:32,960
yeah so like what's the proper way i

686
00:25:37,590 --> 00:25:34,559
mean i feel like we do a pretty good job

687
00:25:39,350 --> 00:25:37,600
of bringing in humor and stuff but like

688
00:25:40,710 --> 00:25:39,360

what's a good tactic on on instead of

689

00:25:42,950 --> 00:25:40,720

saying hey well you know there's more

690

00:25:44,710 --> 00:25:42,960

fish in the sea or the examples you're

691

00:25:46,149 --> 00:25:44,720

you're kind of explaining

692

00:25:48,230 --> 00:25:46,159

um

693

00:25:50,470 --> 00:25:48,240

in in that case what would be a good uh

694

00:25:52,230 --> 00:25:50,480

a good thing to say uh for also for

695

00:25:54,310 --> 00:25:52,240

those listening like family members and

696

00:25:56,870 --> 00:25:54,320

friends if if you're trying to reach

697

00:25:58,630 --> 00:25:56,880

out to somebody or you're listening to

698

00:26:00,310 --> 00:25:58,640

your own family member like what would

699

00:26:01,510 --> 00:26:00,320

you say if somebody just came up to you

700

00:26:02,390 --> 00:26:01,520

and said

701
00:26:04,950 --> 00:26:02,400
hey

702
00:26:07,510 --> 00:26:04,960
this happened to me

703
00:26:09,110 --> 00:26:07,520
right well to begin with if somebody

704
00:26:11,430 --> 00:26:09,120
wants your advice

705
00:26:13,990 --> 00:26:11,440
the sentence will begin with i would

706
00:26:16,549 --> 00:26:14,000
like your advice

707
00:26:18,149 --> 00:26:16,559
if they don't say that they are not

708
00:26:20,789 --> 00:26:18,159
looking for advice

709
00:26:22,470 --> 00:26:20,799
they're not looking for solutions and

710
00:26:23,669 --> 00:26:22,480
people are naturally

711
00:26:25,830 --> 00:26:23,679
fixers

712
00:26:27,590 --> 00:26:25,840
right yeah oh my god i was a

713
00:26:29,110 --> 00:26:27,600

whistleblower i can't believe i got

714

00:26:31,830 --> 00:26:29,120

fired from my job

715

00:26:34,470 --> 00:26:31,840

oh there's a job fair coming up

716

00:26:35,909 --> 00:26:34,480

they know a job fair is coming up right

717

00:26:36,950 --> 00:26:35,919

they're not looking for advice they're

718

00:26:40,870 --> 00:26:36,960

not looking

719

00:26:43,909 --> 00:26:40,880

for solutions and you guys do a fine job

720

00:26:46,789 --> 00:26:43,919

right and it's just all they want is

721

00:26:48,870 --> 00:26:46,799

somebody to listen it's kind of like

722

00:26:50,630 --> 00:26:48,880

you know if you have a have a spouse

723

00:26:52,549 --> 00:26:50,640

boyfriend girlfriend whatever and they

724

00:26:55,350 --> 00:26:52,559

have a really bad day

725

00:26:57,909 --> 00:26:55,360

uh at work and they come home and

726

00:26:59,750 --> 00:26:57,919

they're doing oh my god i can't stand

727

00:27:02,070 --> 00:26:59,760

working with these people then and then

728

00:27:03,990 --> 00:27:02,080

you know i end up doing their work for

729

00:27:08,070 --> 00:27:04,000

them and

730

00:27:09,990 --> 00:27:08,080

lacie's lacey said what now hmm yeah

731

00:27:10,870 --> 00:27:10,000

oh she did okay

732

00:27:13,750 --> 00:27:10,880

yeah

733

00:27:14,870 --> 00:27:13,760

and so the person they're confiding in

734

00:27:16,870 --> 00:27:14,880

will say

735

00:27:18,389 --> 00:27:16,880

well you know there are other jobs

736

00:27:20,789 --> 00:27:18,399

and the person complaining sometimes

737

00:27:23,350 --> 00:27:20,799

will just say i just want a [h__\h] can

738

00:27:25,590 --> 00:27:23,360

you shut up i just want to complain

739

00:27:27,750 --> 00:27:25,600

that's all i want to do so it's kind of

740

00:27:30,230 --> 00:27:27,760

like if somebody's going to talk about

741

00:27:31,669 --> 00:27:30,240

an odd experience they have maybe around

742

00:27:33,190 --> 00:27:31,679

uaps

743

00:27:34,710 --> 00:27:33,200

they want to tell somebody they're not

744

00:27:36,149 --> 00:27:34,720

looking for advice they're not looking

745

00:27:38,230 --> 00:27:36,159

for solutions they're not looking for

746

00:27:39,909 --> 00:27:38,240

you to interrupt you know what if you

747

00:27:42,549 --> 00:27:39,919

don't know what to say

748

00:27:44,149 --> 00:27:42,559

it's totally fine to say

749

00:27:46,710 --> 00:27:44,159

you know i haven't been there myself but

750

00:27:49,510 --> 00:27:46,720

it sounds rough

751
00:27:52,310 --> 00:27:49,520
done that's all they want is some kind

752
00:27:54,389 --> 00:27:52,320
of validation i can't believe i got fire

753
00:27:56,070 --> 00:27:54,399
from my job yeah i know you liked it i

754
00:27:57,590 --> 00:27:56,080
know you loved it over there dude that

755
00:27:59,190 --> 00:27:57,600
sucks

756
00:28:00,630 --> 00:27:59,200
yeah that's all they want it's it's

757
00:28:02,630 --> 00:28:00,640
actually pretty simple as long as you're

758
00:28:04,070 --> 00:28:02,640
not giving advice and trying to fix

759
00:28:05,350 --> 00:28:04,080
their problem

760
00:28:11,350 --> 00:28:05,360
yeah

761
00:28:13,430 --> 00:28:11,360
do is just like

762
00:28:15,269 --> 00:28:13,440
you're like

763
00:28:19,029 --> 00:28:15,279

thanks

764

00:28:20,149 --> 00:28:19,039

do that

765

00:28:22,549 --> 00:28:20,159

yeah

766

00:28:24,149 --> 00:28:22,559

and this is the thing when people offer

767

00:28:26,470 --> 00:28:24,159

solutions

768

00:28:28,389 --> 00:28:26,480

or advice

769

00:28:29,990 --> 00:28:28,399

they've already thought of that

770

00:28:31,830 --> 00:28:30,000

right they've already thought about

771

00:28:33,110 --> 00:28:31,840

getting another job they've already

772

00:28:35,190 --> 00:28:33,120

thought about

773

00:28:37,510 --> 00:28:35,200

you know creating an online dating

774

00:28:39,510 --> 00:28:37,520

profile to find another girlfriend

775

00:28:42,470 --> 00:28:39,520

they've already thought about that i

776

00:28:45,029 --> 00:28:42,480

mean specific to uap stuff

777

00:28:45,990 --> 00:28:45,039

these people they feel for very good

778

00:28:48,310 --> 00:28:46,000

reason

779

00:28:49,430 --> 00:28:48,320

they cannot talk to

780

00:28:53,990 --> 00:28:49,440

anyone

781

00:28:57,029 --> 00:28:54,000

and um there's no doubt in my mind that

782

00:28:59,110 --> 00:28:57,039

a lot of experiencers have lost

783

00:29:01,430 --> 00:28:59,120

close relationships whether it's

784

00:29:03,830 --> 00:29:01,440

familiar or just friends

785

00:29:05,510 --> 00:29:03,840

i know people who have kind of reached

786

00:29:06,630 --> 00:29:05,520

out to me through twitter not as a

787

00:29:08,549 --> 00:29:06,640

client

788

00:29:10,630 --> 00:29:08,559

but they just wanted to tell me what

789

00:29:12,470 --> 00:29:10,640

happened i get these random messages

790

00:29:14,789 --> 00:29:12,480

from people and you say hey i don't need

791

00:29:16,789 --> 00:29:14,799

you as a therapist but

792

00:29:18,950 --> 00:29:16,799

can i tell you what happened i was like

793

00:29:21,430 --> 00:29:18,960

yeah man that's that's fine just tell me

794

00:29:23,269 --> 00:29:21,440

what's up right because again they have

795

00:29:25,430 --> 00:29:23,279

nobody to talk to i've also received

796

00:29:27,510 --> 00:29:25,440

notes from people they have anonymous

797

00:29:29,510 --> 00:29:27,520

twitter accounts because they don't want

798

00:29:31,669 --> 00:29:29,520

their employer to find out

799

00:29:34,710 --> 00:29:31,679

people can actually become quite vicious

800

00:29:37,350 --> 00:29:34,720

against uap experiencers

801
00:29:40,789 --> 00:29:37,360
they definitely can have you

802
00:29:43,430 --> 00:29:40,799
have you found yourself like you know

803
00:29:44,310 --> 00:29:43,440
taking on some of these clients you know

804
00:29:45,830 --> 00:29:44,320
did

805
00:29:51,669 --> 00:29:45,840
what is

806
00:29:55,110 --> 00:29:51,679
is it what you exp is it is it what you

807
00:29:56,710 --> 00:29:55,120
might have expected it to be going in or

808
00:29:58,630 --> 00:29:56,720
did it kind of take you out in left

809
00:30:00,389 --> 00:29:58,640
field like holy crap

810
00:30:02,310 --> 00:30:00,399
i gotta really crack some books with

811
00:30:04,789 --> 00:30:02,320
this like there's just so much to it now

812
00:30:07,110 --> 00:30:04,799
that it's almost like kind of very time

813
00:30:10,149 --> 00:30:07,120

consuming that the amount of stuff that

814

00:30:12,470 --> 00:30:10,159

you're having to like get into now yeah

815

00:30:15,190 --> 00:30:12,480

yeah it's easier than i thought because

816

00:30:16,710 --> 00:30:15,200

what i thought they would be looking for

817

00:30:18,310 --> 00:30:16,720

are answers

818

00:30:20,710 --> 00:30:18,320

well if you're looking for answers about

819

00:30:24,950 --> 00:30:20,720

uaps you're asking the wrong guy like i

820

00:30:27,190 --> 00:30:24,960

don't who the hell knows what i love

821

00:30:28,710 --> 00:30:27,200

you know where they're from

822

00:30:30,950 --> 00:30:28,720

etc

823

00:30:33,590 --> 00:30:30,960

again they just

824

00:30:36,310 --> 00:30:33,600

want to talk to somebody

825

00:30:37,909 --> 00:30:36,320

and they appreciate so much if they get

826
00:30:40,630 --> 00:30:37,919
to the end of a story and they look kind

827
00:30:42,789 --> 00:30:40,640
of downtrodden because they were

828
00:30:45,029 --> 00:30:42,799
shaken by the experience

829
00:30:47,430 --> 00:30:45,039
you know just a simple

830
00:30:49,029 --> 00:30:47,440
yeah that that sounds tough

831
00:30:51,029 --> 00:30:49,039
yeah that sounds tough and it also

832
00:30:52,549 --> 00:30:51,039
sounds like you've been kind of just

833
00:30:53,750 --> 00:30:52,559
doing this on your own

834
00:30:54,789 --> 00:30:53,760
and they're like

835
00:30:59,029 --> 00:30:54,799
oh

836
00:31:01,669 --> 00:30:59,039
finally somebody gets it yeah yes dude

837
00:31:03,190 --> 00:31:01,679
this is so helpful i mean like some of

838
00:31:04,710 --> 00:31:03,200

the things you're saying like because i

839

00:31:06,789 --> 00:31:04,720

consider myself somewhat of an

840

00:31:08,310 --> 00:31:06,799

experience i i don't believe that i've

841

00:31:10,470 --> 00:31:08,320

been abducted but like

842

00:31:12,149 --> 00:31:10,480

i always try to approach anybody that

843

00:31:14,310 --> 00:31:12,159

shares a story with us either on the

844

00:31:16,470 --> 00:31:14,320

show or in person with like

845

00:31:19,029 --> 00:31:16,480

tell me more like that's like with

846

00:31:20,710 --> 00:31:19,039

empathy and curiosity just that's just

847

00:31:24,549 --> 00:31:20,720

because it's natural like that i'm

848

00:31:26,630 --> 00:31:24,559

honestly empathetic and curious but for

849

00:31:28,950 --> 00:31:26,640

those that aren't like maybe you have a

850

00:31:30,630 --> 00:31:28,960

family family member that

851

00:31:32,789 --> 00:31:30,640

that always give you [h__h] growing up

852

00:31:35,110 --> 00:31:32,799

maybe it's an older brother or sister

853

00:31:36,789 --> 00:31:35,120

uh like i can't imagine how awkward that

854

00:31:38,950 --> 00:31:36,799

would be like if you're just you know

855

00:31:40,950 --> 00:31:38,960

over for dinner one night and that's the

856

00:31:44,149 --> 00:31:40,960

night that you chose and it's like

857

00:31:44,950 --> 00:31:44,159

hey i have to it has to be so

858

00:31:48,230 --> 00:31:44,960

uh

859

00:31:50,389 --> 00:31:48,240

i don't know anxiety driven and um i

860

00:31:52,070 --> 00:31:50,399

don't know i guess

861

00:31:53,750 --> 00:31:52,080

what i'm saying is like

862

00:31:54,950 --> 00:31:53,760

it's it's it's good to know what to

863

00:31:57,350 --> 00:31:54,960

expect

864

00:31:59,750 --> 00:31:57,360

that that person is going to say

865

00:32:00,710 --> 00:31:59,760

uh negatively versus versus positively

866

00:32:03,190 --> 00:32:00,720

and maybe

867

00:32:04,789 --> 00:32:03,200

while you're having that conversation uh

868

00:32:06,310 --> 00:32:04,799

you could you could say hey instead of

869

00:32:07,990 --> 00:32:06,320

instead of you know making fun of me

870

00:32:09,990 --> 00:32:08,000

maybe you could ask me

871

00:32:10,870 --> 00:32:10,000

uh something like this or just say like

872

00:32:14,070 --> 00:32:10,880

hey

873

00:32:15,990 --> 00:32:14,080

that you've had a rough time

874

00:32:17,190 --> 00:32:16,000

that that makes sense that that i

875

00:32:19,909 --> 00:32:17,200

haven't been where you are like you're

876

00:32:22,389 --> 00:32:19,919

saying so i i think that's super helpful

877

00:32:24,549 --> 00:32:22,399

uh yes starting that conversation yeah

878

00:32:26,710 --> 00:32:24,559

really simple stuff like oh this sounds

879

00:32:28,789 --> 00:32:26,720

like it's really been bothering you

880

00:32:30,710 --> 00:32:28,799

you know yeah and i say to clients often

881

00:32:32,149 --> 00:32:30,720

i go that that sounds like a lot to

882

00:32:33,909 --> 00:32:32,159

carry around

883

00:32:36,070 --> 00:32:33,919

it's it's very simple they're just

884

00:32:38,070 --> 00:32:36,080

looking for validation it's interesting

885

00:32:39,029 --> 00:32:38,080

so i i've never

886

00:32:43,509 --> 00:32:39,039

seen

887

00:32:45,909 --> 00:32:43,519

like that which has an advantage and a

888

00:32:48,310 --> 00:32:45,919

disadvantage as a therapist but when i

889

00:32:50,149 --> 00:32:48,320

got into this field i had to have

890

00:32:52,470 --> 00:32:50,159

what i thought was going to be

891

00:32:54,830 --> 00:32:52,480

an extremely awkward conversation with

892

00:32:57,430 --> 00:32:54,840

my employer so i work at a private

893

00:32:59,269 --> 00:32:57,440

practice and

894

00:33:01,110 --> 00:32:59,279

my boss kate

895

00:33:02,389 --> 00:33:01,120

owns the practice

896

00:33:04,230 --> 00:33:02,399

and

897

00:33:06,470 --> 00:33:04,240

right before i created my twitter

898

00:33:08,070 --> 00:33:06,480

account uap therapist

899

00:33:10,389 --> 00:33:08,080

i said you know

900

00:33:12,070 --> 00:33:10,399

people are going to eventually find out

901
00:33:14,549 --> 00:33:12,080
where i work

902
00:33:16,870 --> 00:33:14,559
and what if she gets these calls like do

903
00:33:19,590 --> 00:33:16,880
you know your therapist is a weirdo like

904
00:33:21,590 --> 00:33:19,600
he's talking about like future humans

905
00:33:23,029 --> 00:33:21,600
and other dimensions and i think he

906
00:33:25,269 --> 00:33:23,039
sounds like a terrible therapist so i

907
00:33:27,110 --> 00:33:25,279
actually sat down with her and i said

908
00:33:28,470 --> 00:33:27,120
kate um

909
00:33:29,909 --> 00:33:28,480
i have to tell you about my research

910
00:33:31,909 --> 00:33:29,919
interests and i want to incorporate it

911
00:33:33,590 --> 00:33:31,919
into therapy and she's like

912
00:33:35,509 --> 00:33:33,600
okay

913
00:33:38,149 --> 00:33:35,519

and thank god

914

00:33:40,789 --> 00:33:38,159

the the conversation went totally

915

00:33:42,710 --> 00:33:40,799

totally awesome so for example i told

916

00:33:45,350 --> 00:33:42,720

her i was going to be on your guys

917

00:33:47,990 --> 00:33:45,360

podcast and so they ran out and bought

918

00:33:50,710 --> 00:33:48,000

me this light and this webcam and this

919

00:33:52,950 --> 00:33:50,720

microphone and dude that is so awesome

920

00:33:55,350 --> 00:33:52,960

yeah oh my god and i would send them

921

00:33:58,549 --> 00:33:55,360

articles and they read them and they're

922

00:34:01,669 --> 00:33:58,559

like dude this is really serious stuff

923

00:34:03,909 --> 00:34:01,679

and i was like yeah no kidding it is and

924

00:34:05,669 --> 00:34:03,919

you know my colleagues one by one are

925

00:34:07,750 --> 00:34:05,679

finding out

926
00:34:10,869 --> 00:34:07,760
but i have to

927
00:34:13,109 --> 00:34:10,879
it's the the conversation again

928
00:34:15,990 --> 00:34:13,119
i'm not even an experiencer

929
00:34:17,430 --> 00:34:16,000
if i bring it up with my friends or

930
00:34:20,230 --> 00:34:17,440
colleagues

931
00:34:23,750 --> 00:34:20,240
at the very beginning there's this

932
00:34:25,909 --> 00:34:23,760
awkwardness because they're uneducated

933
00:34:28,869 --> 00:34:25,919
so when i say uap they don't even know

934
00:34:31,669 --> 00:34:28,879
what that means if i say the nimitz

935
00:34:33,430 --> 00:34:31,679
never heard of it what is that yeah um

936
00:34:36,310 --> 00:34:33,440
bob lazar never heard of them they

937
00:34:38,310 --> 00:34:36,320
really know nothing all they know

938
00:34:39,909 --> 00:34:38,320

is the ufo

939

00:34:42,790 --> 00:34:39,919

x-files

940

00:34:45,349 --> 00:34:42,800

little green men schtick

941

00:34:48,550 --> 00:34:45,359

which is the most obnoxious thing

942

00:34:51,349 --> 00:34:48,560

in the world not the uneducated people

943

00:34:54,230 --> 00:34:51,359

but this like awkward laughter and it's

944

00:34:56,629 --> 00:34:54,240

just it's so dumb and so you have

945

00:34:58,950 --> 00:34:56,639

uneducated people they simply

946

00:35:00,790 --> 00:34:58,960

have no clue what the evidence is and

947

00:35:02,390 --> 00:35:00,800

then i'll send them you know the youtube

948

00:35:04,950 --> 00:35:02,400

link to the congressional briefing the

949

00:35:06,710 --> 00:35:04,960

other day and they're like

950

00:35:08,870 --> 00:35:06,720

dude this is like

951
00:35:11,109 --> 00:35:08,880
really serious and i'm like

952
00:35:13,349 --> 00:35:11,119
yeah and then they quickly get on board

953
00:35:14,069 --> 00:35:13,359
but now i have no i come in and they're

954
00:35:17,510 --> 00:35:14,079
like

955
00:35:19,270 --> 00:35:17,520
nah it's pretty quiet out there they're

956
00:35:21,510 --> 00:35:19,280
like ah

957
00:35:24,310 --> 00:35:21,520
i think that is one of the most

958
00:35:26,470 --> 00:35:24,320
the one of the most fun moments for me

959
00:35:28,870 --> 00:35:26,480
you know is like that realization on

960
00:35:31,109 --> 00:35:28,880
somebody who like just

961
00:35:33,109 --> 00:35:31,119
has just like kind of you know

962
00:35:35,109 --> 00:35:33,119
not been interested in the topic at all

963
00:35:37,270 --> 00:35:35,119

right it's just you know it's it's it's

964

00:35:38,230 --> 00:35:37,280

fiction it's science fiction it's just

965

00:35:40,230 --> 00:35:38,240

fun

966

00:35:43,589 --> 00:35:40,240

and then like you know

967

00:35:45,589 --> 00:35:43,599

it is such a delicate uh conversation in

968

00:35:47,109 --> 00:35:45,599

the beginning and then you and then you

969

00:35:49,109 --> 00:35:47,119

hit them with the documents and they're

970

00:35:51,349 --> 00:35:49,119

like what the hell

971

00:35:52,470 --> 00:35:51,359

yeah really you're like how did i not

972

00:35:55,109 --> 00:35:52,480

know this

973

00:35:58,710 --> 00:35:55,119

yeah and all the other crazy stuff that

974

00:36:00,710 --> 00:35:58,720

i was saying uh prior to uh all the

975

00:36:03,109 --> 00:36:00,720

stuff i'm showing you right now like it

976
00:36:05,910 --> 00:36:03,119
probably happened too you know like it's

977
00:36:07,430 --> 00:36:05,920
just crazy uh it's it's a crazy time

978
00:36:08,710 --> 00:36:07,440
that we live in man

979
00:36:10,710 --> 00:36:08,720
um through

980
00:36:12,630 --> 00:36:10,720
through through doing this you know ben

981
00:36:15,190 --> 00:36:12,640
and i like i said you know we've talked

982
00:36:16,790 --> 00:36:15,200
to a lot of people uh doing this whole

983
00:36:18,550 --> 00:36:16,800
thing and like

984
00:36:21,270 --> 00:36:18,560
every like

985
00:36:22,870 --> 00:36:21,280
there are a lot of similarities in a lot

986
00:36:25,510 --> 00:36:22,880
of these cases

987
00:36:28,550 --> 00:36:25,520
and then there's always like that one

988
00:36:30,870 --> 00:36:28,560

thing about like everybody's

989

00:36:33,829 --> 00:36:30,880

everybody's interaction that like

990

00:36:35,670 --> 00:36:33,839

completely throws me for a loop right

991

00:36:37,910 --> 00:36:35,680

and it's like

992

00:36:39,430 --> 00:36:37,920

the fascinating part to me is like okay

993

00:36:40,870 --> 00:36:39,440

they're having all these similarities

994

00:36:41,750 --> 00:36:40,880

and then boom

995

00:36:42,950 --> 00:36:41,760

um

996

00:36:46,870 --> 00:36:42,960

the being

997

00:36:49,349 --> 00:36:46,880

um turns into a burrito and rolls on his

998

00:36:50,390 --> 00:36:49,359

floor and like that's a that's a real

999

00:36:52,230 --> 00:36:50,400

story

1000

00:36:55,270 --> 00:36:52,240

and we're like okay

1001
00:36:59,109 --> 00:36:55,280
okay so if we're done with the idea that

1002
00:37:01,190 --> 00:36:59,119
this guy's been visited right

1003
00:37:03,510 --> 00:37:01,200
we're gonna go with the idea that that

1004
00:37:06,230 --> 00:37:03,520
is like a like a supreme or not even

1005
00:37:07,270 --> 00:37:06,240
supreme like burrito supreme we'll just

1006
00:37:09,349 --> 00:37:07,280
call it like

1007
00:37:10,390 --> 00:37:09,359
chick another extremely intelligent

1008
00:37:12,230 --> 00:37:10,400
being

1009
00:37:14,150 --> 00:37:12,240
turned into a burrito

1010
00:37:16,230 --> 00:37:14,160
and rolled on his floor and then

1011
00:37:18,710 --> 00:37:16,240
disappeared like you have to go with

1012
00:37:20,870 --> 00:37:18,720
that you know it's such a conflicting

1013
00:37:22,710 --> 00:37:20,880

thing in your mind sometimes to like be

1014

00:37:24,870 --> 00:37:22,720

like okay i was on board

1015

00:37:26,470 --> 00:37:24,880

but that burrito [h__h]

1016

00:37:28,870 --> 00:37:26,480

i don't know

1017

00:37:31,030 --> 00:37:28,880

honestly that was that was so far left

1018

00:37:32,069 --> 00:37:31,040

field that it made me be like and maybe

1019

00:37:32,870 --> 00:37:32,079

think of

1020

00:37:34,710 --> 00:37:32,880

how

1021

00:37:35,670 --> 00:37:34,720

a being would would it would achieve

1022

00:37:38,550 --> 00:37:35,680

that

1023

00:37:41,109 --> 00:37:38,560

yeah yeah the reasons why

1024

00:37:43,670 --> 00:37:41,119

but i guess from kind of like a a

1025

00:37:45,109 --> 00:37:43,680

therapeutic standpoint like you know you

1026

00:37:46,390 --> 00:37:45,119

hear these stories and then all of a

1027

00:37:47,510 --> 00:37:46,400

sudden there's like that thing and

1028

00:37:49,430 --> 00:37:47,520

you're like

1029

00:37:51,510 --> 00:37:49,440

wow like

1030

00:37:53,430 --> 00:37:51,520

how do you how do you uh how do you

1031

00:37:54,150 --> 00:37:53,440

approach that in your in your mind you

1032

00:37:55,349 --> 00:37:54,160

know

1033

00:37:56,950 --> 00:37:55,359

yeah

1034

00:37:58,710 --> 00:37:56,960

well thank god i haven't had a client

1035

00:38:00,550 --> 00:37:58,720

say that because i really i i mean

1036

00:38:04,550 --> 00:38:00,560

that's like i really wouldn't know what

1037

00:38:06,870 --> 00:38:04,560

to say the weirdest uh thing i've heard

1038

00:38:08,790 --> 00:38:06,880

uh i actually didn't watch the interview

1039

00:38:11,030 --> 00:38:08,800

with him i'm just doing too many of

1040

00:38:12,630 --> 00:38:11,040

things but it was a young airman

1041

00:38:15,109 --> 00:38:12,640

who worked at some kind of nuclear

1042

00:38:18,790 --> 00:38:15,119

facility and he said that these shadow

1043

00:38:19,990 --> 00:38:18,800

beings would walk into the facility

1044

00:38:21,030 --> 00:38:20,000

through

1045

00:38:23,190 --> 00:38:21,040

walls

1046

00:38:24,870 --> 00:38:23,200

and i i didn't watch the interview so i

1047

00:38:27,750 --> 00:38:24,880

don't know much about it

1048

00:38:29,990 --> 00:38:27,760

so that's the thing we're hearing

1049

00:38:33,270 --> 00:38:30,000

like

1050

00:38:35,750 --> 00:38:33,280

i i re there are some i i don't know if

1051
00:38:37,589 --> 00:38:35,760
i believe them right now i'm reading the

1052
00:38:39,829 --> 00:38:37,599
book um

1053
00:38:42,230 --> 00:38:39,839
the day after roswell which was written

1054
00:38:44,310 --> 00:38:42,240
by a retired army colonel who said that

1055
00:38:47,430 --> 00:38:44,320
he was involved deeply in the case in

1056
00:38:49,990 --> 00:38:47,440
the 1960s after the fact that it crashed

1057
00:38:50,870 --> 00:38:50,000
and he's saying stuff that

1058
00:38:55,670 --> 00:38:50,880
i

1059
00:38:57,190 --> 00:38:55,680
secret

1060
00:38:59,349 --> 00:38:57,200
base on the moon

1061
00:39:01,430 --> 00:38:59,359
i i and again i'm just

1062
00:39:03,670 --> 00:39:01,440
all on beyond right now is one person's

1063
00:39:05,750 --> 00:39:03,680

testimony i if if you can give me

1064

00:39:07,589 --> 00:39:05,760

evidence i am totally on board with that

1065

00:39:10,950 --> 00:39:07,599

right now it's just one man

1066

00:39:13,670 --> 00:39:10,960

saying that or we've been in contact the

1067

00:39:15,750 --> 00:39:13,680

government is like close associates with

1068

00:39:17,109 --> 00:39:15,760

these beings already and they have a

1069

00:39:19,750 --> 00:39:17,119

relationship

1070

00:39:21,750 --> 00:39:19,760

against this one person saying it if if

1071

00:39:23,910 --> 00:39:21,760

somebody can give me evidence then i

1072

00:39:25,990 --> 00:39:23,920

have no problem believing that so the

1073

00:39:28,150 --> 00:39:26,000

more far out things

1074

00:39:29,349 --> 00:39:28,160

i mean i'm not in a position and i don't

1075

00:39:31,190 --> 00:39:29,359

think it's a good idea to believe

1076

00:39:33,829 --> 00:39:31,200

everything right

1077

00:39:37,270 --> 00:39:33,839

if one person says it that's fine

1078

00:39:40,470 --> 00:39:37,280

if it's a therapeutic relationship i'm

1079

00:39:43,670 --> 00:39:40,480

i'm thinking less about the burrito

1080

00:39:45,990 --> 00:39:43,680

and more about how they feel

1081

00:39:47,910 --> 00:39:46,000

about that event that may have happened

1082

00:39:49,829 --> 00:39:47,920

right that's my role it's not enough

1083

00:39:52,470 --> 00:39:49,839

it's not to decide if it's true or not

1084

00:39:54,950 --> 00:39:52,480

in most cases it's more about

1085

00:39:57,910 --> 00:39:54,960

what suffering came from that event that

1086

00:39:59,109 --> 00:39:57,920

they say happened right but i just take

1087

00:40:01,510 --> 00:39:59,119

off this suit

1088

00:40:03,750 --> 00:40:01,520

and i'm at home just kind of hanging out

1089

00:40:05,430 --> 00:40:03,760

i do hear some pretty bizarre stuff and

1090

00:40:07,589 --> 00:40:05,440

unless there's evidence i just can't get

1091

00:40:09,109 --> 00:40:07,599

on board with it i'm glad you said that

1092

00:40:10,870 --> 00:40:09,119

because the next question i was going to

1093

00:40:12,150 --> 00:40:10,880

ask like does it matter if you believe

1094

00:40:15,030 --> 00:40:12,160

them or not

1095

00:40:16,870 --> 00:40:15,040

not really not really um

1096

00:40:19,750 --> 00:40:16,880

if they're going to say something pretty

1097

00:40:21,750 --> 00:40:19,760

far out again i'll challenge them

1098

00:40:24,069 --> 00:40:21,760

i'll say you know what why

1099

00:40:25,990 --> 00:40:24,079

why would you feel that happened or what

1100

00:40:28,150 --> 00:40:26,000

evidence do you have

1101
00:40:29,109 --> 00:40:28,160
and they may just say dude i don't have

1102
00:40:32,950 --> 00:40:29,119
any

1103
00:40:33,990 --> 00:40:32,960
myself it's stupid it's ridiculous and

1104
00:40:36,550 --> 00:40:34,000
i'm like

1105
00:40:38,470 --> 00:40:36,560
i get it and again i'm not there to

1106
00:40:40,870 --> 00:40:38,480
interrogate them it's just

1107
00:40:43,589 --> 00:40:40,880
where are they at now and how can i help

1108
00:40:46,870 --> 00:40:43,599
them whether the event happened or not i

1109
00:40:49,030 --> 00:40:46,880
think it's that i think it's healthy for

1110
00:40:50,950 --> 00:40:49,040
anybody you know pouring their heart out

1111
00:40:52,550 --> 00:40:50,960
even even though i know it's vulnerable

1112
00:40:53,430 --> 00:40:52,560
even though whatever you're saying is

1113
00:40:55,589 --> 00:40:53,440

the most

1114

00:40:59,109 --> 00:40:55,599

could sound insanely crazy yeah but i

1115

00:40:59,910 --> 00:40:59,119

think it's healthy to to have a a calm

1116

00:41:02,550 --> 00:40:59,920

uh

1117

00:41:04,309 --> 00:41:02,560

reaction when somebody challenges you so

1118

00:41:05,270 --> 00:41:04,319

i'm glad that you do that and you're not

1119

00:41:07,109 --> 00:41:05,280

just like

1120

00:41:09,349 --> 00:41:07,119

uh-huh uh-huh so i'm glad that you like

1121

00:41:12,069 --> 00:41:09,359

challenged that um

1122

00:41:14,230 --> 00:41:12,079

because it it in and

1123

00:41:15,349 --> 00:41:14,240

if somebody has these these uh

1124

00:41:16,710 --> 00:41:15,359

these experiences that we're talking

1125

00:41:19,270 --> 00:41:16,720

about that's kind of you know far out

1126

00:41:21,190 --> 00:41:19,280

left field not specifically the burritos

1127

00:41:22,870 --> 00:41:21,200

story but

1128

00:41:24,710 --> 00:41:22,880

i feel like it's healthy to at least

1129

00:41:28,150 --> 00:41:24,720

have the expectation that it's gonna be

1130

00:41:30,069 --> 00:41:28,160

challenged and you have to be okay with

1131

00:41:31,910 --> 00:41:30,079

that challenge and what's your answer

1132

00:41:34,870 --> 00:41:31,920

gonna be is it gonna be like

1133

00:41:36,710 --> 00:41:34,880

no i'm not lying no that that solves

1134

00:41:39,109 --> 00:41:36,720

nothing all you like i feel like the

1135

00:41:39,910 --> 00:41:39,119

better way to approach that

1136

00:41:43,109 --> 00:41:39,920

is

1137

00:41:44,790 --> 00:41:43,119

there's

1138

00:41:49,270 --> 00:41:44,800

no reference for you

1139

00:41:50,950 --> 00:41:49,280

to to compare it to reality but for my

1140

00:41:53,109 --> 00:41:50,960

uh reality

1141

00:41:54,950 --> 00:41:53,119

uh it does it does have some

1142

00:41:56,710 --> 00:41:54,960

relativeness uh

1143

00:41:58,790 --> 00:41:56,720

and importance but for you you have no

1144

00:42:00,710 --> 00:41:58,800

nothing to compare it to so

1145

00:42:02,309 --> 00:42:00,720

uh yeah yeah i feel like i feel like

1146

00:42:04,150 --> 00:42:02,319

that's good that you challenged that

1147

00:42:04,950 --> 00:42:04,160

anyway that was a long

1148

00:42:07,750 --> 00:42:04,960

round

1149

00:42:11,109 --> 00:42:07,760

no you make an extremely good point and

1150

00:42:14,550 --> 00:42:11,119

my clients who like to work hard

1151

00:42:16,790 --> 00:42:14,560

um when i challenge them at first

1152

00:42:18,309 --> 00:42:16,800

they don't like me very much because i'm

1153

00:42:19,829 --> 00:42:18,319

kind of shattering their world view

1154

00:42:22,550 --> 00:42:19,839

these beliefs that they've been carrying

1155

00:42:25,349 --> 00:42:22,560

around for years perhaps decades

1156

00:42:27,349 --> 00:42:25,359

but once we work through that challenge

1157

00:42:28,870 --> 00:42:27,359

um they'll say you know

1158

00:42:30,470 --> 00:42:28,880

i'm really glad you challenged me on

1159

00:42:31,829 --> 00:42:30,480

that because i i wouldn't have gotten

1160

00:42:33,430 --> 00:42:31,839

out of that rut

1161

00:42:35,270 --> 00:42:33,440

when you have

1162

00:42:38,470 --> 00:42:35,280

a therapist who doesn't challenge

1163

00:42:40,790 --> 00:42:38,480

clients you're paying for a friend

1164

00:42:44,470 --> 00:42:40,800

okay you should have friends for free

1165

00:42:46,950 --> 00:42:44,480

you pay a therapist not a friend one of

1166

00:42:47,990 --> 00:42:46,960

my favorite lines to ask clients where

1167

00:42:50,390 --> 00:42:48,000

you know it's

1168

00:42:52,550 --> 00:42:50,400

always somebody else's fault oh people

1169

00:42:54,150 --> 00:42:52,560

are misunderstanding me my favorite

1170

00:42:56,069 --> 00:42:54,160

sentence to start with and they find it

1171

00:42:56,790 --> 00:42:56,079

mildly obnoxious because i say it a lot

1172

00:42:58,870 --> 00:42:56,800

is

1173

00:43:01,990 --> 00:42:58,880

could it be

1174

00:43:03,750 --> 00:43:02,000

and i offer an alternative like could it

1175

00:43:07,030 --> 00:43:03,760

be you

1176

00:43:09,030 --> 00:43:07,040

are the are these scenarios and

1177

00:43:10,390 --> 00:43:09,040

differences uh yeah

1178

00:43:12,470 --> 00:43:10,400

like could they be something that you

1179

00:43:15,109 --> 00:43:12,480

were creating yourself instead of right

1180

00:43:16,150 --> 00:43:15,119

and it's um it's not even i'm looking

1181

00:43:18,230 --> 00:43:16,160

for

1182

00:43:19,990 --> 00:43:18,240

so i don't all right so if somebody

1183

00:43:21,670 --> 00:43:20,000

burns through friendships right and

1184

00:43:23,589 --> 00:43:21,680

they're like oh people are horrible and

1185

00:43:25,349 --> 00:43:23,599

they don't commit and i don't like

1186

00:43:27,349 --> 00:43:25,359

humans and they're unreal

1187

00:43:29,190 --> 00:43:27,359

everybody's terrible actually if we get

1188

00:43:30,069 --> 00:43:29,200

down to it

1189

00:43:31,750 --> 00:43:30,079

and

1190

00:43:33,349 --> 00:43:31,760

i don't word it

1191

00:43:35,270 --> 00:43:33,359

as

1192

00:43:36,550 --> 00:43:35,280

maybe you're a jerk

1193

00:43:38,550 --> 00:43:36,560

or

1194

00:43:40,470 --> 00:43:38,560

they think you're a jerk what do you

1195

00:43:42,390 --> 00:43:40,480

think of that right because that's a

1196

00:43:44,390 --> 00:43:42,400

little too aggressive because i've been

1197

00:43:46,309 --> 00:43:44,400

thinking this way for years so i start

1198

00:43:48,550 --> 00:43:46,319

the sentence with hey look i'm not even

1199

00:43:51,109 --> 00:43:48,560

looking for a confirmation or yes

1200

00:43:52,870 --> 00:43:51,119

could it be is there any possibility in

1201
00:43:55,510 --> 00:43:52,880
the universe

1202
00:43:56,710 --> 00:43:55,520
it could be you and i'm not saying it is

1203
00:43:58,710 --> 00:43:56,720
could it be

1204
00:44:00,870 --> 00:43:58,720
and that opens them up to this other

1205
00:44:03,670 --> 00:44:00,880
reality wow

1206
00:44:05,270 --> 00:44:03,680
it could be me

1207
00:44:06,790 --> 00:44:05,280
so they

1208
00:44:08,790 --> 00:44:06,800
clients who like to work hard like to be

1209
00:44:10,069 --> 00:44:08,800
challenged

1210
00:44:12,550 --> 00:44:10,079
beautiful

1211
00:44:14,150 --> 00:44:12,560
yeah that's cool man love that

1212
00:44:16,790 --> 00:44:14,160
love that

1213
00:44:18,630 --> 00:44:16,800

woo dude i'm like i'm like

1214

00:44:21,510 --> 00:44:18,640

working out puzzles in my head too just

1215

00:44:23,510 --> 00:44:21,520

uh just thinking about uh

1216

00:44:24,950 --> 00:44:23,520

the delicate uh nature joe you you were

1217

00:44:27,750 --> 00:44:24,960

talking about that earlier how delicate

1218

00:44:29,670 --> 00:44:27,760

it is when when somebody kind of

1219

00:44:32,550 --> 00:44:29,680

shares their experience with you

1220

00:44:34,870 --> 00:44:32,560

yeah definitely definitely you know uh

1221

00:44:38,309 --> 00:44:34,880

in the in this field you do see things

1222

00:44:41,589 --> 00:44:38,319

like schizophrenia or you know like

1223

00:44:43,270 --> 00:44:41,599

you know narcissistic tendencies uh with

1224

00:44:46,069 --> 00:44:43,280

with some people

1225

00:44:48,470 --> 00:44:46,079

um have you have you ran in to a lot of

1226

00:44:49,990 --> 00:44:48,480

that or when you do run into it do you

1227

00:44:52,230 --> 00:44:50,000

switch from like okay this guy was

1228

00:44:54,150 --> 00:44:52,240

totally gonna talk about aliens but he's

1229

00:44:55,829 --> 00:44:54,160

schizophrenic i'm picking up on the

1230

00:44:58,870 --> 00:44:55,839

signs let's switch to

1231

00:45:00,470 --> 00:44:58,880

to uh uh working on on this you know

1232

00:45:01,990 --> 00:45:00,480

it's kind of like a mid-switch type

1233

00:45:04,309 --> 00:45:02,000

thing where they think they're still

1234

00:45:05,990 --> 00:45:04,319

talking about aliens but now you're in

1235

00:45:07,589 --> 00:45:06,000

like okay let's see how we can help this

1236

00:45:09,510 --> 00:45:07,599

dude because i think he's got

1237

00:45:11,349 --> 00:45:09,520

schizophrenia you know have you ran into

1238

00:45:13,910 --> 00:45:11,359

any of that types of stuff

1239

00:45:15,510 --> 00:45:13,920

right yeah good question so before i

1240

00:45:17,349 --> 00:45:15,520

started working at this practice in

1241

00:45:19,109 --> 00:45:17,359

colorado i lived in upstate new york and

1242

00:45:21,270 --> 00:45:19,119

i worked at a secure

1243

00:45:24,069 --> 00:45:21,280

psychiatric facility

1244

00:45:26,870 --> 00:45:24,079

and you basically had to be unstable too

1245

00:45:28,309 --> 00:45:26,880

unstable to go to jail okay and that's

1246

00:45:29,990 --> 00:45:28,319

pretty bad because we have some really

1247

00:45:32,710 --> 00:45:30,000

unstable people in jail

1248

00:45:35,270 --> 00:45:32,720

so there are a lot of um dissociative

1249

00:45:37,270 --> 00:45:35,280

identity disorder which is just having

1250

00:45:39,589 --> 00:45:37,280

multiple personalities

1251
00:45:43,109 --> 00:45:39,599
and schizophrenia those are two really

1252
00:45:46,150 --> 00:45:43,119
serious somewhat rare mental illnesses

1253
00:45:49,030 --> 00:45:46,160
and those folks um

1254
00:45:50,069 --> 00:45:49,040
you set the bar pretty low okay so for

1255
00:45:52,790 --> 00:45:50,079
example

1256
00:45:55,270 --> 00:45:52,800
everyone in that facility

1257
00:45:57,510 --> 00:45:55,280
you could not do talk therapy with

1258
00:45:59,030 --> 00:45:57,520
you can't sit down for

1259
00:46:01,430 --> 00:45:59,040
a half hour

1260
00:46:03,750 --> 00:46:01,440
because their mind is just it's

1261
00:46:06,950 --> 00:46:03,760
scattered and schizophrenia the best way

1262
00:46:08,550 --> 00:46:06,960
to describe it it's all consuming

1263
00:46:09,990 --> 00:46:08,560

relationships

1264

00:46:12,630 --> 00:46:10,000

memory loss

1265

00:46:14,710 --> 00:46:12,640

lack of sleep auditory hallucinations

1266

00:46:16,069 --> 00:46:14,720

visual hallucinations alternate

1267

00:46:17,430 --> 00:46:16,079

realities

1268

00:46:18,710 --> 00:46:17,440

so

1269

00:46:20,950 --> 00:46:18,720

for example

1270

00:46:23,670 --> 00:46:20,960

you may if somebody in the community

1271

00:46:26,150 --> 00:46:23,680

here has schizophrenia

1272

00:46:28,870 --> 00:46:26,160

all i want them to do

1273

00:46:30,630 --> 00:46:28,880

is take a shower get dressed and get a

1274

00:46:32,790 --> 00:46:30,640

ride over here

1275

00:46:35,109 --> 00:46:32,800

that's it so it creates some kind of

1276

00:46:37,750 --> 00:46:35,119

structure and then what they can do is

1277

00:46:39,030 --> 00:46:37,760

they can have that as evidence have it

1278

00:46:41,510 --> 00:46:39,040

as data

1279

00:46:43,670 --> 00:46:41,520

i can actually leave my home

1280

00:46:46,470 --> 00:46:43,680

go talk to somebody maybe 20 minutes

1281

00:46:48,230 --> 00:46:46,480

half hour not the full hour session

1282

00:46:49,750 --> 00:46:48,240

make it back home

1283

00:46:51,510 --> 00:46:49,760

and i'm okay

1284

00:46:54,150 --> 00:46:51,520

right so we'll just take these baby

1285

00:46:55,510 --> 00:46:54,160

steps a great example of a very

1286

00:46:56,390 --> 00:46:55,520

interesting man i worked with

1287

00:46:57,990 --> 00:46:56,400

schizophrenia

1288

00:46:58,950 --> 00:46:58,000

years ago

1289

00:47:01,109 --> 00:46:58,960

he

1290

00:47:03,750 --> 00:47:01,119

in a 100

1291

00:47:05,910 --> 00:47:03,760

literal sense not figurative uh he

1292

00:47:07,190 --> 00:47:05,920

thought he was robocop

1293

00:47:09,829 --> 00:47:07,200

for real

1294

00:47:12,710 --> 00:47:09,839

and that's why he ate batteries

1295

00:47:14,950 --> 00:47:12,720

because it would give him power whoa

1296

00:47:19,589 --> 00:47:14,960

dude it was really far out that's

1297

00:47:23,510 --> 00:47:19,599

fascinating yeah and uh also a deep

1298

00:47:25,510 --> 00:47:23,520

odd fascination relationship with space

1299

00:47:26,950 --> 00:47:25,520

so if you were going to go into the room

1300

00:47:28,470 --> 00:47:26,960

and work with him

1301

00:47:30,630 --> 00:47:28,480

you know you can't bring in like a

1302

00:47:33,589 --> 00:47:30,640

folder with stars on it you know you

1303

00:47:36,230 --> 00:47:33,599

can't wear a nasa hat because he thought

1304

00:47:38,549 --> 00:47:36,240

you were from that universe and you were

1305

00:47:39,750 --> 00:47:38,559

coming back and communicate so that's

1306

00:47:41,670 --> 00:47:39,760

how bad

1307

00:47:42,790 --> 00:47:41,680

that illness can be

1308

00:47:44,870 --> 00:47:42,800

now

1309

00:47:45,990 --> 00:47:44,880

i'm glad you brought up schizophrenia

1310

00:47:48,870 --> 00:47:46,000

because

1311

00:47:49,910 --> 00:47:48,880

one of the lamest explanations i've ever

1312

00:47:54,630 --> 00:47:49,920

heard

1313

00:47:57,270 --> 00:47:54,640

for people who claim to see uaps

1314

00:47:59,109 --> 00:47:57,280

are people dismissing them and they say

1315

00:48:01,510 --> 00:47:59,119

well they have schizophrenia these are

1316

00:48:03,670 --> 00:48:01,520

the people who went on wikipedia typed

1317

00:48:05,750 --> 00:48:03,680

in schizophrenia and read the first

1318

00:48:06,870 --> 00:48:05,760

paragraph and the first paragraph may be

1319

00:48:09,270 --> 00:48:06,880

mentioned

1320

00:48:11,270 --> 00:48:09,280

visual hallucination

1321

00:48:13,430 --> 00:48:11,280

okay these people have no idea what

1322

00:48:15,510 --> 00:48:13,440

they're talking about because again it's

1323

00:48:18,390 --> 00:48:15,520

all consuming so if you have

1324

00:48:20,150 --> 00:48:18,400

schizophrenia and you're having visual

1325

00:48:21,910 --> 00:48:20,160

hallucinations

1326

00:48:25,030 --> 00:48:21,920

so you know some real basic questions

1327

00:48:26,870 --> 00:48:25,040

would be why are they only seeing uaps

1328

00:48:29,190 --> 00:48:26,880

why not try to cover donuts that was

1329

00:48:31,030 --> 00:48:29,200

going to be my next questions you know

1330

00:48:33,349 --> 00:48:31,040

why not text books

1331

00:48:34,950 --> 00:48:33,359

you know why don't they see three sons

1332

00:48:38,069 --> 00:48:34,960

instead of two why don't they think

1333

00:48:39,910 --> 00:48:38,079

they're robocop how do they have a job

1334

00:48:41,750 --> 00:48:39,920

how do they have a girlfriend how do

1335

00:48:43,910 --> 00:48:41,760

they own their own business right so

1336

00:48:45,190 --> 00:48:43,920

what they're taking is one

1337

00:48:47,510 --> 00:48:45,200

specific

1338

00:48:48,390 --> 00:48:47,520

symptom of a very serious mental illness

1339

00:48:51,349 --> 00:48:48,400

and saying

1340

00:48:53,750 --> 00:48:51,359

this is the only symptom they have

1341

00:48:55,349 --> 00:48:53,760

and they're wrong okay

1342

00:48:57,030 --> 00:48:55,359

and if anybody was going to say well

1343

00:48:58,390 --> 00:48:57,040

eric i don't agree with that i would use

1344

00:49:02,390 --> 00:48:58,400

the class to come back well then you're

1345

00:49:06,549 --> 00:49:04,309

grabbing these little components of

1346

00:49:08,230 --> 00:49:06,559

mental illnesses to explain away people

1347

00:49:09,990 --> 00:49:08,240

seeing uaps

1348

00:49:12,470 --> 00:49:10,000

it doesn't hold any water

1349

00:49:15,670 --> 00:49:12,480

see man i've i've always felt the exact

1350

00:49:17,430 --> 00:49:15,680

same way you know like yeah yeah

1351

00:49:19,510 --> 00:49:17,440

i'm not a doctor i have zero training

1352

00:49:21,750 --> 00:49:19,520

but like you know i always felt like

1353

00:49:23,750 --> 00:49:21,760

schizophrenia seems a lot more involved

1354

00:49:25,829 --> 00:49:23,760

than just like seeing some stuff you

1355

00:49:27,829 --> 00:49:25,839

know like we can't just keep classifying

1356

00:49:30,230 --> 00:49:27,839

all these people who yeah who see some

1357

00:49:32,630 --> 00:49:30,240

things you know right that's you know

1358

00:49:34,309 --> 00:49:32,640

and you know you look at uh dr jack

1359

00:49:36,870 --> 00:49:34,319

jacques valet and he talks about the

1360

00:49:39,750 --> 00:49:36,880

phenomena as a whole like actually like

1361

00:49:41,910 --> 00:49:39,760

appearing or interacting with you uh

1362

00:49:44,309 --> 00:49:41,920

based on your own interpretations and

1363

00:49:46,870 --> 00:49:44,319

things like that so like you know maybe

1364

00:49:49,190 --> 00:49:46,880

this all is like one big phenomena being

1365

00:49:51,430 --> 00:49:49,200

represented in like multiple different

1366

00:49:54,230 --> 00:49:51,440

ways to different people and they're all

1367

00:49:56,630 --> 00:49:54,240

talking about the same thing it's just

1368

00:49:57,430 --> 00:49:56,640

different for everybody you know

1369

00:50:02,549 --> 00:49:57,440

yeah

1370

00:50:04,790 --> 00:50:02,559

it can't easily be

1371

00:50:06,390 --> 00:50:04,800

explained away again if somebody's going

1372

00:50:08,549 --> 00:50:06,400

to go around saying

1373

00:50:10,069 --> 00:50:08,559

well i saw uap

1374

00:50:11,829 --> 00:50:10,079

they're going to have so many other

1375

00:50:14,710 --> 00:50:11,839

symptoms that's going to become evident

1376

00:50:16,069 --> 00:50:14,720

that they're really suffering

1377

00:50:19,270 --> 00:50:16,079

yeah totally

1378

00:50:20,950 --> 00:50:19,280

that's the best evidence or

1379

00:50:22,870 --> 00:50:20,960

answer to it to that question i've been

1380

00:50:24,710 --> 00:50:22,880

wondering that for a while and wanted to

1381

00:50:27,030 --> 00:50:24,720

talk to a professional that

1382

00:50:28,630 --> 00:50:27,040

has dealt with that because

1383

00:50:31,030 --> 00:50:28,640

it always seemed to me like okay if

1384

00:50:33,270 --> 00:50:31,040

somebody truly had schizophrenia or or

1385

00:50:36,230 --> 00:50:33,280

suffered from delusions or or bipolar i

1386

00:50:37,349 --> 00:50:36,240

mean i don't know if if bipolarism uh or

1387

00:50:38,549 --> 00:50:37,359

i don't even know if i'm saying that

1388

00:50:41,349 --> 00:50:38,559

right but

1389

00:50:43,750 --> 00:50:41,359

if that includes auditory or visual

1390

00:50:45,190 --> 00:50:43,760

hallucinations but you know everything i

1391

00:50:47,190 --> 00:50:45,200

think everybody's on some sort of

1392

00:50:48,790 --> 00:50:47,200

spectrum that's my personal belief i

1393

00:50:50,470 --> 00:50:48,800

don't know it's a little bit you know

1394

00:50:53,750 --> 00:50:50,480

every now and then but like

1395

00:50:56,069 --> 00:50:53,760

i i just i i can't bring myself to

1396

00:50:57,589 --> 00:50:56,079

believe that everybody that has these

1397

00:50:59,030 --> 00:50:57,599

these stories and you talk to them and

1398

00:51:01,190 --> 00:50:59,040

then there are regular people holding

1399

00:51:02,549 --> 00:51:01,200

down regular jobs they've never talked

1400

00:51:03,910 --> 00:51:02,559

about this stuff ever and then they say

1401
00:51:05,589 --> 00:51:03,920
you know what i do have a story and then

1402
00:51:07,190 --> 00:51:05,599
they tell you the most amazing story

1403
00:51:08,549 --> 00:51:07,200
you've ever heard and this happened

1404
00:51:10,309 --> 00:51:08,559
recently to me

1405
00:51:11,750 --> 00:51:10,319
with somebody you really really respect

1406
00:51:13,990 --> 00:51:11,760
told you know

1407
00:51:15,670 --> 00:51:14,000
told me this story out of nowhere

1408
00:51:18,790 --> 00:51:15,680
i can't believe that that person has

1409
00:51:20,710 --> 00:51:18,800
schizophrenia that one time for for

1410
00:51:22,549 --> 00:51:20,720
you know six hours and then that was it

1411
00:51:23,750 --> 00:51:22,559
never experienced anything like that

1412
00:51:26,549 --> 00:51:23,760
ever again

1413
00:51:28,790 --> 00:51:26,559

yep i think we could rule that one out

1414

00:51:30,390 --> 00:51:28,800

absolutely

1415

00:51:32,470 --> 00:51:30,400

got a question in the chat right here

1416

00:51:36,950 --> 00:51:32,480

says eric what do you suggest for

1417

00:51:38,230 --> 00:51:36,960

missing time after a uap um and and that

1418

00:51:39,430 --> 00:51:38,240

that's

1419

00:51:41,430 --> 00:51:39,440

listening to you it sounds like you

1420

00:51:43,750 --> 00:51:41,440

wouldn't suggest anything right you know

1421

00:51:46,069 --> 00:51:43,760

it's it's more of just kind of trying to

1422

00:51:47,109 --> 00:51:46,079

understand it you know but that does

1423

00:51:48,790 --> 00:51:47,119

happen

1424

00:51:50,630 --> 00:51:48,800

it is super

1425

00:51:53,030 --> 00:51:50,640

interesting that is

1426

00:51:55,670 --> 00:51:53,040

one of the most interesting parts

1427

00:51:57,030 --> 00:51:55,680

i love reading about it okay so

1428

00:51:58,549 --> 00:51:57,040

i was just talking about this with a

1429

00:52:01,349 --> 00:51:58,559

client today

1430

00:52:04,870 --> 00:52:01,359

so you can experience

1431

00:52:06,150 --> 00:52:04,880

a traumatic event so horrible

1432

00:52:07,910 --> 00:52:06,160

your brain

1433

00:52:09,190 --> 00:52:07,920

blocks that memory out

1434

00:52:12,150 --> 00:52:09,200

right it's just

1435

00:52:15,109 --> 00:52:12,160

it's just too horrible to remember right

1436

00:52:17,270 --> 00:52:15,119

or if you remember it it's kind of fuzzy

1437

00:52:18,790 --> 00:52:17,280

like the memory will kind of have like a

1438

00:52:20,470 --> 00:52:18,800

matte finish

1439

00:52:23,430 --> 00:52:20,480

and it's to tone

1440

00:52:26,069 --> 00:52:23,440

everything down okay so you may have a

1441

00:52:27,750 --> 00:52:26,079

kind of a a dreamy memory of it or you

1442

00:52:28,549 --> 00:52:27,760

can't remember anything

1443

00:52:34,790 --> 00:52:28,559

so

1444

00:52:37,270 --> 00:52:34,800

psychologist psychiatrist

1445

00:52:38,230 --> 00:52:37,280

and you're doing an intake and trying to

1446

00:52:41,030 --> 00:52:38,240

get the

1447

00:52:42,710 --> 00:52:41,040

to know the client or patient better

1448

00:52:44,150 --> 00:52:42,720

and you're talking about their child and

1449

00:52:46,309 --> 00:52:44,160

you know what they're like you know what

1450

00:52:48,069 --> 00:52:46,319

i don't remember anything nothing

1451
00:52:50,230 --> 00:52:48,079
between the ages of four and eight

1452
00:52:52,069 --> 00:52:50,240
you're like ooh

1453
00:52:54,230 --> 00:52:52,079
ooh

1454
00:52:58,309 --> 00:52:54,240
i think something really bad

1455
00:53:00,549 --> 00:52:58,319
happened a amazing example of

1456
00:53:02,309 --> 00:53:00,559
the memory being changed

1457
00:53:04,150 --> 00:53:02,319
and maybe some missing time or things

1458
00:53:06,710 --> 00:53:04,160
are a little bit fuzzy there's an

1459
00:53:10,150 --> 00:53:06,720
excellent video of uh

1460
00:53:11,589 --> 00:53:10,160
a new york uh new york city firefighter

1461
00:53:15,430 --> 00:53:11,599
who was involved

1462
00:53:17,670 --> 00:53:15,440
in 911 and he's kind of the guy

1463
00:53:19,030 --> 00:53:17,680

who was closest to the collapse and

1464

00:53:21,190 --> 00:53:19,040

didn't die

1465

00:53:23,270 --> 00:53:21,200

and it's because he had all his gear on

1466

00:53:26,069 --> 00:53:23,280

part of it was a respirator

1467

00:53:27,910 --> 00:53:26,079

and right before the towers collapsed

1468

00:53:30,790 --> 00:53:27,920

the kind of last thing he remembers are

1469

00:53:32,549 --> 00:53:30,800

people jumping at the towers an absolute

1470

00:53:34,230 --> 00:53:32,559

horrible thing to see

1471

00:53:35,829 --> 00:53:34,240

he went to a therapist he has

1472

00:53:37,670 --> 00:53:35,839

post-traumatic stress disorder oh man i

1473

00:53:39,349 --> 00:53:37,680

got to talk about this

1474

00:53:42,549 --> 00:53:39,359

to this day

1475

00:53:44,390 --> 00:53:42,559

when he recalls the memory and he looks

1476

00:53:48,150 --> 00:53:44,400

on the sidewalk

1477

00:53:50,630 --> 00:53:48,160

he can only see dead cows

1478

00:53:52,470 --> 00:53:50,640

he cannot see humans because it's too

1479

00:53:54,309 --> 00:53:52,480

traumatic of a memory

1480

00:53:57,030 --> 00:53:54,319

very very interesting interview with

1481

00:53:58,630 --> 00:53:57,040

this guy now so that can happen right

1482

00:54:01,910 --> 00:53:58,640

something terrible happens and you have

1483

00:54:04,069 --> 00:54:01,920

some missing time but that's

1484

00:54:05,750 --> 00:54:04,079

that's not really what i see

1485

00:54:08,790 --> 00:54:05,760

with the uap

1486

00:54:11,589 --> 00:54:08,800

stuff so i'm of the theory

1487

00:54:12,549 --> 00:54:11,599

i could be wrong who knows

1488

00:54:15,190 --> 00:54:12,559

that

1489

00:54:16,309 --> 00:54:15,200

uap occupants

1490

00:54:18,710 --> 00:54:16,319

are

1491

00:54:19,990 --> 00:54:18,720

humans from the future that that's what

1492

00:54:24,390 --> 00:54:20,000

i think

1493

00:54:27,589 --> 00:54:24,400

and they can travel through other

1494

00:54:30,549 --> 00:54:27,599

dimensions and i think that explains

1495

00:54:31,270 --> 00:54:30,559

maybe the great speeds that they travel

1496

00:54:34,309 --> 00:54:31,280

at

1497

00:54:35,349 --> 00:54:34,319

so if you have a distance of maybe 200

1498

00:54:39,510 --> 00:54:35,359

miles

1499

00:54:41,990 --> 00:54:39,520

and through the manipulation of time or

1500

00:54:43,190 --> 00:54:42,000

dimensions you can reduce it to a couple

1501
00:54:45,270 --> 00:54:43,200
feet wide

1502
00:54:46,630 --> 00:54:45,280
then you could just quick hop over

1503
00:54:48,789 --> 00:54:46,640
there's also reports of things just

1504
00:54:51,829 --> 00:54:48,799
disappearing they just whoop and they're

1505
00:54:55,190 --> 00:54:51,839
gone yeah appear over there the time

1506
00:54:57,270 --> 00:54:55,200
thing i think lends credence to that

1507
00:54:59,349 --> 00:54:57,280
theory there's something going on

1508
00:55:01,910 --> 00:54:59,359
with time so i've heard a couple very

1509
00:55:03,510 --> 00:55:01,920
interesting cases one is the abduction

1510
00:55:05,589 --> 00:55:03,520
of betty and barney hill and the white

1511
00:55:07,109 --> 00:55:05,599
mountains of new hampshire and other

1512
00:55:09,829 --> 00:55:07,119
stories like this where people are

1513
00:55:13,030 --> 00:55:09,839

driving cars

1514

00:55:15,510 --> 00:55:13,040

they don't really remember there was

1515

00:55:17,510 --> 00:55:15,520

something going on the drive home

1516

00:55:20,150 --> 00:55:17,520

and let's say the drive usually takes 20

1517

00:55:21,990 --> 00:55:20,160

minutes they get home four hours later

1518

00:55:23,910 --> 00:55:22,000

but they swear they were gone for 20

1519

00:55:26,390 --> 00:55:23,920

minutes they thought the drive went fine

1520

00:55:28,309 --> 00:55:26,400

are the clocks fast no right it took

1521

00:55:30,950 --> 00:55:28,319

like three or four hours i read an

1522

00:55:33,829 --> 00:55:30,960

account of a pilot he swears he was

1523

00:55:36,150 --> 00:55:33,839

around a uap for two minutes he burned a

1524

00:55:38,230 --> 00:55:36,160

half hour of fuel okay but the most

1525

00:55:40,789 --> 00:55:38,240

interesting case

1526

00:55:43,990 --> 00:55:40,799

is the rendel shim forest case

1527

00:55:46,309 --> 00:55:44,000

uh from 1980 in the uk involving some us

1528

00:55:48,309 --> 00:55:46,319

airmen there's a really really good book

1529

00:55:50,950 --> 00:55:48,319

i recommend everybody read about the

1530

00:55:53,270 --> 00:55:50,960

rendelsham forest by nick pope and nick

1531

00:55:56,309 --> 00:55:53,280

pope uh really nice guy i've talked to

1532

00:55:58,950 --> 00:55:56,319

him super cool guy he uh he during the

1533

00:56:01,349 --> 00:55:58,960

90s he was kind of like the lou elizondo

1534

00:56:04,470 --> 00:56:01,359

of the united kingdom like super cool

1535

00:56:06,390 --> 00:56:04,480

guy very very savvy and knows a lot

1536

00:56:07,670 --> 00:56:06,400

about uaps because he investigated so

1537

00:56:09,750 --> 00:56:07,680

many cases

1538

00:56:11,910 --> 00:56:09,760

and the reynoldshim forest one involved

1539

00:56:14,309 --> 00:56:11,920

two airmen where they got very close to

1540

00:56:16,870 --> 00:56:14,319

uap one actually touched it which is a

1541

00:56:17,750 --> 00:56:16,880

whole other story so weird

1542

00:56:20,710 --> 00:56:17,760

and

1543

00:56:21,750 --> 00:56:20,720

they swear they were gone

1544

00:56:25,910 --> 00:56:21,760

minute

1545

00:56:27,670 --> 00:56:25,920

approached the craft it was almost like

1546

00:56:28,630 --> 00:56:27,680

walking through

1547

00:56:31,589 --> 00:56:28,640

mud

1548

00:56:33,430 --> 00:56:31,599

or water or sand there was just this

1549

00:56:34,470 --> 00:56:33,440

weird almost force field that he broke

1550

00:56:36,470 --> 00:56:34,480

through

1551
00:56:38,710 --> 00:56:36,480
so anyway the thing takes off and they

1552
00:56:41,270 --> 00:56:38,720
walk back out of the forest and there's

1553
00:56:42,789 --> 00:56:41,280
a bunch of airmen there was alarmed

1554
00:56:45,349 --> 00:56:42,799
expressions

1555
00:56:46,549 --> 00:56:45,359
and the two guys who are near the uap

1556
00:56:48,309 --> 00:56:46,559
are like

1557
00:56:49,670 --> 00:56:48,319
what are you guys doing here oh wow a

1558
00:56:51,349 --> 00:56:49,680
bunch of people

1559
00:56:54,150 --> 00:56:51,359
and they're like dude this is a search

1560
00:56:56,470 --> 00:56:54,160
party yeah like search party who are you

1561
00:56:58,950 --> 00:56:56,480
looking for you i mean like dude we've

1562
00:57:01,670 --> 00:56:58,960
been gone a minute and said you guys

1563
00:57:03,829 --> 00:57:01,680

have been missing for 45 minutes

1564

00:57:07,270 --> 00:57:03,839

and the two men's

1565

00:57:09,349 --> 00:57:07,280

watches were 45 minutes off

1566

00:57:10,870 --> 00:57:09,359

from everybody else's

1567

00:57:13,190 --> 00:57:10,880

it's so strange

1568

00:57:15,349 --> 00:57:13,200

there's some totally weird it also may

1569

00:57:18,150 --> 00:57:15,359

be the case of travis walton

1570

00:57:19,910 --> 00:57:18,160

um blogger who was abducted in snowflake

1571

00:57:22,069 --> 00:57:19,920

arizona if i remember the story

1572

00:57:25,030 --> 00:57:22,079

correctly i think he was gone for four

1573

00:57:26,390 --> 00:57:25,040

or five days yeah five days

1574

00:57:27,829 --> 00:57:26,400

yeah he never would have guessed he

1575

00:57:29,430 --> 00:57:27,839

thought he was gone for a couple hours

1576

00:57:31,510 --> 00:57:29,440

so that time thing

1577

00:57:32,470 --> 00:57:31,520

is super interesting and i think it has

1578

00:57:34,069 --> 00:57:32,480

to do

1579

00:57:36,150 --> 00:57:34,079

with the manipulation of time and

1580

00:57:38,069 --> 00:57:36,160

dimensions i could be wrong

1581

00:57:39,349 --> 00:57:38,079

yeah definitely i mean we've got you

1582

00:57:41,990 --> 00:57:39,359

know some personal friends you know

1583

00:57:44,309 --> 00:57:42,000

terry loveless i mean that guy he went

1584

00:57:45,990 --> 00:57:44,319

on a routine motorcycle ride and riding

1585

00:57:48,950 --> 00:57:46,000

on a dirt road is something he said he'd

1586

00:57:50,069 --> 00:57:48,960

never do and he said i was cruising on

1587

00:57:51,990 --> 00:57:50,079

the highway

1588

00:57:54,150 --> 00:57:52,000

and then next thing i knew i'm driving

1589

00:57:56,710 --> 00:57:54,160

down this dirt road and i kind of look

1590

00:57:57,990 --> 00:57:56,720

around and i look down at my watch and

1591

00:58:00,309 --> 00:57:58,000

i've been driving down this dirt road

1592

00:58:01,750 --> 00:58:00,319

for over two hours i'm two hours behind

1593

00:58:03,510 --> 00:58:01,760

on my route

1594

00:58:06,309 --> 00:58:03,520

and i don't know

1595

00:58:07,990 --> 00:58:06,319

i don't know what happens you know

1596

00:58:10,870 --> 00:58:08,000

our buddy jocelyn you know she went to

1597

00:58:13,030 --> 00:58:10,880

go take photos out at bradshaw ranch

1598

00:58:15,030 --> 00:58:13,040

i think it was bradshaw ranch and she

1599

00:58:16,950 --> 00:58:15,040

was with some friends

1600

00:58:19,190 --> 00:58:16,960

across the yeah

1601
00:58:21,270 --> 00:58:19,200
yeah she hopped the fence and she was

1602
00:58:22,789 --> 00:58:21,280
gone for she said about 15-20 minutes

1603
00:58:24,789 --> 00:58:22,799
she's taking pictures and when she came

1604
00:58:26,309 --> 00:58:24,799
back over the sheriff's department was

1605
00:58:27,750 --> 00:58:26,319
out there she had friends out there

1606
00:58:29,910 --> 00:58:27,760
everybody was looking for her and she

1607
00:58:31,750 --> 00:58:29,920
had been gone for a couple hours when

1608
00:58:34,069 --> 00:58:31,760
just to her she was gone for a couple

1609
00:58:36,470 --> 00:58:34,079
minutes just taking some photos but they

1610
00:58:38,150 --> 00:58:36,480
believe you know she she you know

1611
00:58:40,870 --> 00:58:38,160
they believe that maybe there is some

1612
00:58:41,990 --> 00:58:40,880
sort of you know phenomena going on out

1613
00:58:44,390 --> 00:58:42,000

at that ranch kind of like the

1614

00:58:46,390 --> 00:58:44,400

skinwalker ranch or the skywalker ranch

1615

00:58:47,990 --> 00:58:46,400

like there's like some high energies and

1616

00:58:50,870 --> 00:58:48,000

if you go back to the rendelsham case

1617

00:58:53,670 --> 00:58:50,880

right some of that binary code sedona

1618

00:58:56,150 --> 00:58:53,680

arizona is where that's at so that is

1619

00:58:57,990 --> 00:58:56,160

one of the places that have this

1620

00:59:00,710 --> 00:58:58,000

supposed high energy

1621

00:59:02,470 --> 00:59:00,720

uh in them uh

1622

00:59:05,270 --> 00:59:02,480

it's also fascinating man that missing

1623

00:59:08,789 --> 00:59:05,280

time stuff i mean that's my phone is uh

1624

00:59:10,630 --> 00:59:08,799

like 11 minutes um ahead of everybody

1625

00:59:13,109 --> 00:59:10,640

and i don't know why like everybody's

1626
00:59:15,349 --> 00:59:13,119
phone is like matching except for mine

1627
00:59:19,190 --> 00:59:17,510
at one point it was uh it was more

1628
00:59:20,390 --> 00:59:19,200
accurate right there was like a period

1629
00:59:21,670 --> 00:59:20,400
of time there's a couple months where it

1630
00:59:23,510 --> 00:59:21,680
was like okay

1631
00:59:25,750 --> 00:59:23,520
it was nine minutes and now it's 11

1632
00:59:27,589 --> 00:59:25,760
minutes and now it's 11 minutes yeah it

1633
00:59:29,670 --> 00:59:27,599
keeps getting faster i feel like i'm i'm

1634
00:59:30,829 --> 00:59:29,680
living like half a second faster than

1635
00:59:32,710 --> 00:59:30,839
everybody

1636
00:59:35,430 --> 00:59:32,720
dude he's maybe aging

1637
00:59:38,309 --> 00:59:35,440
faster which is disturbing i know who

1638
00:59:40,150 --> 00:59:38,319

knows smokes dude

1639

00:59:41,510 --> 00:59:40,160

i know dude i watched this really

1640

00:59:43,589 --> 00:59:41,520

interesting thing and they were talking

1641

00:59:45,750 --> 00:59:43,599

about like the lifespans of like humans

1642

00:59:47,750 --> 00:59:45,760

and then they went into like flies and

1643

00:59:50,470 --> 00:59:47,760

stuff like that and have you know it

1644

00:59:51,990 --> 00:59:50,480

having to do with their metabolism and

1645

00:59:53,510 --> 00:59:52,000

they were talking about reptiles and

1646

00:59:55,430 --> 00:59:53,520

stuff and they were talking about you

1647

00:59:56,870 --> 00:59:55,440

know just on the food chain and however

1648

00:59:58,870 --> 00:59:56,880

like your life

1649

01:00:00,630 --> 00:59:58,880

length exists you know you're able to

1650

01:00:02,390 --> 01:00:00,640

regulate your own metabolism and stuff

1651
01:00:05,750 --> 01:00:02,400
and they were saying that's why when you

1652
01:00:07,109 --> 01:00:05,760
like go to swat a fly if you go really

1653
01:00:09,349 --> 01:00:07,119
really slow

1654
01:00:11,510 --> 01:00:09,359
in their time it's like watching the

1655
01:00:13,589 --> 01:00:11,520
grass grow so you're supposed to go

1656
01:00:16,150 --> 01:00:13,599
really really slow if you're looking at

1657
01:00:18,710 --> 01:00:16,160
an elephant it's a little bit like it's

1658
01:00:20,789 --> 01:00:18,720
a little bit more laid back um

1659
01:00:22,630 --> 01:00:20,799
well the reason the fly you go so slow

1660
01:00:26,470 --> 01:00:22,640
is because they're running really really

1661
01:00:28,309 --> 01:00:26,480
fast so the slower you move to them it's

1662
01:00:29,990 --> 01:00:28,319
like watching the grass grow right but

1663
01:00:32,390 --> 01:00:30,000

to an elephant doesn't have a lot of

1664

01:00:33,829 --> 01:00:32,400

apex predators life's pretty slow

1665

01:00:35,670 --> 01:00:33,839

they're just kind of hanging out they

1666

01:00:37,910 --> 01:00:35,680

live for a long time

1667

01:00:40,150 --> 01:00:37,920

reptiles they can like

1668

01:00:41,990 --> 01:00:40,160

they live the longest it seems like them

1669

01:00:43,829 --> 01:00:42,000

and like fish and birds and it's because

1670

01:00:46,549 --> 01:00:43,839

like their metabolism and how they live

1671

01:00:48,549 --> 01:00:46,559

so like i'm wondering if that time thing

1672

01:00:51,190 --> 01:00:48,559

like if these beings that are taking us

1673

01:00:54,230 --> 01:00:51,200

live in that like you know sped up fly

1674

01:00:56,309 --> 01:00:54,240

world where you know to them you know a

1675

01:00:58,309 --> 01:00:56,319

lifetime to us is like nothing it's like

1676

01:01:01,030 --> 01:00:58,319

a weekend you know we travel across the

1677

01:01:02,230 --> 01:01:01,040

universe it takes four million years it

1678

01:01:05,910 --> 01:01:02,240

takes you know

1679

01:01:07,829 --> 01:01:05,920

25 generations of space you know birds

1680

01:01:09,670 --> 01:01:07,839

to make it to another side of the galaxy

1681

01:01:12,069 --> 01:01:09,680

and like that's a really long time they

1682

01:01:13,910 --> 01:01:12,079

can do it instantly and it still you

1683

01:01:15,990 --> 01:01:13,920

know take four million years but to them

1684

01:01:17,589 --> 01:01:16,000

it was it was like

1685

01:01:20,150 --> 01:01:17,599

really quick

1686

01:01:21,910 --> 01:01:20,160

yeah time is weird somebody uh i think

1687

01:01:24,309 --> 01:01:21,920

it was an article i read online by maybe

1688

01:01:25,349 --> 01:01:24,319

a physicist he's he's still blown away

1689

01:01:27,589 --> 01:01:25,359

by

1690

01:01:29,190 --> 01:01:27,599

time can feel slow

1691

01:01:30,630 --> 01:01:29,200

or it can feel

1692

01:01:33,270 --> 01:01:30,640

quick you know if you're in a waiting

1693

01:01:35,670 --> 01:01:33,280

room it seems like time slows

1694

01:01:37,990 --> 01:01:35,680

and if you're you know eating a really

1695

01:01:39,589 --> 01:01:38,000

good piece of birthday cake it just kind

1696

01:01:41,030 --> 01:01:39,599

of goes so quick you you would think it

1697

01:01:42,789 --> 01:01:41,040

would just be constant no matter the

1698

01:01:45,990 --> 01:01:42,799

environment or experience it's

1699

01:01:47,349 --> 01:01:46,000

interesting yeah yeah so we uh joe and i

1700

01:01:49,510 --> 01:01:47,359

were actually talking about this a

1701

01:01:51,510 --> 01:01:49,520

couple nights ago where like

1702

01:01:53,190 --> 01:01:51,520

so back to you your uh

1703

01:01:55,750 --> 01:01:53,200

understanding or maybe theory on your

1704

01:01:57,190 --> 01:01:55,760

journey right now is that that these e.t

1705

01:01:59,670 --> 01:01:57,200

or aliens whatever you want to call them

1706

01:02:01,510 --> 01:01:59,680

are us from the future who have figured

1707

01:02:04,150 --> 01:02:01,520

out a technology that can

1708

01:02:06,309 --> 01:02:04,160

travel the universe from one side of a

1709

01:02:09,109 --> 01:02:06,319

galaxy to another maybe from one

1710

01:02:10,390 --> 01:02:09,119

universe to a different universe

1711

01:02:12,549 --> 01:02:10,400

and

1712

01:02:15,029 --> 01:02:12,559

what i think uh

1713

01:02:16,150 --> 01:02:15,039

is that whatever technology that they're

1714

01:02:19,029 --> 01:02:16,160

using

1715

01:02:21,270 --> 01:02:19,039

is it so space and time

1716

01:02:23,670 --> 01:02:21,280

is involved with that travel so it's

1717

01:02:25,190 --> 01:02:23,680

it's technically not traveling it's just

1718

01:02:27,670 --> 01:02:25,200

getting rid of one of the dimensions and

1719

01:02:29,349 --> 01:02:27,680

one of the dimensions is time so if you

1720

01:02:31,190 --> 01:02:29,359

so like the diagram that i see in my

1721

01:02:34,309 --> 01:02:31,200

mind is like you know that like really

1722

01:02:36,309 --> 01:02:34,319

famous uh diagram where it's like you

1723

01:02:38,470 --> 01:02:36,319

see a ball in the middle of this grid

1724

01:02:40,630 --> 01:02:38,480

and the heavier the ball the yes

1725

01:02:43,190 --> 01:02:40,640

further it drops so flip that so you're

1726
01:02:44,870 --> 01:02:43,200
looking at it like bird's eye view

1727
01:02:46,710 --> 01:02:44,880
so as you get closer to that

1728
01:02:48,870 --> 01:02:46,720
gravitational field so picture instead

1729
01:02:51,430 --> 01:02:48,880
of a planet it's it's it's a black hole

1730
01:02:53,750 --> 01:02:51,440
or maybe this you know if we if we

1731
01:02:55,670 --> 01:02:53,760
believe that black holes are wormholes

1732
01:02:57,270 --> 01:02:55,680
to different galaxies or universes or

1733
01:02:59,829 --> 01:02:57,280
just anywhere and

1734
01:03:01,430 --> 01:02:59,839
within whatever maybe they're portals

1735
01:03:02,390 --> 01:03:01,440
yeah so as you're looking at it from

1736
01:03:04,150 --> 01:03:02,400
this angle

1737
01:03:05,270 --> 01:03:04,160
when you get closer to that event

1738
01:03:07,109 --> 01:03:05,280

horizon

1739

01:03:09,029 --> 01:03:07,119

time stops but that's just from our

1740

01:03:10,309 --> 01:03:09,039

perspective but to them they're going

1741

01:03:13,029 --> 01:03:10,319

this way

1742

01:03:14,549 --> 01:03:13,039

but to us they stop just because our

1743

01:03:15,349 --> 01:03:14,559

perspective we're looking at it like

1744

01:03:18,870 --> 01:03:15,359

this

1745

01:03:20,710 --> 01:03:18,880

moving okay well time stops when you get

1746

01:03:22,710 --> 01:03:20,720

to the event horizon well maybe not is

1747

01:03:24,309 --> 01:03:22,720

because they're like traveling that way

1748

01:03:25,029 --> 01:03:24,319

does that make sense

1749

01:03:28,870 --> 01:03:25,039

it

1750

01:03:30,470 --> 01:03:28,880

all right when people start talking

1751

01:03:32,789 --> 01:03:30,480

about dimensions i'm out

1752

01:03:34,309 --> 01:03:32,799

like i'm out i i don't

1753

01:03:36,549 --> 01:03:34,319

i'm out of the conference i'll listen

1754

01:03:38,230 --> 01:03:36,559

but i can't contribute anything

1755

01:03:40,630 --> 01:03:38,240

the time thing is

1756

01:03:49,349 --> 01:03:42,630

very

1757

01:03:52,549 --> 01:03:50,390

sorry

1758

01:03:55,750 --> 01:03:52,559

no no no it's it's

1759

01:03:58,150 --> 01:03:55,760

it's interesting and when i

1760

01:04:00,069 --> 01:03:58,160

read an article or even the conversation

1761

01:04:03,109 --> 01:04:00,079

we're having right now i quickly reach

1762

01:04:05,829 --> 01:04:03,119

my intellectual capacity

1763

01:04:07,349 --> 01:04:05,839

i understand completely

1764

01:04:09,029 --> 01:04:07,359

you know but that is interesting that

1765

01:04:10,470 --> 01:04:09,039

you were talking about the physicist who

1766

01:04:12,309 --> 01:04:10,480

was studying how like when you're eating

1767

01:04:14,150 --> 01:04:12,319

a piece of cake it goes faster but when

1768

01:04:15,430 --> 01:04:14,160

you're sitting in a dmv it sucks and it

1769

01:04:17,990 --> 01:04:15,440

takes forever

1770

01:04:20,230 --> 01:04:18,000

it almost makes you wonder like

1771

01:04:22,710 --> 01:04:20,240

is there like an internal mechanism like

1772

01:04:25,029 --> 01:04:22,720

within the human being that can regulate

1773

01:04:28,470 --> 01:04:25,039

the speed of time and it's something

1774

01:04:30,870 --> 01:04:28,480

that maybe we haven't uh

1775

01:04:31,990 --> 01:04:30,880

like figured out how to use like maybe

1776

01:04:33,750 --> 01:04:32,000

there's

1777

01:04:36,230 --> 01:04:33,760

parts to the the human body that we

1778

01:04:37,910 --> 01:04:36,240

don't realize work in certain ways yet

1779

01:04:41,029 --> 01:04:37,920

and maybe we're like

1780

01:04:42,630 --> 01:04:41,039

evolving for that to be something like

1781

01:04:46,230 --> 01:04:42,640

maybe in the mind you know like maybe

1782

01:04:47,990 --> 01:04:46,240

these things live for 800 years uh

1783

01:04:49,750 --> 01:04:48,000

because they know how to control that

1784

01:04:51,349 --> 01:04:49,760

mechanism where they can go

1785

01:04:52,789 --> 01:04:51,359

or slower

1786

01:04:54,630 --> 01:04:52,799

yeah good point if we're going with the

1787

01:04:55,589 --> 01:04:54,640

future human theory

1788

01:05:02,870 --> 01:04:55,599

as

1789

01:05:04,789 --> 01:05:02,880

i have not read anything about

1790

01:05:05,910 --> 01:05:04,799

uap occupants

1791

01:05:09,510 --> 01:05:05,920

speaking

1792

01:05:11,349 --> 01:05:09,520

i i haven't seen an incident of that yet

1793

01:05:13,190 --> 01:05:11,359

i've read a couple stories where

1794

01:05:15,349 --> 01:05:13,200

somebody thought they heard a language

1795

01:05:17,510 --> 01:05:15,359

that was almost similar to russian of

1796

01:05:19,109 --> 01:05:17,520

course it wasn't russian

1797

01:05:20,230 --> 01:05:19,119

and um

1798

01:05:22,710 --> 01:05:20,240

there are

1799

01:05:25,230 --> 01:05:22,720

many many reports where humans were

1800

01:05:26,789 --> 01:05:25,240

contact they were spoken to

1801

01:05:29,670 --> 01:05:26,799

telepathically

1802

01:05:30,710 --> 01:05:29,680

i'm now kind of getting into the theory

1803

01:05:34,230 --> 01:05:30,720

that

1804

01:05:37,750 --> 01:05:34,240

the uaps are flown

1805

01:05:40,870 --> 01:05:37,760

um via the pilot's mind

1806

01:05:42,870 --> 01:05:40,880

uh which is really far out but it it

1807

01:05:44,710 --> 01:05:42,880

does lend credence if you're gonna re uh

1808

01:05:46,230 --> 01:05:44,720

if you're gonna follow bob lazar's story

1809

01:05:48,789 --> 01:05:46,240

in a couple other people's stories who

1810

01:05:51,510 --> 01:05:48,799

said they've been in uaps one of the

1811

01:05:54,309 --> 01:05:51,520

very fascinating things i love is

1812

01:05:55,829 --> 01:05:54,319

um the the simplicity and that's an

1813

01:05:57,910 --> 01:05:55,839

understatement of simplicity there are

1814

01:05:59,670 --> 01:05:57,920

no buttons there are no

1815

01:06:01,990 --> 01:05:59,680

levers there are no gauges there's no

1816

01:06:03,589 --> 01:06:02,000

wiring there are no switches there are

1817

01:06:05,670 --> 01:06:03,599

no screens

1818

01:06:07,990 --> 01:06:05,680

you know everything has this radius of

1819

01:06:10,150 --> 01:06:08,000

curvature like the whole thing has been

1820

01:06:13,349 --> 01:06:10,160

melted everything's symmetrical it's

1821

01:06:16,309 --> 01:06:13,359

like a jello mold right yes it's very

1822

01:06:19,109 --> 01:06:16,319

odd and people you know like there

1823

01:06:21,589 --> 01:06:19,119

aren't doorways there's no art there's

1824

01:06:23,750 --> 01:06:21,599

not a chart there's no paper there's no

1825

01:06:24,789 --> 01:06:23,760

wood there's no trim

1826

01:06:27,109 --> 01:06:24,799

and

1827

01:06:29,589 --> 01:06:27,119

uh reading this roswell book recently

1828

01:06:31,190 --> 01:06:29,599

i'm i'm kind of open to the theory that

1829

01:06:33,029 --> 01:06:31,200

not only can they communicate

1830

01:06:35,190 --> 01:06:33,039

telepathically

1831

01:06:36,950 --> 01:06:35,200

but they may be able

1832

01:06:39,670 --> 01:06:36,960

to fly

1833

01:06:41,910 --> 01:06:39,680

the uap at will

1834

01:06:43,670 --> 01:06:41,920

and the material is some kind of

1835

01:06:46,470 --> 01:06:43,680

smart material

1836

01:06:48,789 --> 01:06:46,480

that maybe its velocity comes about from

1837

01:06:50,390 --> 01:06:48,799

vibrations i mean it's just

1838

01:06:52,150 --> 01:06:50,400

it's so

1839

01:06:53,670 --> 01:06:52,160

weird but again we said at the very

1840

01:06:55,589 --> 01:06:53,680

beginning of this conversation at this

1841

01:06:56,829 --> 01:06:55,599

point you know you put anything on the

1842

01:06:58,829 --> 01:06:56,839

table it might be

1843

01:07:02,309 --> 01:06:58,839

true

1844

01:07:04,309 --> 01:07:02,319

absolutely the adam project joe uh or

1845

01:07:05,670 --> 01:07:04,319

eric i mean joe you and i had an episode

1846

01:07:08,950 --> 01:07:05,680

about that but eric have you have you

1847

01:07:13,029 --> 01:07:11,270

so it's pretty interesting it's it's got

1848

01:07:15,270 --> 01:07:13,039

ryan reynolds in it and it's it's

1849

01:07:17,430 --> 01:07:15,280

talking about like the future you know

1850

01:07:20,069 --> 01:07:17,440

and i think yeah i'm not sure when this

1851

01:07:21,829 --> 01:07:20,079

i think it's like 2080 maybe is when it

1852

01:07:23,270 --> 01:07:21,839

when this movie is set but he ends up

1853

01:07:28,549 --> 01:07:23,280

coming back to like

1854

01:07:30,710 --> 01:07:28,559

you know 2020 um on accident um so like

1855

01:07:32,309 --> 01:07:30,720

the ship though is interesting because i

1856

01:07:33,910 --> 01:07:32,319

feel like we probably have the

1857

01:07:36,870 --> 01:07:33,920

technology to kind of do this already

1858

01:07:39,349 --> 01:07:36,880

but it's it runs off of his dna so he's

1859

01:07:42,950 --> 01:07:39,359

the only person that can fly it um it

1860

01:07:46,549 --> 01:07:42,960

learns him it knows him when the ship is

1861

01:07:48,950 --> 01:07:46,559

injured um and if he's injured then the

1862

01:07:51,349 --> 01:07:48,960

ship won't allow him to fly because it's

1863

01:07:53,510 --> 01:07:51,359

connected through his dna so they're

1864

01:07:55,670 --> 01:07:53,520

like a symbiotic relationship yeah yeah

1865

01:07:57,910 --> 01:07:55,680

they help each other out so that's

1866

01:08:00,150 --> 01:07:57,920

that's the catch is like the people you

1867

01:08:01,910 --> 01:08:00,160

know the group that he works for is mad

1868

01:08:04,150 --> 01:08:01,920

because they can't do anything with this

1869

01:08:06,069 --> 01:08:04,160

ship because they don't have his dna

1870

01:08:08,549 --> 01:08:06,079

they have to have his dna in order to

1871

01:08:11,109 --> 01:08:08,559

move it it won't heal itself unless he

1872

01:08:12,870 --> 01:08:11,119

himself is healed right oh yeah far out

1873

01:08:15,190 --> 01:08:12,880

and the metal that they use is just like

1874

01:08:16,950 --> 01:08:15,200

a meta material which does have

1875

01:08:18,630 --> 01:08:16,960

properties that can heal itself just

1876

01:08:20,149 --> 01:08:18,640

like human cells

1877

01:08:22,229 --> 01:08:20,159

right right

1878

01:08:24,470 --> 01:08:22,239

yeah but it needs some kind of uh

1879

01:08:25,669 --> 01:08:24,480

technology right like some kind of

1880

01:08:28,950 --> 01:08:25,679

uh

1881

01:08:31,669 --> 01:08:28,960

biological

1882

01:08:34,149 --> 01:08:31,679

or dna uh computing or

1883

01:08:35,990 --> 01:08:34,159

or algorithm or something right i can't

1884

01:08:37,990 --> 01:08:36,000

like cells can exist

1885

01:08:39,590 --> 01:08:38,000

but they need a direction like hey this

1886

01:08:42,550 --> 01:08:39,600

is how you do that like a program like

1887

01:08:44,789 --> 01:08:42,560

the dna program yeah super cool yeah

1888

01:08:45,749 --> 01:08:44,799

yeah the biomec stuff now you get into

1889

01:08:47,189 --> 01:08:45,759

like just

1890

01:08:49,430 --> 01:08:47,199

being able to

1891

01:08:51,990 --> 01:08:49,440

interface with the craft through your

1892

01:08:54,309 --> 01:08:52,000

mind which you know we can already hook

1893

01:08:57,030 --> 01:08:54,319

our you know our heads up and move the

1894

01:08:59,990 --> 01:08:57,040

mouse on a computer or move a artificial

1895

01:09:01,910 --> 01:09:00,000

arm we can already do that so who's to

1896

01:09:05,110 --> 01:09:01,920

say that we can't actually interface

1897

01:09:06,870 --> 01:09:05,120

with our minds into a craft and like

1898

01:09:08,950 --> 01:09:06,880

part of me almost thinks that like the

1899

01:09:10,709 --> 01:09:08,960

the the tic tacs or whatever it is that

1900

01:09:11,990 --> 01:09:10,719

we're seeing the saucers like whatever

1901

01:09:13,749 --> 01:09:12,000

it is that you're seeing like the

1902

01:09:15,749 --> 01:09:13,759

smaller ones it almost seems like it's

1903

01:09:18,709 --> 01:09:15,759

it's maybe not even a craft it's maybe

1904

01:09:21,030 --> 01:09:18,719

more of a platform that's coming from

1905

01:09:23,269 --> 01:09:21,040

the craft itself you know the thing

1906

01:09:24,709 --> 01:09:23,279

actually moving through the universe and

1907

01:09:27,669 --> 01:09:24,719

the smaller stuff is just kind of a

1908

01:09:29,829 --> 01:09:27,679

platform that you can interface with uh

1909

01:09:31,749 --> 01:09:29,839

that's total speculation i i have no

1910

01:09:33,110 --> 01:09:31,759

idea but yeah

1911

01:09:35,269 --> 01:09:33,120

no you're on to something because there

1912

01:09:36,950 --> 01:09:35,279

have been reports even of the tic tac at

1913

01:09:38,070 --> 01:09:36,960

the nimitz

1914

01:09:40,550 --> 01:09:38,080

where

1915

01:09:41,749 --> 01:09:40,560

it looked fuzzy

1916

01:09:43,829 --> 01:09:41,759

almost like

1917

01:09:45,749 --> 01:09:43,839

you know when when you have a heat

1918

01:09:47,189 --> 01:09:45,759

rising off a stove you have kind of that

1919

01:09:48,789 --> 01:09:47,199

wavy

1920

01:09:50,550 --> 01:09:48,799

look to it like

1921

01:09:51,910 --> 01:09:50,560

some of these

1922

01:09:53,030 --> 01:09:51,920

craft

1923

01:09:54,630 --> 01:09:53,040

are

1924

01:09:57,669 --> 01:09:54,640

made out of

1925

01:09:58,870 --> 01:09:57,679

metal ceramic whatever

1926

01:10:03,350 --> 01:09:58,880

but

1927

01:10:05,750 --> 01:10:03,360

it it's almost they just this is so

1928

01:10:08,149 --> 01:10:05,760

weird it's like a solid but it's got

1929

01:10:09,830 --> 01:10:08,159

this kind of fuzzy

1930

01:10:13,430 --> 01:10:09,840

visual

1931

01:10:15,350 --> 01:10:13,440

thing around it where it kind of doesn't

1932

01:10:16,390 --> 01:10:15,360

look real

1933

01:10:17,350 --> 01:10:16,400

but it is

1934

01:10:21,270 --> 01:10:17,360

it's

1935

01:10:23,669 --> 01:10:21,280

like bending light around it yeah you

1936

01:10:25,189 --> 01:10:23,679

know you can almost see through it

1937

01:10:26,149 --> 01:10:25,199

right but you're like wait can i see

1938

01:10:28,950 --> 01:10:26,159

through it

1939

01:10:31,030 --> 01:10:28,960

okay so how do you how do you bend light

1940

01:10:33,590 --> 01:10:31,040

with frequency because i think there's

1941

01:10:35,430 --> 01:10:33,600

there's there's a key there like you can

1942

01:10:36,310 --> 01:10:35,440

you can bend light with a couple things

1943

01:10:37,189 --> 01:10:36,320

like

1944

01:10:38,709 --> 01:10:37,199

uh

1945

01:10:39,750 --> 01:10:38,719

gravity right

1946

01:10:40,950 --> 01:10:39,760

yes

1947

01:10:46,149 --> 01:10:40,960

and

1948

01:10:48,390 --> 01:10:46,159

you can bend light around objects but i

1949

01:10:50,390 --> 01:10:48,400

think you can also bend light with with

1950

01:10:52,709 --> 01:10:50,400

certain frequencies and you need you

1951

01:10:55,350 --> 01:10:52,719

need a certain type of atmosphere uh to

1952

01:10:57,030 --> 01:10:55,360

do that so that little shield that that

1953

01:10:59,350 --> 01:10:57,040

that high school kid made or whatever is

1954

01:11:00,950 --> 01:10:59,360

a perfect example you know yeah of being

1955

01:11:03,830 --> 01:11:00,960

able to think

1956

01:11:05,669 --> 01:11:03,840

so he made this this like plastic

1957

01:11:06,790 --> 01:11:05,679

it's it's like a

1958

01:11:08,790 --> 01:11:06,800

man i don't know it looks like something

1959

01:11:11,510 --> 01:11:08,800

you put on a pergola it's just like a

1960

01:11:13,030 --> 01:11:11,520

plastic and yeah you can like

1961

01:11:15,189 --> 01:11:13,040

put it right in front of you and you

1962

01:11:16,870 --> 01:11:15,199

can't see behind it it's like bending

1963

01:11:19,270 --> 01:11:16,880

light to where like it's almost like an

1964

01:11:21,270 --> 01:11:19,280

invisible cloak it's really interesting

1965

01:11:23,110 --> 01:11:21,280

you can't see the person standing behind

1966

01:11:25,669 --> 01:11:23,120

it ben's gonna pull up a picture of it

1967

01:11:26,630 --> 01:11:25,679

right now uh it's pretty fascinating

1968

01:11:29,430 --> 01:11:26,640

like

1969

01:11:31,350 --> 01:11:29,440

we have you know and a kid made this you

1970

01:11:33,830 --> 01:11:31,360

know it's like what is the military

1971

01:11:37,189 --> 01:11:33,840

doing you know what i'm saying or wait

1972

01:11:38,950 --> 01:11:37,199

what yeah so it's like a plexiglas type

1973

01:11:41,189 --> 01:11:38,960

thing that he made

1974

01:11:43,350 --> 01:11:41,199

and what happened to it

1975

01:11:44,790 --> 01:11:43,360

ah

1976

01:11:48,070 --> 01:11:44,800

nope

1977

01:11:50,149 --> 01:11:48,080

there we go wrong copy image address

1978

01:11:52,070 --> 01:11:50,159

and paste

1979

01:11:53,830 --> 01:11:52,080

yeah there you go

1980

01:11:56,070 --> 01:11:53,840

okay so that's one well that's one image

1981

01:11:57,350 --> 01:11:56,080

and then this one look at that like this

1982

01:12:00,310 --> 01:11:57,360

is crazy

1983

01:12:03,189 --> 01:12:00,320

he's totally blocked out

1984

01:12:08,390 --> 01:12:03,199

these craft i would assume are

1985

01:12:12,870 --> 01:12:10,470

so it's like a diy thing like you can

1986

01:12:13,669 --> 01:12:12,880

look up the instructions on on youtube

1987

01:12:15,669 --> 01:12:13,679

now

1988

01:12:16,709 --> 01:12:15,679

i actually did that after our our show

1989

01:12:18,390 --> 01:12:16,719

it was like two weeks ago we were

1990

01:12:19,910 --> 01:12:18,400

talking about this and yeah you could

1991

01:12:22,310 --> 01:12:19,920

you could build this one with just some

1992

01:12:24,870 --> 01:12:22,320

layers of plexiglas apparently

1993

01:12:26,709 --> 01:12:24,880

interesting yeah

1994

01:12:28,550 --> 01:12:26,719

it's pretty it's pretty cool yeah i

1995

01:12:31,270 --> 01:12:28,560

think i think one of the big hang-ups

1996

01:12:33,590 --> 01:12:31,280

that people have is the fact that like

1997

01:12:35,830 --> 01:12:33,600

we don't have the full realization of

1998

01:12:38,390 --> 01:12:35,840

what the human species is capable of

1999

01:12:41,350 --> 01:12:38,400

creating you know and the stuff that is

2000

01:12:45,030 --> 01:12:41,360

coming out now was already created and

2001

01:12:46,550 --> 01:12:45,040

used 60 years ago by you know

2002

01:12:48,950 --> 01:12:46,560

where it starts you know most of that

2003

01:12:51,110 --> 01:12:48,960

stuff comes from like military funding

2004

01:12:53,030 --> 01:12:51,120

and research and stuff and they utilize

2005

01:12:54,950 --> 01:12:53,040

it how they want to utilize it learn how

2006

01:12:57,189 --> 01:12:54,960

to use it and then they send the rest of

2007

01:12:59,910 --> 01:12:57,199

it down to us it's like here's the new

2008

01:13:01,830 --> 01:12:59,920

iphone 30 but like we've been using

2009

01:13:03,910 --> 01:13:01,840

iphone 80

2010

01:13:05,590 --> 01:13:03,920

you know for like a long time already

2011

01:13:07,270 --> 01:13:05,600

but you guys enjoy that it's gonna be

2012

01:13:09,189 --> 01:13:07,280

really cool so

2013

01:13:10,550 --> 01:13:09,199

you know you got guys like like jim

2014

01:13:12,470 --> 01:13:10,560

goodall we were talking about that

2015

01:13:14,310 --> 01:13:12,480

earlier you know he knew ben rich who

2016

01:13:17,270 --> 01:13:14,320

was the president of lockheed martin

2017

01:13:20,149 --> 01:13:17,280

been rich straight up told everybody he

2018

01:13:21,910 --> 01:13:20,159

says somebody asked him about et's and

2019

01:13:24,390 --> 01:13:21,920

he said not only do we have the

2020

01:13:27,910 --> 01:13:24,400

technology to take e.t home i have the

2021

01:13:32,790 --> 01:13:29,910

what does that mean you know like he can

2022

01:13:33,669 --> 01:13:32,800

just say that but like okay

2023

01:13:35,590 --> 01:13:33,679

you know

2024

01:13:37,750 --> 01:13:35,600

the same guy said that anything you've

2025

01:13:39,830 --> 01:13:37,760

ever seen in star trek or star wars

2026

01:13:41,669 --> 01:13:39,840

we've already thought about it tried it

2027

01:13:43,750 --> 01:13:41,679

or realized it wasn't worth our time

2028

01:13:45,350 --> 01:13:43,760

like when when you have a guy like that

2029

01:13:48,950 --> 01:13:45,360

making those types of statements it's

2030

01:13:51,910 --> 01:13:48,960

like all right what what is what is up

2031

01:13:52,950 --> 01:13:51,920

you know and i think some of it is is

2032

01:13:54,390 --> 01:13:52,960

ours

2033

01:13:56,790 --> 01:13:54,400

now i think there's some really weird

2034

01:13:58,790 --> 01:13:56,800

stuff that definitely is not ours but i

2035

01:14:00,950 --> 01:13:58,800

i think it would be

2036

01:14:03,030 --> 01:14:00,960

it would be nice to know what we're

2037

01:14:07,430 --> 01:14:03,040

capable of building but you know we'll

2038

01:14:11,430 --> 01:14:10,229

yeah so what so you're under the

2039

01:14:12,709 --> 01:14:11,440

impression that

2040

01:14:14,470 --> 01:14:12,719

some of these things that people are

2041

01:14:17,350 --> 01:14:14,480

seeing could be

2042

01:14:18,470 --> 01:14:17,360

ours and i'm guessing because of back

2043

01:14:20,310 --> 01:14:18,480

engineering

2044

01:14:22,310 --> 01:14:20,320

things we found

2045

01:14:25,270 --> 01:14:22,320

i think so i think either back

2046

01:14:28,709 --> 01:14:25,280

engineering things that we found or

2047

01:14:32,229 --> 01:14:28,719

by total accident or luck or inspiration

2048

01:14:35,350 --> 01:14:32,239

like i love the idea that uh

2049

01:14:38,470 --> 01:14:35,360

that that humans built the pyramids

2050

01:14:40,470 --> 01:14:38,480

i love that idea i love the idea of like

2051

01:14:42,470 --> 01:14:40,480

human beings and their ingenuity and

2052

01:14:44,310 --> 01:14:42,480

like their creativity and their their

2053

01:14:47,510 --> 01:14:44,320

you know their divine sparks that they

2054

01:14:49,910 --> 01:14:47,520

have to like bring in whole new eras of

2055

01:14:52,390 --> 01:14:49,920

the world you know is like so like

2056

01:14:54,470 --> 01:14:52,400

empowering as yeah we still can't figure

2057

01:14:55,910 --> 01:14:54,480

it out for the human species even though

2058

01:14:58,550 --> 01:14:55,920

we can't figure it out we're on this

2059

01:14:59,990 --> 01:14:58,560

crazy journey and in the whole time span

2060

01:15:02,470 --> 01:15:00,000

of the human species we haven't been

2061

01:15:04,390 --> 01:15:02,480

around very long and like we're already

2062

01:15:06,630 --> 01:15:04,400

exploring off of our planet and i think

2063

01:15:08,229 --> 01:15:06,640

that's really cool and there's you know

2064

01:15:10,229 --> 01:15:08,239

there's a lot of like you know there's a

2065

01:15:12,709 --> 01:15:10,239

lot of negativity about the human race

2066

01:15:14,390 --> 01:15:12,719

but i like to look at it you know i know

2067

01:15:16,229 --> 01:15:14,400

that there's shitty people out there but

2068

01:15:18,470 --> 01:15:16,239

i like to look at it like look at it as

2069

01:15:20,229 --> 01:15:18,480

a whole look at all the cool stuff we've

2070

01:15:22,709 --> 01:15:20,239

done and we don't even know what we're

2071

01:15:24,390 --> 01:15:22,719

capable of doing you know it's

2072

01:15:27,350 --> 01:15:24,400

fascinating to me

2073

01:15:29,430 --> 01:15:27,360

yeah when i saw stan friedman speak

2074

01:15:31,030 --> 01:15:29,440

about 20 years ago

2075

01:15:33,430 --> 01:15:31,040

um

2076

01:15:35,270 --> 01:15:33,440

he was talking about just how fast

2077

01:15:37,350 --> 01:15:35,280

everything's accelerating and he gave a

2078

01:15:38,870 --> 01:15:37,360

great example right at the beginning

2079

01:15:40,630 --> 01:15:38,880

he said uh

2080

01:15:43,189 --> 01:15:40,640

travel back in time

2081

01:15:44,229 --> 01:15:43,199

and give christopher columbus

2082

01:15:46,950 --> 01:15:44,239

um

2083

01:15:49,590 --> 01:15:46,960

the most brilliant people of his era

2084

01:15:50,790 --> 01:15:49,600

unlimited funding unlimited resources

2085

01:15:53,110 --> 01:15:50,800

and tell him to build a pocket

2086

01:15:55,270 --> 01:15:53,120

calculator

2087

01:15:56,790 --> 01:15:55,280

absolutely impossible with all the

2088

01:15:58,149 --> 01:15:56,800

world's resources they wouldn't even

2089

01:16:01,189 --> 01:15:58,159

come close they couldn't even make the

2090

01:16:03,510 --> 01:16:01,199

plastic let alone you know a solar

2091

01:16:05,510 --> 01:16:03,520

powered battery i mean

2092

01:16:06,470 --> 01:16:05,520

and just think that was about you know

2093

01:16:08,630 --> 01:16:06,480

500

2094

01:16:10,390 --> 01:16:08,640

years ago right now we have people

2095

01:16:12,790 --> 01:16:10,400

walking on the moon and the internet

2096

01:16:15,430 --> 01:16:12,800

like dude i i don't like i can't even

2097

01:16:17,350 --> 01:16:15,440

talk about wi-fi i i can't even wrap my

2098

01:16:19,270 --> 01:16:17,360

head around it like some invisible thing

2099

01:16:21,910 --> 01:16:19,280

comes from that box and i can go on

2100

01:16:23,510 --> 01:16:21,920

youtube totally blows my mind but 500

2101

01:16:26,630 --> 01:16:23,520

years ago the world's resources couldn't

2102

01:16:28,550 --> 01:16:26,640

make a pocket calculator absolutely and

2103

01:16:30,470 --> 01:16:28,560

isn't that like interesting that like

2104

01:16:33,110 --> 01:16:30,480

you know wi-fi is like giving you

2105

01:16:35,669 --> 01:16:33,120

internet through the air you know and

2106

01:16:38,630 --> 01:16:35,679

you think about an advanced civilization

2107

01:16:40,390 --> 01:16:38,640

and are they transmitting uh messages to

2108

01:16:42,229 --> 01:16:40,400

you and you think it's telepathic but

2109

01:16:46,709 --> 01:16:42,239

it's not technology you just don't know

2110

01:16:52,390 --> 01:16:49,030

say what you will about um

2111

01:16:54,470 --> 01:16:52,400

uh technology and like a

2112

01:16:58,310 --> 01:16:54,480

an advanced civilization should be able

2113

01:17:00,870 --> 01:16:58,320

to uh speak to uh telepathically but

2114

01:17:03,189 --> 01:17:00,880

man i i i think we figured some really

2115

01:17:06,149 --> 01:17:03,199

awesome stuff out just

2116

01:17:09,990 --> 01:17:06,159

with no help and i i think this uh

2117

01:17:11,110 --> 01:17:10,000

this catalyst moment where 300 years ago

2118

01:17:13,750 --> 01:17:11,120

we were

2119

01:17:16,790 --> 01:17:13,760

sharpening blades and knives with like a

2120

01:17:18,870 --> 01:17:16,800

grindstone and once peop once somebody

2121

01:17:20,950 --> 01:17:18,880

figured out one thing

2122

01:17:22,149 --> 01:17:20,960

it it i think it's a culmination of

2123

01:17:24,709 --> 01:17:22,159

things i don't think we give ourselves

2124

01:17:25,590 --> 01:17:24,719

enough credit i mean a lot of stuff had

2125

01:17:27,110 --> 01:17:25,600

had to

2126
01:17:29,590 --> 01:17:27,120
have happened

2127
01:17:30,950 --> 01:17:29,600
uh like the mining of like copper and

2128
01:17:33,430 --> 01:17:30,960
figuring out that that's like a

2129
01:17:34,709 --> 01:17:33,440
conductive material and like having that

2130
01:17:36,470 --> 01:17:34,719
be a

2131
01:17:39,270 --> 01:17:36,480
lucrative business

2132
01:17:41,590 --> 01:17:39,280
uh so like it has a lot to do with

2133
01:17:43,590 --> 01:17:41,600
with how we figure stuff out but also

2134
01:17:46,310 --> 01:17:43,600
commerce and economy i think that's a

2135
01:17:47,830 --> 01:17:46,320
huge chunk of the reason why we are

2136
01:17:50,630 --> 01:17:47,840
where we are today

2137
01:17:51,990 --> 01:17:50,640
and a big reason why we aren't where we

2138
01:17:54,070 --> 01:17:52,000

could be

2139

01:17:56,390 --> 01:17:54,080

right now because right now we're like

2140

01:17:58,390 --> 01:17:56,400

in this sweet spot where or where

2141

01:18:02,229 --> 01:17:58,400

whoever's at the top is

2142

01:18:05,510 --> 01:18:02,239

is making uh a a pretty hefty amount

2143

01:18:06,470 --> 01:18:05,520

and i'm maybe i'm getting conspiratorial

2144

01:18:08,870 --> 01:18:06,480

but

2145

01:18:10,950 --> 01:18:08,880

if you if you're a billionaire uh by

2146

01:18:12,470 --> 01:18:10,960

controlling this certain set of of the

2147

01:18:14,950 --> 01:18:12,480

economy

2148

01:18:17,669 --> 01:18:14,960

meaning like technologies uh with

2149

01:18:20,390 --> 01:18:17,679

propulsion or having to do with uh

2150

01:18:21,830 --> 01:18:20,400

efficiency with combustion engines

2151

01:18:23,270 --> 01:18:21,840

i would do everything in my power i'll

2152

01:18:25,189 --> 01:18:23,280

probably spend half of my money

2153

01:18:27,830 --> 01:18:25,199

preventing those

2154

01:18:29,030 --> 01:18:27,840

uh technologies from replacing the thing

2155

01:18:31,030 --> 01:18:29,040

that's making

2156

01:18:32,310 --> 01:18:31,040

you know my silk sheets

2157

01:18:34,550 --> 01:18:32,320

right right

2158

01:18:36,070 --> 01:18:34,560

i think i think that's just not me i

2159

01:18:37,830 --> 01:18:36,080

don't know i've never been in that

2160

01:18:39,430 --> 01:18:37,840

scenario so i don't know what i would do

2161

01:18:41,580 --> 01:18:39,440

i've never owned the banking industry

2162

01:18:43,510 --> 01:18:41,590

before maybe i'll try it sometime

2163

01:18:44,470 --> 01:18:43,520

[Laughter]

2164

01:18:46,310 --> 01:18:44,480

yeah

2165

01:18:47,750 --> 01:18:46,320

i've never owned silk sheets before but

2166

01:18:50,709 --> 01:18:47,760

you know

2167

01:18:52,830 --> 01:18:50,719

[h__\h] i got i got like 500 count working

2168

01:18:55,350 --> 01:18:52,840

on that working out just leveling up to

2169

01:18:57,510 --> 01:18:55,360

700 count it's bad when hotels have

2170

01:18:59,510 --> 01:18:57,520

better sheets than you

2171

01:19:02,709 --> 01:18:59,520

remember they don't want to leave them

2172

01:19:16,149 --> 01:19:05,430

uh i miss my wife but god damn this uh

2173

01:19:20,470 --> 01:19:17,830

they're really good man they're really

2174

01:19:21,430 --> 01:19:20,480

good so what's

2175

01:19:24,229 --> 01:19:21,440

doing

2176

01:19:25,990 --> 01:19:24,239

being able to uh get to have a chance to

2177

01:19:27,590 --> 01:19:26,000

talk to experiencers and kind of let

2178

01:19:29,830 --> 01:19:27,600

them just unload what has been one of

2179

01:19:30,950 --> 01:19:29,840

the like most uh

2180

01:19:33,030 --> 01:19:30,960

uh

2181

01:19:33,990 --> 01:19:33,040

what's been one of the most eye-opening

2182

01:19:35,430 --> 01:19:34,000

things

2183

01:19:38,790 --> 01:19:35,440

that you think that you've ex

2184

01:19:43,270 --> 01:19:41,270

well as far as what i see in clients

2185

01:19:44,709 --> 01:19:43,280

it's their loneliness

2186

01:19:47,910 --> 01:19:44,719

it's a pretty

2187

01:19:49,110 --> 01:19:47,920

isolating experience like we discussed

2188

01:19:50,630 --> 01:19:49,120

earlier

2189

01:19:52,070 --> 01:19:50,640

um

2190

01:19:53,430 --> 01:19:52,080

what i do

2191

01:19:56,070 --> 01:19:53,440

think is very

2192

01:19:59,110 --> 01:19:56,080

positive um

2193

01:20:01,110 --> 01:19:59,120

in me what just studying

2194

01:20:06,310 --> 01:20:01,120

this field

2195

01:20:11,910 --> 01:20:08,629

i don't really worry about things i used

2196

01:20:15,030 --> 01:20:11,920

to worry about i find them so trivial so

2197

01:20:16,950 --> 01:20:15,040

before i started researching uaps i was

2198

01:20:19,590 --> 01:20:16,960

researching a lot

2199

01:20:21,030 --> 01:20:19,600

about the criminal justice system

2200

01:20:24,149 --> 01:20:21,040

race

2201
01:20:25,990 --> 01:20:24,159
economics and a couple other subjects

2202
01:20:29,270 --> 01:20:26,000
that relate to those

2203
01:20:32,470 --> 01:20:29,280
i was very interested in cancel culture

2204
01:20:35,590 --> 01:20:32,480
i was very interested in victimhood and

2205
01:20:38,149 --> 01:20:35,600
some of those subjects may my blood

2206
01:20:39,910 --> 01:20:38,159
boil out of people's selfishness or

2207
01:20:44,310 --> 01:20:39,920
people's deceit

2208
01:20:46,390 --> 01:20:44,320
and now i do not care at all i don't

2209
01:20:49,910 --> 01:20:46,400
care at all because

2210
01:20:54,709 --> 01:20:52,310
i think it's inarguably the the greatest

2211
01:20:55,669 --> 01:20:54,719
story in the history of mankind

2212
01:20:58,390 --> 01:20:55,679
um

2213
01:20:59,750 --> 01:20:58,400

with that said

2214

01:21:06,229 --> 01:20:59,760

the

2215

01:21:08,790 --> 01:21:06,239

especially around our most prized

2216

01:21:11,350 --> 01:21:08,800

military assets

2217

01:21:12,550 --> 01:21:11,360

i'm kind of on the

2218

01:21:17,750 --> 01:21:12,560

um

2219

01:21:19,830 --> 01:21:17,760

people who think that they're visiting

2220

01:21:20,629 --> 01:21:19,840

to make us

2221

01:21:22,950 --> 01:21:20,639

um

2222

01:21:25,030 --> 01:21:22,960

this amazing

2223

01:21:27,510 --> 01:21:25,040

um effective

2224

01:21:29,270 --> 01:21:27,520

conf conflict-free

2225

01:21:32,149 --> 01:21:29,280

non-polluting

2226

01:21:33,510 --> 01:21:32,159

philosophical intellectual insightful

2227

01:21:35,350 --> 01:21:33,520

society

2228

01:21:38,149 --> 01:21:35,360

that could be true

2229

01:21:41,189 --> 01:21:38,159

but the more i learn

2230

01:21:43,990 --> 01:21:41,199

and i don't know why i feel this way

2231

01:21:46,950 --> 01:21:44,000

i sometimes have an occasional feeling

2232

01:21:49,270 --> 01:21:46,960

of doom which which does

2233

01:21:51,830 --> 01:21:49,280

give me anxiety or

2234

01:21:54,950 --> 01:21:51,840

make me depressed i have no

2235

01:21:56,870 --> 01:21:54,960

specific reason to believe this it might

2236

01:21:59,750 --> 01:21:56,880

uh stem from their interaction with

2237

01:22:01,990 --> 01:21:59,760

military assets and nuclear stuff

2238

01:22:04,870 --> 01:22:02,000

um but that's one of the challenges

2239

01:22:06,950 --> 01:22:04,880

about this field is

2240

01:22:07,750 --> 01:22:06,960

we've never gotten a message you know

2241

01:22:10,470 --> 01:22:07,760

we've

2242

01:22:15,110 --> 01:22:10,480

and

2243

01:22:17,270 --> 01:22:15,120

all very mysterious

2244

01:22:20,709 --> 01:22:17,280

in general when people are lacking

2245

01:22:23,270 --> 01:22:20,719

information they make up a bad story

2246

01:22:24,390 --> 01:22:23,280

it's just what we're good at right so my

2247

01:22:25,910 --> 01:22:24,400

boss it's

2248

01:22:27,030 --> 01:22:25,920

it's so ridiculous i think i need a

2249

01:22:29,669 --> 01:22:27,040

therapist

2250

01:22:32,310 --> 01:22:29,679

uh when she says uh eric i gotta talk to

2251

01:22:35,270 --> 01:22:32,320

you later i'm like yep i'm getting fired

2252

01:22:38,310 --> 01:22:35,280

yep definitely career's over i'll never

2253

01:22:40,310 --> 01:22:38,320

be on the ufo garage podcast you know my

2254

01:22:41,750 --> 01:22:40,320

my world is shattered

2255

01:22:43,110 --> 01:22:41,760

and then i poke my head in later and

2256

01:22:44,550 --> 01:22:43,120

she's like oh yeah we're going to the

2257

01:22:46,390 --> 01:22:44,560

furniture store didn't you say you need

2258

01:22:49,189 --> 01:22:46,400

a lamp and i'm like oh

2259

01:22:51,750 --> 01:22:49,199

but that's what we do you know our wife

2260

01:22:53,189 --> 01:22:51,760

is home and a half hour late yeah she's

2261

01:22:54,870 --> 01:22:53,199

probably cheating on me and she's like

2262

01:22:55,669 --> 01:22:54,880

no i just had to stop at the grocery

2263

01:22:56,870 --> 01:22:55,679

store

2264

01:22:59,750 --> 01:22:56,880

so maybe

2265

01:23:02,310 --> 01:22:59,760

i'm falling into that where i'm lacking

2266

01:23:03,990 --> 01:23:02,320

information so i'll just go back to that

2267

01:23:05,910 --> 01:23:04,000

thing we've been carrying with us since

2268

01:23:07,910 --> 01:23:05,920

the caveman days i'll think of a

2269

01:23:09,990 --> 01:23:07,920

terrible story because it's good to have

2270

01:23:12,070 --> 01:23:10,000

your guard up and if you go in with low

2271

01:23:14,390 --> 01:23:12,080

expectations you'll always be pleasantly

2272

01:23:16,950 --> 01:23:14,400

surprised so i have stopped worrying

2273

01:23:19,270 --> 01:23:16,960

about things i now find very trivial

2274

01:23:21,030 --> 01:23:19,280

but if sometimes i just need a break

2275

01:23:23,590 --> 01:23:21,040

from the uap stuff like i'll put down my

2276

01:23:25,830 --> 01:23:23,600

book i'll shut off my computer i'll go

2277

01:23:28,470 --> 01:23:25,840

hiking because there's so much

2278

01:23:30,790 --> 01:23:28,480

information gonna be quite overwhelming

2279

01:23:32,629 --> 01:23:30,800

it absolutely can be man you were

2280

01:23:35,110 --> 01:23:32,639

talking earlier a little bit a second

2281

01:23:37,590 --> 01:23:35,120

ago about you know you were really into

2282

01:23:39,189 --> 01:23:37,600

like you know economics and like race

2283

01:23:41,189 --> 01:23:39,199

and you know a lot of things that

2284

01:23:43,270 --> 01:23:41,199

happened to people in their everyday

2285

01:23:46,070 --> 01:23:43,280

life a lot of you know just the way you

2286

01:23:47,669 --> 01:23:46,080

grow up the way you are um you know your

2287

01:23:50,790 --> 01:23:47,679

current situation a lot of that stuff

2288

01:23:53,030 --> 01:23:50,800

does stem from you know like like where

2289

01:23:55,030 --> 01:23:53,040

you grew up or your economic situation

2290

01:23:56,870 --> 01:23:55,040

or like you know even certain like race

2291

01:23:58,709 --> 01:23:56,880

topics you know like there's just all

2292

01:24:00,550 --> 01:23:58,719

that stuff is included

2293

01:24:03,510 --> 01:24:00,560

do you feel like the ufo topic is

2294

01:24:06,390 --> 01:24:03,520

something that transcends all of that

2295

01:24:07,669 --> 01:24:06,400

because it's like happening to everybody

2296

01:24:09,669 --> 01:24:07,679

equally like

2297

01:24:11,430 --> 01:24:09,679

everyone want to talk about equality man

2298

01:24:13,430 --> 01:24:11,440

ufos are totally equal they're

2299

01:24:14,950 --> 01:24:13,440

non-discriminate they're

2300

01:24:16,629 --> 01:24:14,960

they're picking up everybody out here

2301

01:24:18,629 --> 01:24:16,639

you know like yeah

2302

01:24:20,470 --> 01:24:18,639

it's it's such a and that's one of the

2303

01:24:22,709 --> 01:24:20,480

things that i find delightful about the

2304

01:24:24,629 --> 01:24:22,719

topic is that like a lot of those can be

2305

01:24:26,470 --> 01:24:24,639

uncomfortable conversations sometimes

2306

01:24:29,189 --> 01:24:26,480

and then a lot of times people just

2307

01:24:31,430 --> 01:24:29,199

can't handle them for some reason but

2308

01:24:33,189 --> 01:24:31,440

this thing is like well we don't have to

2309

01:24:34,709 --> 01:24:33,199

talk about any of that let's talk about

2310

01:24:37,510 --> 01:24:34,719

like something that's happening to

2311

01:24:39,910 --> 01:24:37,520

people real quick you know right and uh

2312

01:24:42,149 --> 01:24:39,920

and it's global i mean it's it's every

2313

01:24:44,550 --> 01:24:42,159

human and i you know of course i watch

2314

01:24:48,310 --> 01:24:44,560

your episodes with luella zondo

2315

01:24:50,709 --> 01:24:48,320

and he and others have said

2316

01:24:51,910 --> 01:24:50,719

when whatever happens

2317

01:24:53,590 --> 01:24:51,920

happens

2318

01:24:56,950 --> 01:24:53,600

it's not well

2319

01:24:59,189 --> 01:24:56,960

you're iranian and i'm canadian and

2320

01:25:00,790 --> 01:24:59,199

you're black and i'm asian it's just

2321

01:25:04,149 --> 01:25:00,800

it's going to be

2322

01:25:06,629 --> 01:25:04,159

we're humans or we're earthlings even

2323

01:25:09,350 --> 01:25:06,639

and that would be quite

2324

01:25:11,990 --> 01:25:09,360

refreshing it would be quite refreshing

2325

01:25:14,470 --> 01:25:12,000

that's kind of i've started that mindset

2326

01:25:18,070 --> 01:25:14,480

myself where

2327

01:25:20,149 --> 01:25:18,080

i'm i'm now less concerned with maybe

2328

01:25:21,669 --> 01:25:20,159

your physical characteristics or what

2329

01:25:24,870 --> 01:25:21,679

country you're from

2330

01:25:27,830 --> 01:25:24,880

it's that you're from this planet

2331

01:25:30,390 --> 01:25:27,840

because the way things are shaping up

2332

01:25:32,149 --> 01:25:30,400

another theory is that these uap

2333

01:25:33,189 --> 01:25:32,159

occupants maybe originated on earth and

2334

01:25:35,510 --> 01:25:33,199

now live

2335

01:25:37,990 --> 01:25:35,520

on another planet you know i'm i'm open

2336

01:25:39,590 --> 01:25:38,000

to that as well or maybe originate from

2337

01:25:40,870 --> 01:25:39,600

another planet and just visiting here i

2338

01:25:42,149 --> 01:25:40,880

don't know

2339

01:25:45,189 --> 01:25:42,159

but it's

2340

01:25:48,950 --> 01:25:45,199

if the future human theory is incorrect

2341

01:25:52,149 --> 01:25:48,960

then we have humans and we have

2342

01:25:53,990 --> 01:25:52,159

something else it's um certainly changed

2343

01:25:55,830 --> 01:25:54,000

my mind on that and you make a very good

2344

01:25:57,110 --> 01:25:55,840

point it's i think whatever's going to

2345

01:25:59,910 --> 01:25:57,120

happen is going to happen it's going to

2346

01:26:02,070 --> 01:25:59,920

bring us together and now we are just

2347

01:26:05,189 --> 01:26:02,080

humans i mean what a thought

2348

01:26:07,189 --> 01:26:05,199

right right i love that idea because

2349

01:26:09,590 --> 01:26:07,199

even if they uh

2350

01:26:11,510 --> 01:26:09,600

they as extraterrestrials are from a

2351
01:26:13,430 --> 01:26:11,520
different universe or different planet

2352
01:26:16,470 --> 01:26:13,440
or galaxy

2353
01:26:17,590 --> 01:26:16,480
i i have a feeling that that we share a

2354
01:26:19,910 --> 01:26:17,600
common

2355
01:26:21,990 --> 01:26:19,920
uh ancestry

2356
01:26:24,390 --> 01:26:22,000
especially if we have one head two eyes

2357
01:26:27,030 --> 01:26:24,400
a nose a mouth two arms

2358
01:26:30,950 --> 01:26:27,040
two legs that's their legs being bipedal

2359
01:26:33,669 --> 01:26:30,960
is extremely rare yeah and and i i uh i

2360
01:26:35,270 --> 01:26:33,679
don't it's just a hunch man uh based off

2361
01:26:37,350 --> 01:26:35,280
of of

2362
01:26:39,270 --> 01:26:37,360
uh the amount of people that i've talked

2363
01:26:40,790 --> 01:26:39,280

to and just the amount of time that i've

2364

01:26:43,910 --> 01:26:40,800

taken to like really think about a lot

2365

01:26:46,310 --> 01:26:43,920

of this stuff and uh yeah man it's it's

2366

01:26:48,470 --> 01:26:46,320

it's gotta be it's gotta be more simple

2367

01:26:50,709 --> 01:26:48,480

than than we're making it um

2368

01:26:52,229 --> 01:26:50,719

uh making it out to be i mean i i'm not

2369

01:26:56,310 --> 01:26:52,239

discounting the idea that there's like

2370

01:26:57,189 --> 01:26:56,320

reptilians and and and feline uh races

2371

01:26:59,110 --> 01:26:57,199

because

2372

01:27:01,430 --> 01:26:59,120

well in both of those there's one head

2373

01:27:04,310 --> 01:27:01,440

two arms two leg maybe sometimes there's

2374

01:27:06,470 --> 01:27:04,320

like vestigial uh limbs and stuff which

2375

01:27:09,669 --> 01:27:06,480

look i'm very uh we're joe and i are

2376

01:27:11,990 --> 01:27:09,679

very open-minded to to that to that uh

2377

01:27:14,950 --> 01:27:12,000

um in any any different race or whatever

2378

01:27:17,510 --> 01:27:14,960

there's like a there's an insectoid uh

2379

01:27:19,910 --> 01:27:17,520

race as well so yeah i'm just interested

2380

01:27:22,310 --> 01:27:19,920

in and and uh and all that but like the

2381

01:27:23,669 --> 01:27:22,320

the unifying factor uh going back to

2382

01:27:25,750 --> 01:27:23,679

that what you were just speaking about

2383

01:27:27,590 --> 01:27:25,760

eric uh

2384

01:27:28,870 --> 01:27:27,600

is i think

2385

01:27:30,550 --> 01:27:28,880

i think what's happening now what we're

2386

01:27:31,510 --> 01:27:30,560

seeing especially in the past couple

2387

01:27:33,030 --> 01:27:31,520

years

2388

01:27:35,270 --> 01:27:33,040

is this push

2389

01:27:37,270 --> 01:27:35,280

to not tell you

2390

01:27:39,270 --> 01:27:37,280

what it is or

2391

01:27:41,830 --> 01:27:39,280

where they're from

2392

01:27:43,590 --> 01:27:41,840

but to make it

2393

01:27:47,189 --> 01:27:43,600

make you us

2394

01:27:49,750 --> 01:27:47,199

as as a society as a world culture

2395

01:27:51,350 --> 01:27:49,760

have it be our own idea and our own

2396

01:27:54,070 --> 01:27:51,360

interpretation because you can't just

2397

01:27:56,470 --> 01:27:54,080

tell everybody hey get along

2398

01:27:58,229 --> 01:27:56,480

they have to they have to accept it and

2399

01:28:00,790 --> 01:27:58,239

they have to it has to be their idea it

2400

01:28:03,750 --> 01:28:00,800

has to be our idea like you can't just

2401

01:28:05,830 --> 01:28:03,760

force somebody to to do something as as

2402

01:28:06,870 --> 01:28:05,840

complicated as get along

2403

01:28:08,950 --> 01:28:06,880

right right

2404

01:28:11,270 --> 01:28:08,960

so i just i just kind of i feel like

2405

01:28:13,510 --> 01:28:11,280

we're in a good place you guys like

2406

01:28:16,070 --> 01:28:13,520

nuts and bolts or or spirituality i

2407

01:28:19,110 --> 01:28:16,080

think they're all coming you know to to

2408

01:28:23,270 --> 01:28:19,120

uh to a head pretty soon y'all i would

2409

01:28:25,030 --> 01:28:23,280

agree and the recent um

2410

01:28:29,830 --> 01:28:25,040

intelligence briefing

2411

01:28:31,990 --> 01:28:29,840

uh the congressional briefing that aired

2412

01:28:33,990 --> 01:28:32,000

other people have pointed this out my

2413

01:28:36,550 --> 01:28:34,000

favorite part was

2414

01:28:38,709 --> 01:28:36,560

that the two gentlemen

2415

01:28:41,750 --> 01:28:38,719

who were briefing the house intelligence

2416

01:28:43,669 --> 01:28:41,760

committee in america

2417

01:28:46,550 --> 01:28:43,679

they seem very human

2418

01:28:47,430 --> 01:28:46,560

they they they seem

2419

01:28:48,709 --> 01:28:47,440

very

2420

01:28:49,669 --> 01:28:48,719

personable

2421

01:28:52,229 --> 01:28:49,679

um

2422

01:28:54,870 --> 01:28:52,239

very approachable it sounds like i could

2423

01:28:56,550 --> 01:28:54,880

have a beer with one of those guys which

2424

01:28:58,629 --> 01:28:56,560

really surprised me i've worked for the

2425

01:29:01,510 --> 01:28:58,639

feds i was in the military and they

2426

01:29:04,149 --> 01:29:01,520

could be pretty dry bureaucrats yeah and

2427

01:29:05,430 --> 01:29:04,159

they even took the time to say that

2428

01:29:08,470 --> 01:29:05,440

sometimes

2429

01:29:12,310 --> 01:29:08,480

yeah uh ronald moultrie was like yeah

2430

01:29:15,669 --> 01:29:13,750

also said he's like you know i have

2431

01:29:17,750 --> 01:29:15,679

family members and friends

2432

01:29:19,669 --> 01:29:17,760

and we just want to know what this is

2433

01:29:21,030 --> 01:29:19,679

and everybody wants to be safe i thought

2434

01:29:23,430 --> 01:29:21,040

that was brilliant that he mentioned

2435

01:29:24,470 --> 01:29:23,440

that and it seemed very authentic

2436

01:29:27,030 --> 01:29:24,480

yeah

2437

01:29:29,590 --> 01:29:27,040

have you ever heard of uh have you ever

2438

01:29:30,870 --> 01:29:29,600

heard of an experimenter uh being called

2439

01:29:33,189 --> 01:29:30,880

the antenna

2440

01:29:34,229 --> 01:29:33,199

have you ever heard that term

2441

01:29:38,550 --> 01:29:34,239

yes

2442

01:29:40,229 --> 01:29:38,560

well how do you uh how do you take that

2443

01:29:42,310 --> 01:29:40,239

well

2444

01:29:43,750 --> 01:29:42,320

basically what it seems like to me and

2445

01:29:46,070 --> 01:29:43,760

and there's you know some research

2446

01:29:47,910 --> 01:29:46,080

coming out now with like gary nolan

2447

01:29:49,990 --> 01:29:47,920

doing studies on the basal ganglia and

2448

01:29:53,350 --> 01:29:50,000

the cardiopathema

2449

01:29:55,990 --> 01:29:53,360

area of the of of the brain and how like

2450

01:29:57,350 --> 01:29:56,000

certain experiencers uh that area of the

2451

01:30:00,310 --> 01:29:57,360

brain

2452

01:30:02,310 --> 01:30:00,320

lights up like it's it's oh like really

2453

01:30:03,910 --> 01:30:02,320

overly active and it's usually not

2454

01:30:06,229 --> 01:30:03,920

something that you would see they're

2455

01:30:08,470 --> 01:30:06,239

producing higher frequencies well the

2456

01:30:10,790 --> 01:30:08,480

intelligence agency classifies these

2457

01:30:13,270 --> 01:30:10,800

people as antennas and

2458

01:30:14,149 --> 01:30:13,280

for me you know without getting any sort

2459

01:30:16,470 --> 01:30:14,159

of

2460

01:30:18,149 --> 01:30:16,480

clear explanation from from the feds

2461

01:30:20,470 --> 01:30:18,159

right

2462

01:30:23,030 --> 01:30:20,480

it leads me to believe that these people

2463

01:30:25,510 --> 01:30:23,040

um can activate this this region of the

2464

01:30:28,709 --> 01:30:25,520

brain or when these things come around

2465

01:30:32,070 --> 01:30:28,719

it it uh it lights up um and maybe

2466

01:30:34,629 --> 01:30:32,080

that's a a a beacon of some sort for

2467

01:30:36,950 --> 01:30:34,639

some of these these contactees you know

2468

01:30:39,510 --> 01:30:36,960

it's like well you know maybe it's not

2469

01:30:42,790 --> 01:30:39,520

all just chips and stuff maybe it's a

2470

01:30:44,629 --> 01:30:42,800

it's a actual biological uh thing that's

2471

01:30:48,390 --> 01:30:44,639

happening to the human body when they

2472

01:30:50,709 --> 01:30:48,400

come in contact with these craft um what

2473

01:30:52,229 --> 01:30:50,719

is the uh what's the the the new one

2474

01:30:54,950 --> 01:30:52,239

been um

2475

01:30:56,390 --> 01:30:54,960

it's it's like a traumatic brain

2476

01:30:57,830 --> 01:30:56,400

injury that people

2477

01:30:59,270 --> 01:30:57,840

are starting to

2478

01:31:00,470 --> 01:30:59,280

i think they're saying that they're

2479

01:31:02,310 --> 01:31:00,480

they're getting when they come in

2480

01:31:05,990 --> 01:31:02,320

contact with some of these craft but

2481

01:31:07,750 --> 01:31:06,000

yeah you said yeah traumatic uh a tb

2482

01:31:10,229 --> 01:31:07,760

tdi tbi

2483

01:31:11,430 --> 01:31:10,239

yeah there you go there you go i can

2484

01:31:15,189 --> 01:31:11,440

totally spell

2485

01:31:17,270 --> 01:31:15,199

even even as as uh even as simple as as

2486

01:31:19,030 --> 01:31:17,280

needing glasses they believe that the

2487

01:31:21,750 --> 01:31:19,040

electromagnetics in these things are

2488

01:31:24,070 --> 01:31:21,760

like well actually people get sunburns

2489

01:31:26,790 --> 01:31:24,080

and and things like that and it's it's

2490

01:31:28,870 --> 01:31:26,800

it's pulling the iron from your blood up

2491

01:31:30,629 --> 01:31:28,880

to the surface like it's it's actually

2492

01:31:32,149 --> 01:31:30,639

separating it um and it's really

2493

01:31:34,550 --> 01:31:32,159

dangerous stuff that can happen if you

2494

01:31:35,910 --> 01:31:34,560

get next to really powerful magnets well

2495

01:31:37,510 --> 01:31:35,920

this kind of stuff is happening to

2496

01:31:38,870 --> 01:31:37,520

people when they're coming in contact

2497

01:31:42,390 --> 01:31:38,880

with these things

2498

01:31:44,870 --> 01:31:42,400

um it's pretty pretty powerful you know

2499

01:31:49,270 --> 01:31:44,880

that that brain that brain thing if it

2500

01:31:50,550 --> 01:31:49,280

is creating a antenna of some sort you

2501

01:31:52,709 --> 01:31:50,560

know

2502

01:31:54,629 --> 01:31:52,719

that would be interesting to see some

2503

01:31:56,830 --> 01:31:54,639

some studies on that you know because we

2504

01:32:00,550 --> 01:31:56,840

have a lot of friends who say yeah

2505

01:32:02,870 --> 01:32:00,560

um i will see things pretty often but

2506

01:32:04,470 --> 01:32:02,880

have you ever gotten five of us together

2507

01:32:06,229 --> 01:32:04,480

in a room

2508

01:32:08,229 --> 01:32:06,239

to see what happens you know and they

2509

01:32:09,830 --> 01:32:08,239

will occasionally get together and you

2510

01:32:11,110 --> 01:32:09,840

always see something i mean we've been

2511

01:32:12,470 --> 01:32:11,120

out with them

2512

01:32:14,390 --> 01:32:12,480

and when you get them all together i

2513

01:32:16,629 --> 01:32:14,400

mean the skies light up it's very

2514

01:32:18,390 --> 01:32:16,639

strange it's very strange

2515

01:32:19,590 --> 01:32:18,400

yeah now that you explain the antenna

2516

01:32:21,030 --> 01:32:19,600

thing i know what you mean and yeah i

2517

01:32:23,189 --> 01:32:21,040

have heard of that

2518

01:32:27,189 --> 01:32:23,199

um and there's

2519

01:32:29,510 --> 01:32:27,199

you know some theories about

2520

01:32:32,310 --> 01:32:29,520

why are certain people

2521

01:32:33,669 --> 01:32:32,320

contacted you know and others aren't

2522

01:32:36,229 --> 01:32:33,679

i've also read

2523

01:32:37,990 --> 01:32:36,239

very interesting cases

2524

01:32:40,390 --> 01:32:38,000

where there'll be you know four people

2525

01:32:42,070 --> 01:32:40,400

standing outside and one of them's like

2526
01:32:43,350 --> 01:32:42,080
dude do you see that and they're like

2527
01:32:44,629 --> 01:32:43,360
see what

2528
01:32:47,030 --> 01:32:44,639
where

2529
01:32:48,790 --> 01:32:47,040
it's like but it's a physical

2530
01:32:51,030 --> 01:32:48,800
as far as we can tell

2531
01:32:53,030 --> 01:32:51,040
it's a physical object so why can't you

2532
01:32:55,270 --> 01:32:53,040
see it another example is

2533
01:32:57,510 --> 01:32:55,280
simply would go on vacation hawaii

2534
01:32:59,510 --> 01:32:57,520
take a bunch of photos of volcanoes

2535
01:33:02,629 --> 01:32:59,520
they don't see anything when the film's

2536
01:33:04,709 --> 01:33:02,639
developed there's something on it so any

2537
01:33:05,990 --> 01:33:04,719
device can pick it up

2538
01:33:09,430 --> 01:33:06,000

but we

2539

01:33:10,310 --> 01:33:09,440

can't uh speaking about uap injuries

2540

01:33:19,590 --> 01:33:10,320

um

2541

01:33:21,430 --> 01:33:19,600

totaling 1500 pages

2542

01:33:23,669 --> 01:33:21,440

released by the government recently i'm

2543

01:33:26,709 --> 01:33:23,679

i'm reading through all of them and i

2544

01:33:27,590 --> 01:33:26,719

did read the one about uap injuries

2545

01:33:30,229 --> 01:33:27,600

and

2546

01:33:33,510 --> 01:33:30,239

um i'm just speaking for myself if i saw

2547

01:33:36,470 --> 01:33:33,520

a uap i i wouldn't go near it um because

2548

01:33:38,229 --> 01:33:36,480

some of these injuries are very bad

2549

01:33:39,270 --> 01:33:38,239

really bad particularly the brain

2550

01:33:41,510 --> 01:33:39,280

injuries

2551

01:33:44,390 --> 01:33:41,520

and if i remember correctly let's say

2552

01:33:46,950 --> 01:33:44,400

they had you know 40 or 50 people that

2553

01:33:49,110 --> 01:33:46,960

they studied that were near uaps

2554

01:33:52,229 --> 01:33:49,120

i believe a quarter of them died within

2555

01:33:52,950 --> 01:33:52,239

seven years of seeing the uap and again

2556

01:33:56,830 --> 01:33:52,960

it's

2557

01:33:58,790 --> 01:33:56,840

propulsion system some kind of

2558

01:34:01,270 --> 01:33:58,800

electromagnetic wave

2559

01:34:04,950 --> 01:34:01,280

there was a case it's i've been trying

2560

01:34:08,070 --> 01:34:04,960

to look into it because i kind of know

2561

01:34:09,430 --> 01:34:08,080

people in the military where some of the

2562

01:34:12,550 --> 01:34:09,440

people studied

2563

01:34:14,470 --> 01:34:12,560

were special forces officers

2564

01:34:15,830 --> 01:34:14,480

who were medically retired and some of

2565

01:34:17,910 --> 01:34:15,840

them died

2566

01:34:20,629 --> 01:34:17,920

not long after being around the uap

2567

01:34:22,070 --> 01:34:20,639

nobody will reveal where they were

2568

01:34:24,070 --> 01:34:22,080

what was the nature of it were they

2569

01:34:25,270 --> 01:34:24,080

there by chance were they sent there on

2570

01:34:26,950 --> 01:34:25,280

a mission

2571

01:34:29,030 --> 01:34:26,960

nobody really knows but they woke up

2572

01:34:30,709 --> 01:34:29,040

unconscious with burns and then

2573

01:34:33,590 --> 01:34:30,719

subsequent

2574

01:34:35,750 --> 01:34:33,600

this i'd i'd

2575

01:34:37,669 --> 01:34:35,760

really be cautious about

2576

01:34:39,750 --> 01:34:37,679

approaching something

2577

01:34:42,149 --> 01:34:39,760

however there are other instances like i

2578

01:34:44,870 --> 01:34:42,159

know somebody who lives in the midwest

2579

01:34:47,669 --> 01:34:44,880

and an orb with a cube in the middle

2580

01:34:51,189 --> 01:34:47,679

similar to what the navy has seen

2581

01:34:53,510 --> 01:34:51,199

um floated over him and he had no

2582

01:34:55,430 --> 01:34:53,520

signs or symptoms of any kind of adverse

2583

01:34:58,070 --> 01:34:55,440

effects so again

2584

01:35:00,550 --> 01:34:58,080

um like bob lazar said you know we we

2585

01:35:02,709 --> 01:35:00,560

have no idea

2586

01:35:04,790 --> 01:35:02,719

what we're poking around in and he put

2587

01:35:08,470 --> 01:35:04,800

it like you know what if you dropped off

2588

01:35:10,070 --> 01:35:08,480

a nuclear reactor in you know 1600s

2589

01:35:11,430 --> 01:35:10,080

england eventually they're going to get

2590

01:35:13,830 --> 01:35:11,440

curious they're going to take off the

2591

01:35:15,910 --> 01:35:13,840

shielding everybody's going to die and

2592

01:35:17,990 --> 01:35:15,920

then more people just walk into the room

2593

01:35:19,510 --> 01:35:18,000

and they they they have no idea what

2594

01:35:20,950 --> 01:35:19,520

radiation is

2595

01:35:23,430 --> 01:35:20,960

and so some of these injuries are

2596

01:35:25,669 --> 01:35:23,440

actually really concerning especially to

2597

01:35:26,709 --> 01:35:25,679

the brain it's a very very delicate

2598

01:35:29,189 --> 01:35:26,719

organ

2599

01:35:30,950 --> 01:35:29,199

it is it it's also really interesting

2600

01:35:33,270 --> 01:35:30,960

like when you look back and like you

2601
01:35:34,790 --> 01:35:33,280
know ancient history type stuff you know

2602
01:35:36,629 --> 01:35:34,800
like you look at the ark of the covenant

2603
01:35:38,950 --> 01:35:36,639
what happens if you go in there and you

2604
01:35:41,109 --> 01:35:38,960
see it and your hair starts to fall out

2605
01:35:42,950 --> 01:35:41,119
you start to lose your teeth you know

2606
01:35:44,790 --> 01:35:42,960
you can't handle it you know only

2607
01:35:46,790 --> 01:35:44,800
certain people are allowed to go in

2608
01:35:48,950 --> 01:35:46,800
there you start relating like these

2609
01:35:50,070 --> 01:35:48,960
craft to like just simple things that

2610
01:35:51,669 --> 01:35:50,080
have happened here on earth there's

2611
01:35:54,070 --> 01:35:51,679
certain temples right that you're not

2612
01:35:55,910 --> 01:35:54,080
supposed to go near because it's got

2613
01:35:57,830 --> 01:35:55,920

something inside and people die when

2614

01:35:59,109 --> 01:35:57,840

they go inside like

2615

01:36:01,030 --> 01:35:59,119

that's really creepy that we've been

2616

01:36:03,750 --> 01:36:01,040

dealing with this and it's been recorded

2617

01:36:06,550 --> 01:36:03,760

like down in ancient history and we're

2618

01:36:08,390 --> 01:36:06,560

still to this day looking up like

2619

01:36:09,350 --> 01:36:08,400

i have no idea what that is

2620

01:36:11,510 --> 01:36:09,360

yeah

2621

01:36:12,950 --> 01:36:11,520

also like just knowing that the human

2622

01:36:15,830 --> 01:36:12,960

body

2623

01:36:17,750 --> 01:36:15,840

it it runs off of electrical impulses

2624

01:36:20,149 --> 01:36:17,760

well mixed with chemical but we're

2625

01:36:22,149 --> 01:36:20,159

electrical beings like yeah the synapse

2626
01:36:23,669 --> 01:36:22,159
is the communication between our brain

2627
01:36:26,470 --> 01:36:23,679
and every

2628
01:36:28,790 --> 01:36:26,480
organism that lives in our body it it it

2629
01:36:32,470 --> 01:36:28,800
thrives off of electrical communication

2630
01:36:34,790 --> 01:36:32,480
at a very uh subdued level so if if

2631
01:36:35,910 --> 01:36:34,800
whatever craft or technology that that

2632
01:36:39,109 --> 01:36:35,920
it's using

2633
01:36:40,950 --> 01:36:39,119
has to do with the same communication

2634
01:36:42,790 --> 01:36:40,960
level that our body

2635
01:36:47,590 --> 01:36:42,800
communicates with there's got to be

2636
01:36:51,750 --> 01:36:49,350
more validates

2637
01:36:55,910 --> 01:36:51,760
those stories for me knowing that like

2638
01:36:57,270 --> 01:36:55,920

at a at a tiny a tiny level

2639

01:36:59,350 --> 01:36:57,280

uh

2640

01:37:01,590 --> 01:36:59,360

the things that that make things work

2641

01:37:03,430 --> 01:37:01,600

can also ruin it or

2642

01:37:05,350 --> 01:37:03,440

destroy it

2643

01:37:06,790 --> 01:37:05,360

yeah and i think uh

2644

01:37:07,990 --> 01:37:06,800

again i don't know too much about just

2645

01:37:08,950 --> 01:37:08,000

what i read

2646

01:37:10,550 --> 01:37:08,960

um

2647

01:37:12,629 --> 01:37:10,560

i don't think these injuries are

2648

01:37:14,629 --> 01:37:12,639

intentional you know i i don't think

2649

01:37:15,430 --> 01:37:14,639

there's any ill will

2650

01:37:18,550 --> 01:37:15,440

to

2651
01:37:20,149 --> 01:37:18,560
injure humans i just think that we're

2652
01:37:22,470 --> 01:37:20,159
getting close to something that we don't

2653
01:37:23,750 --> 01:37:22,480
understand the effects of

2654
01:37:24,629 --> 01:37:23,760
it could be wrong

2655
01:37:28,149 --> 01:37:24,639
yeah

2656
01:37:29,590 --> 01:37:28,159
this is

2657
01:37:31,189 --> 01:37:29,600
probably a terrible analogy but it's

2658
01:37:33,030 --> 01:37:31,199
like when you're mowing the lawn right

2659
01:37:34,390 --> 01:37:33,040
and a grass snake you scare it and it

2660
01:37:36,550 --> 01:37:34,400
shoots out in front of your lawnmower

2661
01:37:38,629 --> 01:37:36,560
and you run it over yeah it's like i

2662
01:37:41,109 --> 01:37:38,639
didn't mean to do that you know you just

2663
01:37:42,470 --> 01:37:41,119

got close you died

2664

01:37:46,470 --> 01:37:42,480

i was trying to observe you from a

2665

01:37:50,229 --> 01:37:48,550

yeah it was terrible announcement yeah i

2666

01:37:51,350 --> 01:37:50,239

mean there's something there there's

2667

01:37:52,550 --> 01:37:51,360

something there

2668

01:37:54,870 --> 01:37:52,560

i'm gonna work on it and come back to

2669

01:37:56,310 --> 01:37:54,880

you next week bro actually i was uh

2670

01:37:57,189 --> 01:37:56,320

playing with birdie

2671

01:38:05,270 --> 01:37:57,199

uh

2672

01:38:07,030 --> 01:38:05,280

throwing the ball and i'm like ha ha ha

2673

01:38:08,790 --> 01:38:07,040

and i walk up on these like two little

2674

01:38:10,470 --> 01:38:08,800

grass snakes you know like they're very

2675

01:38:12,790 --> 01:38:10,480

uh maybe dark brown or black and they

2676

01:38:14,870 --> 01:38:12,800

have the two yellow very light stripes

2677

01:38:17,830 --> 01:38:14,880

along they're very like you know

2678

01:38:20,390 --> 01:38:17,840

cute little sneaky boys oh yeah and they

2679

01:38:23,510 --> 01:38:20,400

they startled me uh i mean

2680

01:38:24,790 --> 01:38:23,520

i d i did scream like a girl uh but you

2681

01:38:26,790 --> 01:38:24,800

know they're not poisonous so i was like

2682

01:38:29,350 --> 01:38:26,800

oh okay well hopefully birdie doesn't

2683

01:38:31,830 --> 01:38:29,360

see them and eat them but uh like

2684

01:38:33,830 --> 01:38:31,840

because we just we just so happen to get

2685

01:38:35,109 --> 01:38:33,840

close enough to where we noticed each

2686

01:38:38,470 --> 01:38:35,119

other

2687

01:38:39,910 --> 01:38:38,480

via uh you know i saw it it smelled me

2688

01:38:43,669 --> 01:38:39,920

or saw me

2689

01:38:44,709 --> 01:38:43,679

and those those uh fields uh did not

2690

01:38:47,350 --> 01:38:44,719

connect

2691

01:38:50,310 --> 01:38:47,360

just on a on a very

2692

01:38:52,229 --> 01:38:50,320

molecular level we repelled each other

2693

01:38:53,350 --> 01:38:52,239

the stick went that way i went this way

2694

01:38:54,709 --> 01:38:53,360

screaming

2695

01:38:56,950 --> 01:38:54,719

uh you know

2696

01:38:59,030 --> 01:38:56,960

i scream it was like for a second okay

2697

01:39:01,189 --> 01:38:59,040

but um

2698

01:39:01,830 --> 01:39:01,199

there's there's a communication there

2699

01:39:03,510 --> 01:39:01,840

so

2700

01:39:05,750 --> 01:39:03,520

we have a question from the chat it says

2701
01:39:07,990 --> 01:39:05,760
eric for those out there that are having

2702
01:39:10,629 --> 01:39:08,000
problems processing the things they

2703
01:39:13,910 --> 01:39:10,639
might have experienced what is the

2704
01:39:15,430 --> 01:39:13,920
best path forward for them

2705
01:39:17,669 --> 01:39:15,440
that's a good question well of course it

2706
01:39:18,470 --> 01:39:17,679
varies from person to person

2707
01:39:20,149 --> 01:39:18,480
um

2708
01:39:22,550 --> 01:39:20,159
you know there's no the

2709
01:39:23,910 --> 01:39:22,560
though my screen name is uap therapist

2710
01:39:26,070 --> 01:39:23,920
is really nothing

2711
01:39:27,910 --> 01:39:26,080
like a uap therapist out there we just

2712
01:39:30,550 --> 01:39:27,920
have therapists that address

2713
01:39:31,750 --> 01:39:30,560

uh how to reduce the frequency and

2714

01:39:34,310 --> 01:39:31,760

intensity

2715

01:39:35,590 --> 01:39:34,320

of symptoms so unfortunately you know

2716

01:39:39,270 --> 01:39:35,600

you can't

2717

01:39:41,510 --> 01:39:39,280

there's no real solution for maybe um

2718

01:39:43,430 --> 01:39:41,520

an overwhelming uap experience so we'd

2719

01:39:45,750 --> 01:39:43,440

have to use something that we have

2720

01:39:47,830 --> 01:39:45,760

experience with in the past so i kind of

2721

01:39:50,310 --> 01:39:47,840

classify

2722

01:39:52,790 --> 01:39:50,320

and they're not all like this but

2723

01:39:54,470 --> 01:39:52,800

i would classify a lot of ua peer

2724

01:39:57,669 --> 01:39:54,480

experiences as

2725

01:39:59,510 --> 01:39:57,679

a traumatic event okay so we have people

2726

01:40:03,189 --> 01:39:59,520

who get in car crashes and they're

2727

01:40:05,189 --> 01:40:03,199

assaulted and they're in combat right so

2728

01:40:05,990 --> 01:40:05,199

it doesn't have to be with uap some kind

2729

01:40:08,629 --> 01:40:06,000

of

2730

01:40:09,910 --> 01:40:08,639

physical injury you were taken against

2731

01:40:12,550 --> 01:40:09,920

your will

2732

01:40:14,070 --> 01:40:12,560

something like that it could just be

2733

01:40:16,870 --> 01:40:14,080

completely

2734

01:40:18,870 --> 01:40:16,880

overwhelming right so somebody in combat

2735

01:40:20,550 --> 01:40:18,880

can have a traumatic experience by just

2736

01:40:23,270 --> 01:40:20,560

witnessing something

2737

01:40:26,229 --> 01:40:23,280

they're not physically harmed and maybe

2738

01:40:28,629 --> 01:40:26,239

we could say a uap experience is kind of

2739

01:40:31,350 --> 01:40:28,639

similar there might be some overlap

2740

01:40:34,070 --> 01:40:31,360

in symptoms or maybe even the event

2741

01:40:37,109 --> 01:40:34,080

itself you know so what do people do

2742

01:40:39,910 --> 01:40:37,119

when they experience a traumatic event

2743

01:40:42,149 --> 01:40:39,920

um other people like to excuse me people

2744

01:40:44,310 --> 01:40:42,159

who experience traumatic events find

2745

01:40:47,270 --> 01:40:44,320

great power in

2746

01:40:49,510 --> 01:40:47,280

confiding in people who have a shared

2747

01:40:51,669 --> 01:40:49,520

experience right that's why we have

2748

01:40:53,669 --> 01:40:51,679

support groups for

2749

01:40:55,669 --> 01:40:53,679

combat veterans that's why we have

2750

01:40:57,590 --> 01:40:55,679

support groups for

2751

01:41:00,229 --> 01:40:57,600

uh people who are victims of human

2752

01:41:04,229 --> 01:41:00,239

trafficking people who were sexually

2753

01:41:06,470 --> 01:41:04,239

assaulted people who had a spouse die

2754

01:41:08,470 --> 01:41:06,480

right they go to these it's kind of like

2755

01:41:10,629 --> 01:41:08,480

we were talking about way earlier this

2756

01:41:12,310 --> 01:41:10,639

podcast when somebody comes to my office

2757

01:41:14,229 --> 01:41:12,320

and they just tell me tell me tell me

2758

01:41:16,629 --> 01:41:14,239

tell me tell me and i go wow that sounds

2759

01:41:19,590 --> 01:41:16,639

horrible and they're like oh

2760

01:41:21,590 --> 01:41:19,600

thank you somebody finally gets it

2761

01:41:23,510 --> 01:41:21,600

you know making contact with other

2762

01:41:26,310 --> 01:41:23,520

experiencers i think would be a really

2763

01:41:27,750 --> 01:41:26,320

good idea because it takes the

2764

01:41:29,910 --> 01:41:27,760

loneliness

2765

01:41:32,390 --> 01:41:29,920

out of the journey right i think that's

2766

01:41:34,870 --> 01:41:32,400

a really good approach or you could see

2767

01:41:36,310 --> 01:41:34,880

a therapist you know somebody like me if

2768

01:41:38,390 --> 01:41:36,320

you don't want to do the group thing

2769

01:41:40,390 --> 01:41:38,400

either online or in person

2770

01:41:43,910 --> 01:41:40,400

you could work with a therapist and what

2771

01:41:46,470 --> 01:41:43,920

we call it is narrative therapy right so

2772

01:41:49,350 --> 01:41:46,480

if somebody experienced something that

2773

01:41:50,950 --> 01:41:49,360

was unpleasant overwhelming

2774

01:41:52,550 --> 01:41:50,960

something like that they could do

2775

01:41:55,270 --> 01:41:52,560

narrative therapy and it's just they're

2776

01:41:56,790 --> 01:41:55,280

going to tell me the story right they're

2777

01:41:58,950 --> 01:41:56,800

going to tell me

2778

01:42:01,669 --> 01:41:58,960

any aspect of the story it totally

2779

01:42:04,629 --> 01:42:01,679

sucked i was scared i couldn't believe

2780

01:42:06,390 --> 01:42:04,639

it was happening nobody believes me why

2781

01:42:08,470 --> 01:42:06,400

me i was just driving down the road

2782

01:42:10,390 --> 01:42:08,480

minding my own business right

2783

01:42:12,390 --> 01:42:10,400

whatever happened to them in that

2784

01:42:14,790 --> 01:42:12,400

experience they could confide in other

2785

01:42:16,790 --> 01:42:14,800

people to find that shared experience

2786

01:42:18,390 --> 01:42:16,800

or they could work with a professional

2787

01:42:19,990 --> 01:42:18,400

and basically they come in they're like

2788

01:42:23,350 --> 01:42:20,000

i gotta tell somebody

2789

01:42:24,470 --> 01:42:23,360

i gotta get this off my chest right

2790

01:42:27,109 --> 01:42:24,480

and again

2791

01:42:29,430 --> 01:42:27,119

you have to be very careful who you tell

2792

01:42:31,350 --> 01:42:29,440

because somebody might say you're crazy

2793

01:42:34,470 --> 01:42:31,360

somebody might say oh that happened so

2794

01:42:36,149 --> 01:42:34,480

long ago again be dismissive so what you

2795

01:42:37,830 --> 01:42:36,159

really need is somebody with a shared

2796

01:42:39,590 --> 01:42:37,840

experience or a professional who knows

2797

01:42:41,830 --> 01:42:39,600

how to listen right

2798

01:42:45,189 --> 01:42:41,840

you know probably another one is just to

2799

01:42:46,550 --> 01:42:45,199

educate yourself right so that might you

2800

01:42:48,709 --> 01:42:46,560

know like we were talking earlier this

2801

01:42:51,590 --> 01:42:48,719

whole damn thing is one giant puzzle

2802

01:42:53,430 --> 01:42:51,600

right so they can educate themselves on

2803

01:42:56,070 --> 01:42:53,440

what might this be

2804

01:42:59,270 --> 01:42:56,080

where might it come from i think the

2805

01:43:00,390 --> 01:42:59,280

more knowledge we have the less anxious

2806

01:43:02,310 --> 01:43:00,400

we are

2807

01:43:04,870 --> 01:43:02,320

does that sound about yeah you guys get

2808

01:43:05,910 --> 01:43:04,880

what i'm saying absolutely absolutely

2809

01:43:10,550 --> 01:43:05,920

yeah

2810

01:43:13,030 --> 01:43:10,560

definitely like kind of calms calms the

2811

01:43:14,070 --> 01:43:13,040

anxiety of the whole situation you know

2812

01:43:16,149 --> 01:43:14,080

it's kind of like what i was talking

2813

01:43:18,229 --> 01:43:16,159

about earlier with the like you know if

2814

01:43:20,950 --> 01:43:18,239

we knew like what we were actually

2815

01:43:23,669 --> 01:43:20,960

capable of technologically wise like if

2816

01:43:26,870 --> 01:43:23,679

if the whole human race knew that we

2817

01:43:29,590 --> 01:43:26,880

have the technology to fly 9000 miles an

2818

01:43:31,750 --> 01:43:29,600

hour right that would then like open a

2819

01:43:33,669 --> 01:43:31,760

whole nother level of like possibilities

2820

01:43:36,229 --> 01:43:33,679

in the mind of like

2821

01:43:39,270 --> 01:43:36,239

oh it's literally happening right now

2822

01:43:40,390 --> 01:43:39,280

dude we're like yeah it makes this not

2823

01:43:41,990 --> 01:43:40,400

so bad

2824

01:43:44,229 --> 01:43:42,000

because now we can move on to this but

2825

01:43:46,149 --> 01:43:44,239

at least now i have like a ground level

2826

01:43:48,470 --> 01:43:46,159

i have something i can stand on

2827

01:43:50,790 --> 01:43:48,480

something i can build off of yeah just a

2828

01:43:53,430 --> 01:43:50,800

little bit of knowledge definitely can

2829

01:43:54,550 --> 01:43:53,440

can make you feel good that's for sure

2830

01:43:57,030 --> 01:43:54,560

yeah i guess

2831

01:43:59,030 --> 01:43:57,040

oh sorry i didn't mean to interrupt um

2832

01:44:01,830 --> 01:43:59,040

i guess what i was getting at is it is

2833

01:44:03,430 --> 01:44:01,840

not a good idea to isolate that that's

2834

01:44:05,430 --> 01:44:03,440

probably right at the bottom of the list

2835

01:44:07,430 --> 01:44:05,440

of things you want to do

2836

01:44:10,390 --> 01:44:07,440

i agree i agree

2837

01:44:13,590 --> 01:44:10,400

yeah i i was gonna say just just to your

2838

01:44:15,510 --> 01:44:13,600

point eric and joe like uh what we're

2839

01:44:18,149 --> 01:44:15,520

seeing like even just this week with the

2840

01:44:21,030 --> 01:44:18,159

congressional uh uh

2841

01:44:22,790 --> 01:44:21,040

public hearings the first public

2842

01:44:24,709 --> 01:44:22,800

hearings in 50 years

2843

01:44:26,950 --> 01:44:24,719

one of the main topics and i just loved

2844

01:44:29,189 --> 01:44:26,960

this man i loved it they were one of the

2845

01:44:31,030 --> 01:44:29,199

main points to the introduction was hey

2846

01:44:32,070 --> 01:44:31,040

we want to get rid of the stigma man

2847

01:44:35,750 --> 01:44:32,080

like

2848

01:44:40,229 --> 01:44:35,760

very

2849

01:44:41,830 --> 01:44:40,239

of the best sir people are seeing this

2850

01:44:45,750 --> 01:44:41,840

stuff let's just get rid of this stuff

2851

01:44:48,070 --> 01:44:45,760

and it's a rebranding i mean like

2852

01:44:51,189 --> 01:44:48,080

it's just beautiful to see so it is i'm

2853

01:44:54,390 --> 01:44:51,199

just glad to see that that is even in

2854

01:44:56,550 --> 01:44:54,400

the public zeitgeist and it is like my

2855

01:44:59,270 --> 01:44:56,560

grandma like reached out and was like

2856

01:45:00,950 --> 01:44:59,280

hey send me like a screenshot

2857

01:45:02,790 --> 01:45:00,960

what are you where when when are you

2858

01:45:04,950 --> 01:45:02,800

coming on i'm like

2859

01:45:07,590 --> 01:45:04,960

well we're not there yet

2860

01:45:10,709 --> 01:45:07,600

but you know that's cool you're watching

2861

01:45:11,590 --> 01:45:10,719

yeah yeah oh i i totally agree with you

2862

01:45:15,510 --> 01:45:11,600

and

2863

01:45:17,910 --> 01:45:15,520

i think he's democrat from indiana he he

2864

01:45:19,590 --> 01:45:17,920

was kind of the guy running the show

2865

01:45:22,310 --> 01:45:19,600

and uh it was

2866

01:45:24,870 --> 01:45:22,320

probably the third sentence he said

2867

01:45:26,950 --> 01:45:24,880

he goes this the stigma has to end and i

2868

01:45:29,590 --> 01:45:26,960

remember him specifically saying

2869

01:45:33,109 --> 01:45:29,600

if you report a uap you are now a

2870

01:45:36,149 --> 01:45:33,119

witness and not a kook that i was

2871

01:45:39,270 --> 01:45:36,159

floored so awesome but they put such

2872

01:45:41,669 --> 01:45:39,280

an empathetic human face on that meeting

2873

01:45:44,790 --> 01:45:41,679

again i was i was pretty impressed yeah

2874

01:45:47,189 --> 01:45:44,800

yeah you know i uh i always feel bad

2875

01:45:49,510 --> 01:45:47,199

because like you know

2876

01:45:51,669 --> 01:45:49,520

i'll poo poo the whole thing right right

2877

01:45:52,950 --> 01:45:51,679

off the bat you know just because

2878

01:45:54,470 --> 01:45:52,960

i just

2879

01:45:55,910 --> 01:45:54,480

it's just all it's just you know you

2880

01:45:58,470 --> 01:45:55,920

don't think about it you don't think

2881

01:45:59,910 --> 01:45:58,480

about like the important pieces that uh

2882

01:46:01,910 --> 01:45:59,920

that other people

2883

01:46:03,910 --> 01:46:01,920

haven't come to the realization of yet

2884

01:46:06,229 --> 01:46:03,920

you know to like in my mind it's like i

2885

01:46:08,550 --> 01:46:06,239

didn't i didn't even need any proof like

2886

01:46:09,990 --> 01:46:08,560

for some reason you just feel like

2887

01:46:11,990 --> 01:46:10,000

it exists i don't know what it is i

2888

01:46:13,669 --> 01:46:12,000

can't tell you what it is but i feel it

2889

01:46:15,030 --> 01:46:13,679

in my bones right you know you just have

2890

01:46:17,270 --> 01:46:15,040

that feeling but

2891

01:46:19,590 --> 01:46:17,280

uh there is a lot of cool stuff that

2892

01:46:22,070 --> 01:46:19,600

came out of that and and what you you

2893

01:46:23,669 --> 01:46:22,080

guys were talking about is definitely

2894

01:46:26,390 --> 01:46:23,679

one of the most important parts is like

2895

01:46:29,109 --> 01:46:26,400

hey we gotta kill the stigma this isn't

2896

01:46:30,790 --> 01:46:29,119

crazy like that was that was great you

2897

01:46:33,189 --> 01:46:30,800

know yeah

2898

01:46:35,270 --> 01:46:33,199

so and we're gonna talk about it

2899

01:46:38,070 --> 01:46:35,280

probably a few more times because it is

2900

01:46:39,030 --> 01:46:38,080

it's huge i mean it is huge it's it's

2901

01:46:40,709 --> 01:46:39,040

like

2902

01:46:44,070 --> 01:46:40,719

it's the first time i've talked about it

2903

01:46:47,590 --> 01:46:44,080

in in over 50 years you know was it like

2904

01:46:49,109 --> 01:46:47,600

tasty juicy stuff not exactly but again

2905

01:46:51,990 --> 01:46:49,119

it's something i've been interested in

2906

01:46:54,550 --> 01:46:52,000

for a long time so like i'm just ready

2907

01:46:57,669 --> 01:46:54,560

for the juicy stuff right but is it

2908

01:46:59,510 --> 01:46:57,679

juicy stuff to is it not juicy for us

2909

01:47:01,270 --> 01:46:59,520

because we're like our relativeness to

2910

01:47:04,870 --> 01:47:01,280

the subject like as we talk about it all

2911

01:47:06,149 --> 01:47:04,880

the time because dude i think it's

2912

01:47:07,750 --> 01:47:06,159

like somebody could turn on the news

2913

01:47:09,669 --> 01:47:07,760

right now and see some legit

2914

01:47:12,229 --> 01:47:09,679

conversations happening

2915

01:47:14,550 --> 01:47:12,239

with some really smart people yeah

2916

01:47:15,669 --> 01:47:14,560

it is it is juicy like that part is

2917

01:47:18,310 --> 01:47:15,679

juicy but

2918

01:47:20,790 --> 01:47:18,320

i think i enjoyed just ignoring it and

2919

01:47:22,870 --> 01:47:20,800

being like i told you

2920

01:47:25,030 --> 01:47:22,880

honestly same same like

2921

01:47:27,669 --> 01:47:25,040

i am validated i don't need to uh

2922

01:47:30,470 --> 01:47:27,679

express that in any food shape or form

2923

01:47:32,149 --> 01:47:30,480

uh i feel good about it

2924

01:47:33,669 --> 01:47:32,159

it's almost almost like a like a slap on

2925

01:47:35,750 --> 01:47:33,679

the butt like keep going

2926

01:47:37,510 --> 01:47:35,760

i've gotten a couple texts like that

2927

01:47:38,310 --> 01:47:37,520

stuff you were talking about is real i'm

2928

01:47:41,270 --> 01:47:38,320

like

2929

01:47:43,750 --> 01:47:41,280

yeah i know i know i told you

2930

01:47:45,830 --> 01:47:43,760

and it's not like a talk down like

2931

01:47:47,430 --> 01:47:45,840

it's like a yeah i know welcome i'm

2932

01:47:50,950 --> 01:47:47,440

excited for you to start your journey

2933

01:47:54,390 --> 01:47:50,960

welcome to the future you know

2934

01:47:56,629 --> 01:47:54,400

it's that it's that that uh that opening

2935

01:47:59,590 --> 01:47:56,639

of a of a new door on like oh my

2936

01:48:00,629 --> 01:47:59,600

goodness this is possible wow that's

2937

01:48:03,030 --> 01:48:00,639

that's

2938

01:48:05,030 --> 01:48:03,040

like i don't know it's like any time

2939

01:48:06,709 --> 01:48:05,040

like it's literally the biggest thing to

2940

01:48:08,870 --> 01:48:06,719

happen since like

2941

01:48:09,910 --> 01:48:08,880

you watched neil armstrong walk on the

2942

01:48:12,709 --> 01:48:09,920

moon

2943

01:48:13,830 --> 01:48:12,719

it's like the biggest thing ever

2944

01:48:15,669 --> 01:48:13,840

yeah you know

2945

01:48:16,550 --> 01:48:15,679

because that opened so many doors but

2946

01:48:18,390 --> 01:48:16,560

this

2947

01:48:21,030 --> 01:48:18,400

is like okay

2948

01:48:22,629 --> 01:48:21,040

now we're officially like off planet off

2949

01:48:24,629 --> 01:48:22,639

planet or

2950

01:48:27,109 --> 01:48:24,639

out of this dimension whatever it is

2951
01:48:30,470 --> 01:48:27,119
that we decide it's gonna be like in the

2952
01:48:33,350 --> 01:48:30,480
future it's gonna be just

2953
01:48:34,790 --> 01:48:33,360
world world shifting in the biggest way

2954
01:48:38,629 --> 01:48:34,800
possible

2955
01:48:41,189 --> 01:48:38,639
so dude i 100 agree and i gotta i guess

2956
01:48:42,870 --> 01:48:41,199
i got a question for for eric like going

2957
01:48:44,790 --> 01:48:42,880
into this what's gonna happen in the

2958
01:48:46,390 --> 01:48:44,800
next couple years

2959
01:48:49,189 --> 01:48:46,400
is is gonna be

2960
01:48:52,149 --> 01:48:49,199
pr pretty uh uh pretty different uh

2961
01:48:54,310 --> 01:48:52,159
pretty juxtaposed to the last 70 years

2962
01:48:56,950 --> 01:48:54,320
where this topic really became in the

2963
01:49:00,790 --> 01:48:56,960

cultural zeitgeist yeah how do you plan

2964

01:49:01,910 --> 01:49:00,800

on on tackling uh what's to come uh

2965

01:49:04,629 --> 01:49:01,920

with people

2966

01:49:06,070 --> 01:49:04,639

um experiencing more and more because i

2967

01:49:07,350 --> 01:49:06,080

think it's going to happen

2968

01:49:08,950 --> 01:49:07,360

do you have a

2969

01:49:09,910 --> 01:49:08,960

a plan on

2970

01:49:11,430 --> 01:49:09,920

uh

2971

01:49:13,589 --> 01:49:11,440

on what's going to happen because i

2972

01:49:15,589 --> 01:49:13,599

didn't if i could add on that if i could

2973

01:49:17,109 --> 01:49:15,599

add on that just a little bit

2974

01:49:18,870 --> 01:49:17,119

you're probably not going to be dealing

2975

01:49:19,910 --> 01:49:18,880

with just experience your clients now

2976

01:49:21,589 --> 01:49:19,920

you're going to be dealing with just

2977

01:49:23,270 --> 01:49:21,599

regular people who are trying to cope

2978

01:49:25,189 --> 01:49:23,280

with the terms that now there's

2979

01:49:27,270 --> 01:49:25,199

something else out there you know oh

2980

01:49:28,950 --> 01:49:27,280

yeah that's a good point yeah oh both

2981

01:49:30,450 --> 01:49:28,960

very good points

2982

01:49:32,070 --> 01:49:30,460

yeah i um

2983

01:49:33,750 --> 01:49:32,080

[Music]

2984

01:49:35,589 --> 01:49:33,760

i anticipate

2985

01:49:38,229 --> 01:49:35,599

working with people

2986

01:49:39,350 --> 01:49:38,239

joe mentioned i think it's going to be

2987

01:49:42,550 --> 01:49:39,360

people

2988

01:49:44,550 --> 01:49:42,560

with a lot of anxiety about this

2989

01:49:45,669 --> 01:49:44,560

evidence coming out

2990

01:49:47,750 --> 01:49:45,679

and

2991

01:49:51,430 --> 01:49:47,760

they're just overwhelmed they're

2992

01:49:53,510 --> 01:49:51,440

overwhelmed and that's why i make it i i

2993

01:49:56,950 --> 01:49:53,520

think i'm obligated

2994

01:49:59,109 --> 01:49:56,960

to keep up to date with everything

2995

01:50:00,470 --> 01:49:59,119

that's happening and educate myself the

2996

01:50:02,390 --> 01:50:00,480

best i can

2997

01:50:04,790 --> 01:50:02,400

because i mean what a pleasant surprise

2998

01:50:05,669 --> 01:50:04,800

if you were really anxious about

2999

01:50:07,030 --> 01:50:05,679

um

3000

01:50:07,990 --> 01:50:07,040

and and

3001

01:50:12,629 --> 01:50:08,000

this

3002

01:50:16,629 --> 01:50:12,639

like the starting gun has been fired

3003

01:50:18,149 --> 01:50:16,639

right and we're off we're off right and

3004

01:50:20,070 --> 01:50:18,159

a lot of people are critical of that

3005

01:50:22,550 --> 01:50:20,080

meeting again i thought it was

3006

01:50:25,669 --> 01:50:22,560

outstanding because the message was

3007

01:50:27,510 --> 01:50:25,679

this is i i took three things out of it

3008

01:50:29,270 --> 01:50:27,520

these things are real

3009

01:50:30,870 --> 01:50:29,280

we're very concerned

3010

01:50:33,109 --> 01:50:30,880

we're all in this together

3011

01:50:35,510 --> 01:50:33,119

that's the message i got like what else

3012

01:50:36,629 --> 01:50:35,520

do you want yeah i don't i don't need i

3013

01:50:39,270 --> 01:50:36,639

don't need

3014

01:50:40,629 --> 01:50:39,280

the infamous 23-minute video where you

3015

01:50:42,070 --> 01:50:40,639

can look and

3016

01:50:44,070 --> 01:50:42,080

that will come that way i don't know

3017

01:50:45,510 --> 01:50:44,080

what the aliens look like yeah you know

3018

01:50:47,669 --> 01:50:45,520

what you know what'd be better is that

3019

01:50:48,390 --> 01:50:47,679

you get your own experience man like

3020

01:50:53,270 --> 01:50:48,400

just

3021

01:50:55,750 --> 01:50:53,280

it was a great message

3022

01:50:57,830 --> 01:50:55,760

overall um

3023

01:51:00,470 --> 01:50:57,840

but getting back to the clients yeah

3024

01:51:02,229 --> 01:51:00,480

it's gonna be people who

3025

01:51:05,270 --> 01:51:02,239

kind of start

3026

01:51:07,669 --> 01:51:05,280

getting into uaps and seeing this and

3027

01:51:08,709 --> 01:51:07,679

then they're like oh [h__\h] dude this

3028

01:51:10,550 --> 01:51:08,719

stuff's

3029

01:51:12,470 --> 01:51:10,560

real did you read this article i read

3030

01:51:14,149 --> 01:51:12,480

this article and i watched this podcast

3031

01:51:16,550 --> 01:51:14,159

and they saying all these crazy things

3032

01:51:19,589 --> 01:51:16,560

and dude i think they're correct so i

3033

01:51:22,790 --> 01:51:19,599

think i'm gonna have clients coming in

3034

01:51:25,510 --> 01:51:22,800

because they're overwhelmed and i mean

3035

01:51:26,709 --> 01:51:25,520

in short your your world view

3036

01:51:35,030 --> 01:51:26,719

is

3037

01:51:37,270 --> 01:51:35,040

out and man how awesome would it be

3038

01:51:38,709 --> 01:51:37,280

if somebody comes in and sees me maybe a

3039

01:51:39,510 --> 01:51:38,719

client i've been seeing for the past

3040

01:51:41,589 --> 01:51:39,520

year

3041

01:51:43,430 --> 01:51:41,599

and they want to talk about it

3042

01:51:46,629 --> 01:51:43,440

and i come back with

3043

01:51:48,709 --> 01:51:46,639

i am very familiar with this

3044

01:51:50,790 --> 01:51:48,719

they would feel so

3045

01:51:52,950 --> 01:51:50,800

good because we wouldn't kind of be

3046

01:51:54,709 --> 01:51:52,960

solving these mysteries like i can tell

3047

01:51:56,229 --> 01:51:54,719

them about the evidence i could tell

3048

01:51:58,470 --> 01:51:56,239

them i've been researching this for the

3049

01:52:00,709 --> 01:51:58,480

past year and a half

3050

01:52:03,589 --> 01:52:00,719

and when they have questions i'll be

3051
01:52:06,709 --> 01:52:03,599
able to answer them and educate them

3052
01:52:09,189 --> 01:52:06,719
which may reduce the anxiety a little so

3053
01:52:11,109 --> 01:52:09,199
that's going to be one population

3054
01:52:13,109 --> 01:52:11,119
when it comes to pure

3055
01:52:14,310 --> 01:52:13,119
experiencers

3056
01:52:17,510 --> 01:52:14,320
you know i'm going to use all the

3057
01:52:19,510 --> 01:52:17,520
approaches that we discussed earlier you

3058
01:52:22,629 --> 01:52:19,520
know quite frankly

3059
01:52:25,189 --> 01:52:22,639
i'm surprised i've never had a client a

3060
01:52:26,709 --> 01:52:25,199
non-uap experiencer

3061
01:52:29,350 --> 01:52:26,719
bring this stuff up

3062
01:52:31,589 --> 01:52:29,360
um i have two clients who i've kind of

3063
01:52:34,229 --> 01:52:31,599

mentioned it in passing and they knew

3064

01:52:35,669 --> 01:52:34,239

what your uaps were they were familiar

3065

01:52:37,589 --> 01:52:35,679

with the nimitz

3066

01:52:39,350 --> 01:52:37,599

incident and then i had a third client

3067

01:52:41,350 --> 01:52:39,360

who watched a bob lazar video a couple

3068

01:52:43,669 --> 01:52:41,360

times and knew about lazar

3069

01:52:46,550 --> 01:52:43,679

other than that nobody's mentioned it

3070

01:52:47,510 --> 01:52:46,560

and even all my friends i've never had a

3071

01:52:49,589 --> 01:52:47,520

friend

3072

01:52:51,589 --> 01:52:49,599

bring it up like dude did you hear about

3073

01:52:53,589 --> 01:52:51,599

this congressional hearing

3074

01:52:55,830 --> 01:52:53,599

and that's for a couple reasons look

3075

01:52:57,830 --> 01:52:55,840

we're all not the same and if we were

3076

01:53:01,109 --> 01:52:57,840

life would be really boring

3077

01:53:02,790 --> 01:53:01,119

and my friend who's

3078

01:53:04,629 --> 01:53:02,800

married so she's got her husband and

3079

01:53:07,030 --> 01:53:04,639

she's got her two kids

3080

01:53:09,510 --> 01:53:07,040

the husband and wife work full-time

3081

01:53:11,750 --> 01:53:09,520

they're fixing up their house

3082

01:53:14,149 --> 01:53:11,760

people have better things to do i have

3083

01:53:18,390 --> 01:53:14,159

the luxury that i have a lot of spare

3084

01:53:19,990 --> 01:53:18,400

time to look into uaps and i got kind of

3085

01:53:21,669 --> 01:53:20,000

not frustrated with her but i was just

3086

01:53:23,189 --> 01:53:21,679

astounded that

3087

01:53:24,629 --> 01:53:23,199

you know i sent her a couple links and i

3088

01:53:27,350 --> 01:53:24,639

was like oh this is totally gonna blow

3089

01:53:29,350 --> 01:53:27,360

her mind and she looked at him and she

3090

01:53:31,589 --> 01:53:29,360

was like yeah i get it and i was like

3091

01:53:33,270 --> 01:53:31,599

aaron what the hell are you talking like

3092

01:53:34,709 --> 01:53:33,280

your mind is supposed to be blown and

3093

01:53:36,070 --> 01:53:34,719

i'm getting mad at you because your mind

3094

01:53:37,510 --> 01:53:36,080

isn't blown

3095

01:53:38,790 --> 01:53:37,520

and she says

3096

01:53:41,109 --> 01:53:38,800

eric i

3097

01:53:43,030 --> 01:53:41,119

i have two kids with a lot of food

3098

01:53:44,550 --> 01:53:43,040

allergies and a picky husband i'm trying

3099

01:53:45,430 --> 01:53:44,560

to cook dinner

3100

01:54:00,390 --> 01:53:45,440

i

3101
01:54:02,550 --> 01:54:00,400
my phone when one lands on your front

3102
01:54:04,390 --> 01:54:02,560
yard and you want to know stuff about it

3103
01:54:07,109 --> 01:54:04,400
yeah it's too late yeah it's going to

3104
01:54:11,510 --> 01:54:09,750
oh god i love that story eric dude i

3105
01:54:14,070 --> 01:54:11,520
thank you for sharing that because like

3106
01:54:16,470 --> 01:54:14,080
i resonate with that so much man without

3107
01:54:18,470 --> 01:54:16,480
going into too much detail but like so

3108
01:54:19,990 --> 01:54:18,480
many of my friends are like no dude i

3109
01:54:22,310 --> 01:54:20,000
get it like

3110
01:54:24,790 --> 01:54:22,320
great like awesome but i've got other

3111
01:54:27,430 --> 01:54:24,800
[h__\h] going on that like directly

3112
01:54:29,270 --> 01:54:27,440
involves me like feeding other babies

3113
01:54:30,709 --> 01:54:29,280

mouths like right let's just

3114

01:54:34,149 --> 01:54:30,719

talk about that

3115

01:54:36,870 --> 01:54:34,159

and hey that's that's fine man

3116

01:54:38,310 --> 01:54:36,880

and and yeah i think at the beginning of

3117

01:54:39,430 --> 01:54:38,320

one's journey if

3118

01:54:40,149 --> 01:54:39,440

just bringing this

3119

01:54:41,830 --> 01:54:40,159

just

3120

01:54:43,669 --> 01:54:41,840

winding it backwards for a second if

3121

01:54:45,109 --> 01:54:43,679

anybody else is else out there is

3122

01:54:46,629 --> 01:54:45,119

thinking about this is like dude if

3123

01:54:49,350 --> 01:54:46,639

you've been through an experience like

3124

01:54:51,830 --> 01:54:49,360

last week it's probably really fresh

3125

01:54:55,589 --> 01:54:51,840

and you need to talk to somebody

3126

01:54:57,669 --> 01:54:55,599

and you need to absolutely do that

3127

01:54:58,950 --> 01:54:57,679

and and i i guess my last question is

3128

01:55:01,109 --> 01:54:58,960

like

3129

01:55:02,550 --> 01:55:01,119

do you think that time and and and

3130

01:55:05,189 --> 01:55:02,560

speaking about it and connecting with

3131

01:55:07,669 --> 01:55:05,199

people as as social creatures as humans

3132

01:55:09,350 --> 01:55:07,679

like do you think that's the remedy

3133

01:55:11,350 --> 01:55:09,360

do you think like there's no drug out

3134

01:55:12,390 --> 01:55:11,360

there that you can take to get rid of

3135

01:55:13,910 --> 01:55:12,400

this right

3136

01:55:19,350 --> 01:55:13,920

yeah

3137

01:55:20,629 --> 01:55:19,360

connection uh i think it's about telling

3138

01:55:23,030 --> 01:55:20,639

your story

3139

01:55:24,950 --> 01:55:23,040

you know that there's not really a

3140

01:55:27,030 --> 01:55:24,960

a cure you know like if you have a

3141

01:55:28,550 --> 01:55:27,040

specific mental illness we have some

3142

01:55:29,830 --> 01:55:28,560

really good medications out there that

3143

01:55:32,550 --> 01:55:29,840

can help

3144

01:55:34,950 --> 01:55:32,560

uh but in this case it's

3145

01:55:37,109 --> 01:55:34,960

it it's it's unique

3146

01:55:39,750 --> 01:55:37,119

right so if we have somebody

3147

01:55:42,390 --> 01:55:39,760

experiencing maybe anxiety or even

3148

01:55:44,310 --> 01:55:42,400

post-traumatic stress disorder

3149

01:55:46,229 --> 01:55:44,320

we we can treat that right we have

3150

01:55:48,310 --> 01:55:46,239

medication we have talk therapy

3151

01:55:50,470 --> 01:55:48,320

approaches and stuff like that

3152

01:55:51,430 --> 01:55:50,480

um but it's this

3153

01:55:53,669 --> 01:55:51,440

whole

3154

01:55:57,669 --> 01:55:53,679

other

3155

01:55:59,589 --> 01:55:57,679

whether you're thinking about where did

3156

01:56:02,870 --> 01:55:59,599

we come from or

3157

01:56:04,310 --> 01:56:02,880

religion or philosophy or future or

3158

01:56:06,229 --> 01:56:04,320

other dimensions

3159

01:56:07,669 --> 01:56:06,239

there are just so many more questions

3160

01:56:10,629 --> 01:56:07,679

than answers

3161

01:56:12,950 --> 01:56:10,639

and yeah i think connection is

3162

01:56:15,990 --> 01:56:12,960

not the cure but it's a really good idea

3163

01:56:18,790 --> 01:56:16,000

because again isolating is that that

3164

01:56:21,750 --> 01:56:18,800

should be at the bottom of your list

3165

01:56:24,470 --> 01:56:21,760

love it definitely love it definitely

3166

01:56:27,030 --> 01:56:24,480

we're getting pretty close to the end uh

3167

01:56:29,109 --> 01:56:27,040

eric man this has been absolutely

3168

01:56:30,950 --> 01:56:29,119

awesome man it's been so great talking

3169

01:56:33,669 --> 01:56:30,960

to you someone would say that what

3170

01:56:35,510 --> 01:56:33,679

you're doing right now is very brave

3171

01:56:37,109 --> 01:56:35,520

right i got to tell you ben and i have

3172

01:56:39,270 --> 01:56:37,119

been working on a documentary for about

3173

01:56:42,790 --> 01:56:39,280

two years do you know how hard it has

3174

01:56:45,189 --> 01:56:42,800

been to get somebody um uh like you with

3175

01:56:48,229 --> 01:56:45,199

your qualifications even talk about it

3176

01:56:50,629 --> 01:56:48,239

like it has been yeah a nightmare right

3177

01:56:52,229 --> 01:56:50,639

we've tried talking to physicians and

3178

01:56:54,950 --> 01:56:52,239

other just like

3179

01:56:57,430 --> 01:56:54,960

in the medical field and and dude it is

3180

01:56:59,189 --> 01:56:57,440

so tough everybody's like i'll write it

3181

01:57:00,550 --> 01:56:59,199

down on a sticky note

3182

01:57:03,350 --> 01:57:00,560

like okay right

3183

01:57:04,629 --> 01:57:03,360

yeah and uh ross coldheart i'm sure you

3184

01:57:05,510 --> 01:57:04,639

know uh

3185

01:57:10,790 --> 01:57:05,520

he's

3186

01:57:14,149 --> 01:57:10,800

his neck out as a really good journalist

3187

01:57:15,589 --> 01:57:14,159

and uh if anybody criticizes him he he

3188

01:57:16,870 --> 01:57:15,599

does not care

3189

01:57:18,709 --> 01:57:16,880

at all

3190

01:57:21,109 --> 01:57:18,719

and i'm on the same boat you know

3191

01:57:22,830 --> 01:57:21,119

somebody's like yeah because

3192

01:57:26,229 --> 01:57:22,840

you know experiences are being

3193

01:57:27,750 --> 01:57:26,239

criticized but i've been criticized just

3194

01:57:28,709 --> 01:57:27,760

for offering

3195

01:57:30,470 --> 01:57:28,719

help

3196

01:57:33,910 --> 01:57:30,480

you know i remember when i created my

3197

01:57:35,589 --> 01:57:33,920

twitter account the very first comment i

3198

01:57:37,350 --> 01:57:35,599

received was

3199

01:57:39,109 --> 01:57:37,360

are you [h__\h] kidding me you could

3200

01:57:42,470 --> 01:57:39,119

have actually done something useful with

3201

01:57:45,270 --> 01:57:42,480

your degree the very first twitter

3202

01:57:47,750 --> 01:57:45,280

comment so if i'm being

3203

01:57:50,310 --> 01:57:47,760

treated like that imagine somebody who's

3204

01:57:52,070 --> 01:57:50,320

reaching out for help was being treated

3205

01:57:55,109 --> 01:57:52,080

and again we mentioned it before people

3206

01:57:56,629 --> 01:57:55,119

could be quite vicious about it

3207

01:57:59,430 --> 01:57:56,639

they really can't and you know what's

3208

01:58:01,270 --> 01:57:59,440

crazy well you know what's interesting

3209

01:58:03,270 --> 01:58:01,280

is that the most vicious people

3210

01:58:04,709 --> 01:58:03,280

especially on twitter

3211

01:58:06,149 --> 01:58:04,719

that are attacking

3212

01:58:07,990 --> 01:58:06,159

those that are coming out with their

3213

01:58:11,189 --> 01:58:08,000

story or trying to help other people are

3214

01:58:13,990 --> 01:58:11,199

often other experiencers

3215

01:58:16,390 --> 01:58:14,000

that's like it sucks and and it comes

3216

01:58:17,830 --> 01:58:16,400

from like the root of it is is that

3217

01:58:19,430 --> 01:58:17,840

self-acceptance

3218

01:58:21,669 --> 01:58:19,440

and that connection you know they're

3219

01:58:23,669 --> 01:58:21,679

lacking that like that's what that's the

3220

01:58:25,030 --> 01:58:23,679

remedy like

3221

01:58:27,750 --> 01:58:25,040

that's why i try to like

3222

01:58:30,629 --> 01:58:27,760

i think me joe and i are like hey no

3223

01:58:32,709 --> 01:58:30,639

drama don't talk [h__h] about anybody hey

3224

01:58:34,950 --> 01:58:32,719

be like hey dude let's talk let's let's

3225

01:58:37,510 --> 01:58:34,960

hash this out what are we talking about

3226

01:58:39,270 --> 01:58:37,520

here uh because i feel like

3227

01:58:41,430 --> 01:58:39,280

this anger is coming from a place that

3228

01:58:45,109 --> 01:58:41,440

we can we can connect on it and get

3229

01:58:48,229 --> 01:58:45,119

through so yeah i agree yeah yeah

3230

01:58:51,109 --> 01:58:48,239

dude i i've i've loved having you come

3231

01:58:52,709 --> 01:58:51,119

on i feel like we we need to like uh

3232

01:58:54,070 --> 01:58:52,719

uh introduce you

3233

01:58:57,830 --> 01:58:54,080

as like a

3234

01:59:00,390 --> 01:58:57,840

our resident uh psychologist you know

3235

01:59:02,149 --> 01:59:00,400

and and and maybe every couple months we

3236

01:59:03,589 --> 01:59:02,159

we do a segment or whatever whatever

3237

01:59:05,750 --> 01:59:03,599

you're working on dude you're always

3238

01:59:07,990 --> 01:59:05,760

welcome to come back on the show brother

3239

01:59:10,550 --> 01:59:08,000

thank you i really really appreciate it

3240

01:59:13,430 --> 01:59:10,560

absolutely man well hey you have a great

3241

01:59:15,510 --> 01:59:13,440

rest of your night man uh be safe thank

3242

01:59:17,430 --> 01:59:15,520

you so much for what you do that's been

3243

01:59:19,750 --> 01:59:17,440

you know one of the biggest things as

3244

01:59:21,510 --> 01:59:19,760

we've done this is uh man i just wish

3245

01:59:23,350 --> 01:59:21,520

somebody would listen to us and that's

3246

01:59:25,510 --> 01:59:23,360

what ben and i try to bring to the table

3247

01:59:28,070 --> 01:59:25,520

and we're so glad to have qualified

3248

01:59:29,830 --> 01:59:28,080

people like you uh kind of uh starting

3249

01:59:32,550 --> 01:59:29,840

to do the same thing man so we really

3250

01:59:35,270 --> 01:59:32,560

appreciate that yeah i'm sure everybody

3251

01:59:36,629 --> 01:59:35,280

appreciates your work especially myself

3252

01:59:38,229 --> 01:59:36,639

and uh thanks again for having me i

3253

01:59:39,990 --> 01:59:38,239

appreciate it thank you very much man

3254

01:59:43,990 --> 01:59:40,000

will you have a great night all right

3255

01:59:46,390 --> 01:59:44,000

thank you we'll talk to you later bye

3256

01:59:49,669 --> 01:59:48,310

yeah yeah yeah oh are we both pressing

3257

01:59:51,910 --> 01:59:49,679

the button

3258

01:59:55,750 --> 01:59:51,920

we're both trying to be responsible

3259

01:59:59,910 --> 01:59:57,990

you got the jacket i put a jacket on and

3260

02:00:03,189 --> 01:59:59,920

all of a sudden i i start wanting to be

3261

02:00:05,990 --> 02:00:03,199

all smart and [h__\h] dude you are like so

3262

02:00:07,189 --> 02:00:06,000

smart today also let me let me see them

3263

02:00:09,270 --> 02:00:07,199

uh uh

3264

02:00:12,310 --> 02:00:09,280

elbow pads doug

3265

02:00:13,830 --> 02:00:12,320

that's what's up yeah damn you know you

3266

02:00:16,070 --> 02:00:13,840

know what those are for

3267

02:00:18,709 --> 02:00:16,080

for if you gotta like lay down

3268

02:00:20,950 --> 02:00:18,719

like this and take a picture

3269

02:00:22,870 --> 02:00:20,960

that's exactly what they're for

3270

02:00:23,910 --> 02:00:22,880

i don't expect you to know that yeah

3271

02:00:25,910 --> 02:00:23,920

yeah

3272

02:00:27,669 --> 02:00:25,920

it's also for like it's also for reading

3273

02:00:28,790 --> 02:00:27,679

so you put it down here then you have

3274

02:00:30,470 --> 02:00:28,800

your book

3275

02:00:31,750 --> 02:00:30,480

really close

3276

02:00:34,470 --> 02:00:31,760

because that's if you actually read

3277

02:00:36,229 --> 02:00:34,480

books you know that you read

3278

02:00:38,070 --> 02:00:36,239

and also chicken wings

3279

02:00:40,149 --> 02:00:38,080

chicken wings yeah it's for extra

3280

02:00:41,990 --> 02:00:40,159

padding did yours have the little

3281

02:00:44,950 --> 02:00:42,000

pockets on the inside of the elbows

3282

02:00:48,229 --> 02:00:44,960

where you can add extra padding no mine

3283

02:00:50,629 --> 02:00:48,239

either but we should make some

3284

02:00:53,270 --> 02:00:50,639

you know what we could do in those uh

3285

02:00:55,669 --> 02:00:53,280

pockets is put our chili in instead of

3286

02:00:56,390 --> 02:00:55,679

bananas there you go you know there you

3287

02:00:58,870 --> 02:00:56,400

go

3288

02:00:59,750 --> 02:00:58,880

oh man whoo it was getting hot in there

3289

02:01:01,189 --> 02:00:59,760

dude

3290

02:01:02,870 --> 02:01:01,199

you know i'm never taking this jacket

3291

02:01:04,950 --> 02:01:02,880

off i'm telling you that much it was

3292

02:01:07,030 --> 02:01:04,960

like 98 degrees today

3293

02:01:08,790 --> 02:01:07,040

it's nighttime but it's like summertime

3294

02:01:09,470 --> 02:01:08,800

in texas so the humidity so now it's

3295

02:01:12,390 --> 02:01:09,480

like

3296

02:01:15,030 --> 02:01:12,400

96 and a half degrees

3297

02:01:16,870 --> 02:01:15,040

dang dude yeah yeah but i got this sweet

3298

02:01:19,109 --> 02:01:16,880

fan it was pretty awesome man dude

3299

02:01:22,709 --> 02:01:19,119

wasn't that such a good conversation it

3300

02:01:24,950 --> 02:01:22,719

was so good man i am so i'm so happy and

3301

02:01:26,790 --> 02:01:24,960

dude yeah he uh we've been kind of

3302

02:01:29,109 --> 02:01:26,800

chatting back and forth on on twitter

3303

02:01:32,229 --> 02:01:29,119

and i just love his vibe man i'm just so

3304

02:01:36,149 --> 02:01:32,239

happy we got him got him on and uh

3305

02:01:37,030 --> 02:01:36,159

there's a lot to the uh to the subject

3306

02:01:38,870 --> 02:01:37,040

and

3307

02:01:40,229 --> 02:01:38,880

you know i'm just i'm just glad we were

3308

02:01:42,790 --> 02:01:40,239

able to get like actual like

3309

02:01:43,830 --> 02:01:42,800

professionals on the show to

3310

02:01:45,589 --> 02:01:43,840

go through

3311

02:01:47,589 --> 02:01:45,599

it's nice you could tell he's good

3312

02:01:50,229 --> 02:01:47,599

because like i found myself unloading a

3313

02:01:52,870 --> 02:01:50,239

whole bunch of like extra [\h__\h] that like

3314

02:01:54,709 --> 02:01:52,880

wasn't in my mind at the beginning and

3315

02:01:56,550 --> 02:01:54,719

then i would look like you know there's

3316

02:01:57,510 --> 02:01:56,560

something to that there's something to

3317

02:01:58,550 --> 02:01:57,520

that

3318

02:02:01,030 --> 02:01:58,560

like

3319

02:02:02,870 --> 02:02:01,040

this guy is good he doesn't judge people

3320

02:02:04,950 --> 02:02:02,880

that's awesome

3321

02:02:06,790 --> 02:02:04,960

that that's that's the most yeah that's

3322

02:02:09,189 --> 02:02:06,800

the most exciting part is like just no

3323

02:02:11,430 --> 02:02:09,199

judgment just a cool guy i love it yeah

3324

02:02:13,109 --> 02:02:11,440

he was really awesome i think even uh i

3325

02:02:13,990 --> 02:02:13,119

think his company gave him a shout out

3326

02:02:15,430 --> 02:02:14,000

dude

3327

02:02:17,589 --> 02:02:15,440

yeah i'm looking through the the

3328

02:02:19,109 --> 02:02:17,599

comments right now and enzo says ben

3329

02:02:21,109 --> 02:02:19,119

looks like he's going to court how what

3330

02:02:23,189 --> 02:02:21,119

about joe dude

3331

02:02:25,350 --> 02:02:23,199

he's got a ufo shirt on dude i'm the

3332

02:02:27,990 --> 02:02:25,360

opposite side of going to court for i

3333

02:02:29,990 --> 02:02:28,000

have to go too

3334

02:02:31,270 --> 02:02:30,000

you're just the guy defense i have to go

3335

02:02:34,229 --> 02:02:31,280

to court but you're just the guy

3336

02:02:36,709 --> 02:02:34,239

defending me right now oh okay you're my

3337

02:02:38,950 --> 02:02:36,719

you're my public defender

3338

02:02:41,189 --> 02:02:38,960

hey so you're honored like what's up

3339

02:02:43,030 --> 02:02:41,199

though we're both going to court just

3340

02:02:45,750 --> 02:02:43,040

for different reasons

3341

02:02:47,109 --> 02:02:45,760

no opposite

3342

02:02:49,350 --> 02:02:47,119

yeah uh

3343

02:02:51,350 --> 02:02:49,360

willow creek wellness is proud to have

3344

02:02:53,990 --> 02:02:51,360

curious and empathetic therapists like

3345

02:02:56,229 --> 02:02:54,000

eric who will support anyone seeking

3346

02:02:57,990 --> 02:02:56,239

tools to resolve anxiety depression or

3347

02:02:59,189 --> 02:02:58,000

trauma associated with unexplained

3348

02:03:01,589 --> 02:02:59,199

phenomena

3349

02:03:04,310 --> 02:03:01,599

how cool is that dude like that is so so

3350

02:03:06,870 --> 02:03:04,320

awesome yeah i'm gonna hop on yelp and

3351

02:03:08,950 --> 02:03:06,880

give them five stars just for like being

3352

02:03:11,270 --> 02:03:08,960

cool about it you know honestly honestly

3353

02:03:13,510 --> 02:03:11,280

if if everybody is still here we've got

3354

02:03:15,669 --> 02:03:13,520

we've got quite a few uh of

3355

02:03:16,870 --> 02:03:15,679

many people watching the show hey do us

3356

02:03:21,830 --> 02:03:16,880

a f

3357

02:03:24,550 --> 02:03:21,840

be awesome if we all yeah did a review

3358

02:03:26,229 --> 02:03:24,560

and said hey willow creek

3359

02:03:28,870 --> 02:03:26,239

best in the biz

3360

02:03:34,149 --> 02:03:28,880

uh open-minded fairy i mean would

3361

02:03:37,109 --> 02:03:35,030

uh

3362

02:03:39,350 --> 02:03:37,119

got grey salsa

3363

02:03:41,910 --> 02:03:39,360

heck yeah yeah

3364

02:03:43,830 --> 02:03:41,920

all right shout out to wellness uh to

3365

02:03:45,270 --> 02:03:43,840

willow creek wellness um i have an idea

3366

02:03:47,189 --> 02:03:45,280

for you guys while people are in the

3367

02:03:49,109 --> 02:03:47,199

waiting room we were discussing how

3368

02:03:51,510 --> 02:03:49,119

sometimes that can be slow and boring

3369

02:03:53,990 --> 02:03:51,520

y'all should start providing chips and

3370

02:03:56,550 --> 02:03:54,000

salsa in the waiting room just to pass

3371

02:03:58,870 --> 02:03:56,560

the time and that's why you're the new

3372

02:04:01,350 --> 02:03:58,880

branding director

3373

02:04:03,589 --> 02:04:01,360

oh well uh willow creek wellness but

3374

02:04:05,510 --> 02:04:03,599

that is so cool he had like uh not only

3375

02:04:06,790 --> 02:04:05,520

like co-workers but like

3376

02:04:09,189 --> 02:04:06,800

um

3377

02:04:11,109 --> 02:04:09,199

like yeah just support man that is so

3378

02:04:13,270 --> 02:04:11,119

cool dude i know we joke but man that is

3379

02:04:15,430 --> 02:04:13,280

that is awesome um

3380

02:04:17,030 --> 02:04:15,440

i'm gonna share my screen if anybody's

3381

02:04:19,750 --> 02:04:17,040

in the

3382

02:04:22,149 --> 02:04:19,760

denver area right is it did i say that

3383

02:04:25,189 --> 02:04:22,159

right do you think so yeah

3384

02:04:26,790 --> 02:04:25,199

uh awesome if not diversity

3385

02:04:28,310 --> 02:04:26,800

this one's about to get a really good

3386

02:04:30,870 --> 02:04:28,320

review

3387

02:04:32,870 --> 02:04:30,880

yeah this is great dude i love it love

3388

02:04:36,550 --> 02:04:32,880

it it's a great website too

3389

02:04:39,030 --> 02:04:36,560

heck yeah love that

3390

02:04:40,310 --> 02:04:39,040

where did my

3391

02:04:43,109 --> 02:04:40,320

there it is

3392

02:04:45,430 --> 02:04:43,119

colorado springs my bad not denver

3393

02:04:48,709 --> 02:04:45,440

colorado springs man this just sounds

3394

02:04:50,069 --> 02:04:48,719

like a great company uh greek people um

3395

02:04:52,470 --> 02:04:50,079

i'm just i'm just glad that they were

3396

02:04:54,069 --> 02:04:52,480

open to talking about this and then

3397

02:04:55,510 --> 02:04:54,079

you know this these are like you know

3398

02:04:57,669 --> 02:04:55,520

trained professionals like they went to

3399

02:04:59,189 --> 02:04:57,679

school and they know they know stuff you

3400

02:05:00,629 --> 02:04:59,199

know

3401

02:05:02,069 --> 02:05:00,639

we're like if you go on a podcast you

3402

02:05:03,350 --> 02:05:02,079

never know what you're going to get we

3403

02:05:08,310 --> 02:05:03,360

might

3404

02:05:09,990 --> 02:05:08,320

but at least

3405

02:05:12,629 --> 02:05:10,000

at least like a list of things not to

3406

02:05:15,589 --> 02:05:12,639

say which we don't have those lists uh

3407

02:05:17,589 --> 02:05:15,599

but uh man that anyway that was cool i

3408

02:05:18,870 --> 02:05:17,599

freaking loved it um

3409

02:05:20,709 --> 02:05:18,880

great night man

3410

02:05:23,589 --> 02:05:20,719

yeah dude also there were some some

3411

02:05:25,910 --> 02:05:23,599

questions about uh uh whether or not you

3412

02:05:28,709 --> 02:05:25,920

were partying tonight we didn't see any

3413

02:05:30,390 --> 02:05:28,719

uh uh one beer i didn't see one beer on

3414

02:05:31,589 --> 02:05:30,400

your desk tonight

3415

02:05:36,790 --> 02:05:31,599

so

3416

02:05:38,629 --> 02:05:36,800

finished my bottle of wine outside

3417

02:05:40,229 --> 02:05:38,639

earlier

3418

02:05:42,390 --> 02:05:40,239

and then when i came up here i was all

3419

02:05:44,870 --> 02:05:42,400

ready i had already drank it all so

3420

02:05:47,030 --> 02:05:44,880

i had a dr pepper and a water left

3421

02:05:49,109 --> 02:05:47,040

okay well hell yeah dude that makes

3422

02:05:50,069 --> 02:05:49,119

sense that makes yeah yeah i had already

3423

02:05:52,310 --> 02:05:50,079

drank it

3424

02:05:54,629 --> 02:05:52,320

well let's let's say this if we end up

3425

02:05:56,709 --> 02:05:54,639

doing what we're we were talking about

3426

02:05:58,229 --> 02:05:56,719

on saturday

3427

02:05:59,830 --> 02:05:58,239

how fun is that gonna be it's gonna be

3428

02:06:01,669 --> 02:05:59,840

so fun i feel like we just set up a

3429

02:06:03,109 --> 02:06:01,679

camera and just watch us cook a brisket

3430

02:06:04,629 --> 02:06:03,119

all day

3431

02:06:06,550 --> 02:06:04,639

drinking bears with the wife and the

3432

02:06:07,830 --> 02:06:06,560

babies the wives and the babies i think

3433

02:06:09,589 --> 02:06:07,840

that'd be dope

3434

02:06:12,790 --> 02:06:09,599

well hopefully we'll see you guys on

3435

02:06:14,229 --> 02:06:12,800

saturday uh joe see you guys on saturday

3436

02:06:16,709 --> 02:06:14,239

heck yeah i'm gonna ask the old lady

3437

02:06:19,189 --> 02:06:16,719

right now before i go mimi's full hey we

3438

02:06:21,030 --> 02:06:19,199

gotta go mimi's though hell yeah

3439

02:06:23,510 --> 02:06:21,040

all right everybody well hey this has

3440

02:06:25,030 --> 02:06:23,520

been uh another successful thursday

3441

02:06:26,550 --> 02:06:25,040

you're right dude i did change it i have

3442

02:06:28,550 --> 02:06:26,560

started saying successful all the time

3443

02:06:31,189 --> 02:06:28,560

because you know what every thursday is

3444

02:06:32,709 --> 02:06:31,199

successful in my book all right

3445

02:06:41,590 --> 02:06:32,719

hey

3446

02:06:44,950 --> 02:06:43,030

[Music]

3447

02:06:46,229 --> 02:06:44,960

gonna eat we're garage eat leftover

3448

02:06:47,910 --> 02:06:46,239

brisket we're gonna have a lot of meat

3449

02:06:49,830 --> 02:06:47,920

it's gonna be us boys

3450

02:06:51,189 --> 02:06:49,840

we are dude we are gonna have a lot of

3451

02:06:53,900 --> 02:06:51,199

meat

3452

02:06:55,430 --> 02:06:53,910

hell yeah more than usual you know

3453

02:06:57,030 --> 02:06:55,440

[Music]

3454

02:07:00,270 --> 02:06:57,040

all right dude see you later all right

3455

02:07:00,280 --> 02:07:06,470

[Music]

3456

02:07:21,560 --> 02:07:09,260

[Applause]